

TEMPLE



TOPICS

ELUL/TISHREI/CHESHVAN 5783/5784

SEPTEMBER/OCTOBER 2023

Rabbi Ilana's Message*Turning*

The Yizkor service asks God to remember the souls of our loved ones, as we do. Certainly, for some, it is a fraught endeavor, to remember family members who may have made life harder than it might have been. Yizkor is an intentional remembering, turning towards memory, in a day full of turning. We turn our memories and ourselves so that we can turn all the more fully towards a year of life.
full article on page 3

President's Message*A New Adventure*

I have always known that there were great ongoing and episodic projects here, but this was the first project I worked on that allowed me to experience firsthand the extent and diversity of the giving souls that choose to belong here. There are so many amazing projects at work at BHSS that benefit both our congregation and the community beyond our walls.
full article on page 2

Director of Education*Thank you (For Letting Me Be Myself)*

And so, here we are in August, our September-October issue getting ready to go, and I have had a couple of months to think about how I can properly thank YOU all for the beautiful service on June 23 celebrating my 20-year milestone as educator of this congregation. I was grateful to have my family there, my friends Elyssa and Joel Mosbacher there, and to be surrounded by so many members of my BHSS family.
full article on page 5

**B'NAI MITZVAH**

September 9	Madison Torrente
September 30	Alex Popowitz
September 30	Sydney Flanz
October 7	Jared Bendayan
October 7	Drew Tetefsky
October 14	Brooke Einhorn
October 21	Alex Roberts
October 28	Skylie Prizel

THINGS TO DO:*more info on back cover and throughout*

- Family Shabbat Services
- Selichot Service
- Back to School!
- Rosh Hashanah Services
- Yom Kippur Services
- Sukkot Festival Service
- Sisterhood Sangria in the Sukkah
- Tot Shabbat
- Simchat Torah Yizkor/Festival/Consecration Services
- Constructive Feedback quarterly meeting
- Library Book and a Bagel



President's Message

Linda Ellman Schwartz

A new year is upon us, and for me there is a great new adventure that lies ahead! As the president of BHSS, I am excited to learn, grow and meet those I have not yet had the pleasure to meet.

It is certainly an honor to take on this role with old friends and new at our beloved BHSS.

Growing up I was actively involved in my temple youth group. As a result, I was anxious to be part of a temple community as an adult. My husband and I found the warmth and down-to-earth coziness we were looking for at BHSS, when our kids were just 7 and 5. Now, our kids are 19 and 21, and while our family and personal needs are very different than they were all those years ago, BHSS remains the same cozy home away from home.

Over the years I have proudly contributed to our community and its various initiatives. I have served on the Education Committee, Rabbi Search Committee, the Board of Trustees and the Executive Committee. Our lay leaders are an intelligent, heartfelt group of volunteers who bring a high level of professionalism to their work.

I was amazed by the ability of BHSS to maintain a strong sense of community in the face of Covid. And, when the war broke out in Ukraine, I felt an urgent inner need to help a fleeing family. I once again turned to BHSS. While there was no active project on this task, I knew that my inquiry would lead to action. Within weeks, we had an eager group of volunteers who connected via Zoom, formed a committee, found a family in need, and through the kindness of our congregation, changed their lives. In doing so, we added a new chapter to the history of *tikkun olam* – healing the world - at BHSS. (If anyone missed the film “Julia’s Journey” about this, please call to request the link!)

I have always known that there were great ongoing and episodic projects here, but this was the first project I worked on that allowed me to experience firsthand the extent and diversity of the giving souls that choose to belong here. There are so many amazing projects at work at BHSS that benefit both our congregation and the community beyond our walls. It is clear that as a congregation we are committed to our Jewish values which compel us to help others. Our leaders do not pressure, but ask for help with respect, poise and grace...which leads to successful and fulfilling results.

BHSS is a special place and I hope that in my tenure I can help to perpetuate the legacies of those I succeed. It’s a tall order, but with the support of our amazing Board of Trustees, Executive Committee, and our devoted congregation, I have no doubt we can learn and grow together.

Hope to meet you soon!

A New Adventure

Birthdays



September

Jared Bendayan

Leni Berkowicz

Brayden Burshteyn

*Alexander Mason
Diamond*

Grace Gordon

Liam Ikin

Leah Joho

Skyler Kaplan

Jordyn Kaufman

Madeleine Kruter

Caleb Levine

Jessica Levinson

Sarah Rosenstock

Zachary Rosenstock

Alexa Rubin

Joseph Shecter

Hudson Verbel

Maya Verbel



The start of fall jumpstarts a frenzy of activity. There's back-to-school, new schedule coordination, and holidays, amid the pre-existing pressures of everything that's already in motion. The Jewish holidays ask us to take ten or more days of that often-frenetic existence and to slow things down. *Teshuva* is a big part of the High Holidays; it's sometimes translated as "repentance," but often interpreted as "returning." This is not a return to some previous state of being when we were better than we are now, instead, it's a return to our ideals and who we may have hoped to be.

We turn inward to assess and change, but there's other turning to be done as well. We turn to others to ask forgiveness. We turn to our community, able to connect to more people more deeply than we might on any other given day. We know that it is a time of renewing our commitment to one another, to making a whole greater than the sum of any of its parts.

Inevitably, as we look forward towards what we can become individually and communally, the past looms large. Our services are based on ancient rituals, our prayers on time-tested liturgy. And we are the recipients of a holy legacy.

Four times a year, we make time to honor those who gave us life. On the pilgrimage holidays of Sukkot, Passover, and

Shavuot and, of course, on Yom Kippur, we pray Yizkor. Many of us remember, as children, being ushered or even shooed away from the sanctuary for this service if we still had living parents. It was considered bad luck or bad taste to be a part of mourning for our closest family members if our immediate family was intact.

When the service is relevant to us—we have lost a parent, spouse, sibling, or child—it is a time for us to share space with others who have also experienced loss. The Yizkor service asks God to remember the souls of our loved ones, as we do. Certainly, for some, it is a fraught endeavor, to remember family members who may have made life harder than it might have been. Yizkor is an intentional remembering, turning towards memory, in a day full of turning. We turn our memories and ourselves so that we can turn all the more fully towards a year of life.

May we have a year of blessing, love, health and healing. May each individual and our BHSS community find strength through memory, dreams, and action.

Shanah Tovah

Meet our Musicians!

Rosh Shirah (Songleader) / Brian Gelfand

Brian joins us as the musical partner to Rabbi Ilana on select Friday nights and for b'nei mitzvah on Saturdays. He is a pianist, vocalist, and songwriter active in pop, jazz, and Jewish music with a performing career spanning over 35 years worldwide. Playing piano since the age of 6, he studied music at Columbia University and the New England Conservatory. He continues to study with some of the greatest pedagogues in jazz and classical piano. He performs as a jazz pianist and also writes and records his own compositions, both Jewish and secular, and is accompanist at synagogues Rodeph Shalom in NYC and Westchester Reform Temple in Scarsdale, NY.

Brian began his Jewish education at an Orthodox Jewish day school, and received a degree in Talmud and Rabbinics from the Jewish Theological Seminary. He has taught at several Jewish day schools, and was the choir director at the Yeshivah of Flatbush High School. He currently teaches music at the Kinneret Day School in Riverdale, NY, and She'arei Tikvah in Scarsdale, NY.



Choral Director & Musician / Jane Koch

Jane has always had a love of music. She took piano and voice lessons growing up and has sung with many choirs and accompanied numerous cantors and vocalists. She has performed with a few rock and roll bands and sang in a trio with Cantor Ilan Mamber z"l who helped to instill in her a love of Jewish music. Jane would play and sing for services when the cantor was unavailable, played for youth services, and also sang songs with the preschoolers.

Jane started working for our congregation in 2003 as a music teacher and pianist for the choir. Over the years her job has evolved. She is a teacher and choir director and now is embracing her new position co-leading services with Rabbi Ilana for select Shabbat services and holidays. Jane and her husband, Eric raised their daughters, Elyssa and Jenna in Oakland, New Jersey, where they have lived for the past 37 years.



BETH HAVERIM SHIR SHALOM 2022-2023

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Birthdays



October

Harper Bedrin

Aria Bell

Colt Crockford

Emma Edrich

Brooke Dylan Einhorn

Jack Goldman

Maya Goldman

Joey Goldstein

Ryder Krieg

Hannah Leong

Jonah Leong

Brinkley Marder

Jacob McNulty

Liam McNulty

Skylie Prizel

Benjamin Root

Alayna Rose

Harper Rozenblat

Violet Rozenblat

Max Rubin

*Mackenzie
Steinberg-Rodriguez*

Max Strasser

Miles Swerdloff

Jordan Weiner

Owen Weiner

Sydney Weiner

Thank You (For Letting Me Be Myself)

From The Educator

Rebecca Bernstein McVeigh



Ordinarily, the May-June issue of *Temple Topics* is the one where we include our “whew, the season is over” thanks to our teachers, to our parents, and to the people who keep this place amazing from day to day, whether they are staff or volunteers. It is written, assembled, proofread again and again, printed, and mailed in time for you to have it on May 1st. Everything else that happens here after the beginning of May has to wait until fall to be recognized in print.

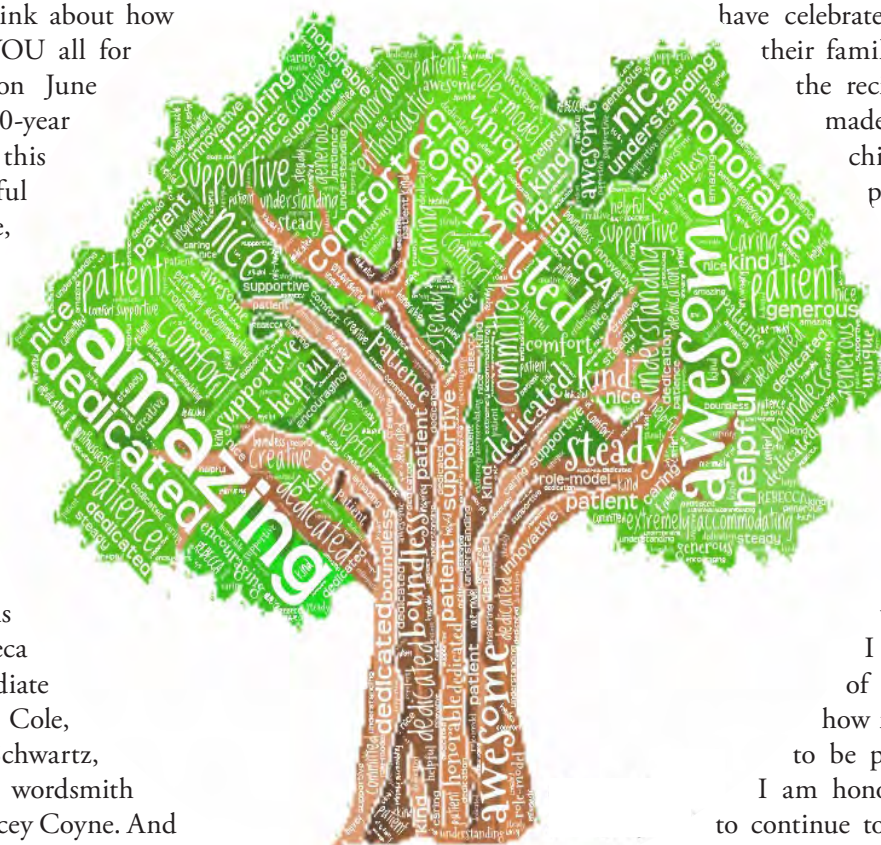
And so, here we are in August, our September-October issue getting ready to go, and I have had a couple of months to think about how I can properly thank YOU all for the beautiful service on June 23 celebrating my 20-year milestone as educator of this congregation. I was grateful to have my family there, my friends Elyssa and Joel Mosbacher there, and to be surrounded by so many members of my BHSS family.

In July I watched the service recording with my 98-year-old dad on Cape Cod, and I got to really listen to the words from Rabbi Ilana, Rebeca Berger, our immediate past president Jen Cole, our president Linda Schwartz, Elyssa, Joel, and my wordsmith extraordinaire friend Stacey Coyne. And if you can hear something through someone else’s ears like you can see it through someone else’s

eyes, I heard it through my father’s. We watched together, he listening intently, me stealing a sideways glance now and then. As he teared up a bit – not a common thing, I felt his love and pride at who I had become.

THIS is what I want our families to feel. I want our parents and their parents to feel that they are raising children who understand what it means to be Jewish. Not necessarily to grow up to be Jewish scholars, but to grow up to be Jews – who celebrate the holidays their families have celebrated, who sing the songs their families have sung, to make the recipes their families have made, and to raise the children who will carry our people forward.

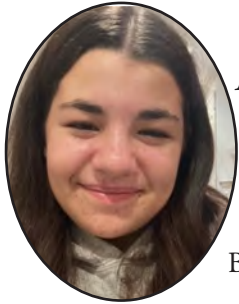
I will be honest; at times that service on June 23 felt a bit overwhelming, but outpourings of love can feel that way. Here is a photo of one of my gifts that evening. I haven’t even begun to read it all, but whenever I look at it, I am reminded not just of that night, but of just how much we, all of us, have to be proud of here at BHSS. I am honored to have been, and to continue to be, this congregation’s educator. Thank you for entrusting me with this sacred responsibility.



RELIGIOUS SCHOOL SCHEDULE FOR September - October 2023					
	Sunday Family School & traditional 6th 9:00-10:30 a.m.	Monday K, 1, 2 & traditional 3rd 4:15-5:45 p.m.	Monday Kadimah grades 7-12 6:45-8:15 p.m.	Tuesday traditional 4th & 5th 4:15-5:45 p.m.	Wednesday 6th Remote 4 - 5 p.m.
September	10	11	11	12	13
2023	17 no school	18	18	19	20
	24 no school	25 no school	25 no school	26 no school	27 no school
	1	2	2	3	4
October	8 no school	9 no school	9 no school	10 no school	11 no school
2023	15	16	16	17	18
	22	23	23	24	25
	29	30	30	31 no school	



...will be called to the Torah...



***Madison Torrente –
September 9, 2023***

Lives in Woodcliff Lake, New Jersey. Mother, Jill, Father, Chris, Brother, Jack, 18, Sister, Abbie, 16 is an 8th grader at Woodcliff Middle School Her interests include volleyball, tennis, and music. "I would like to be a professional tennis player or start a podcast. My Bat Mitzvah is an important milestone in my life and I'm looking forward to it. I am raising money for Memorial Sloan-Kettering cancer center through Cycle for Survival."



***Sydney Kaye Flanz –
September 30, 2023***

Lives in Woodcliff Lake, New Jersey. Mother, Brett, Father, David, Brothers, Zachary, 9, and Andrew, 7 is an 8th grader at Woodcliff Middle School Her interests include spending time with my family and friends, gymnastics, and camp. "I want to be a veterinarian. I am so excited to celebrate my Bat Mitzvah with all my close friends and family. Having everyone I love together will be the perfect day. Because of my love for animals, I have chosen to donate my time and resources to help animal shelters in the area."



***Alex Loria Popowitz –
September 30, 2023***

Lives in Suffern, New York. Mother, Rosana, Father, Richard, Brother, Mason, 20, Sister, Emma, 18 is an 8th grader at Suffern Middle School His interests include soccer and basketball. "I would like to be a professional soccer player. I am excited to celebrate with my family and friends. For my community service I will be working at a food bank to help provide food security for those in need."



***Jared Michael Bendayan
– October 7, 2023***

Lives in Sloatsburg, New York. Mother, Ida, Father, David, Sister, Alana, 16 is an 8th grader at Suffern Middle School His interests include sports, gaming, and friends. "I would like to become a defense lawyer and advocate for those in need. I am excited to celebrate this special day with the people close to me. For my community service project I am helping in my community library."



Drew Tetefsky – October 7, 2023

Lives in Woodcliff Lake, New Jersey. Mother, Lindsay, Father, Matthew, Sister, Remi, 16 an 8th grader at Woodcliff Middle School His interests include sports, camp, and spending time with family and friends. "I'm nervous and excited and looking forward to celebrating this special day with my family and friends. For my community service I visited a senior living facility and did art projects with the seniors, and also just spent time talking with them."



...will be called to the Torah...



**Brooke Dylan Einhorn –
October 14, 2023**

Lives in Ho-Ho-Kus, New Jersey. Mother, Lauren, Father, Eric, Sister, Cora, 15 is a 7th grader at Ho-Ho-Kus Public School Her interests include dance, art, and reading. “I would like to be a marine biologist. I’m excited to celebrate with my family and friends. I am working with the Terrapin Nesting Project to help endangered terrapins (bay turtles) safely nest, hatch, and return to the water.”



Alex Roberts – October 21, 2023

Lives in New City, New York. Mother, Mindy, Father, John, Sister, Avery, 16 is a 7th grader at Felix Festa Middle School His interests include baseball, fishing, basketball, and video games. “I am excited to celebrate with my friends and family. I am collecting baseball equipment to donate to a local Little League for kids with special needs.”



**Skylic Prizel – October
28, 2023**

Lives in Suffern, New York. Mother, Chayna Zalensky, Father, Peter, Sisters, Shyia, 15, Dylan, 7, and Ella, 4 is an 8th grader at Suffern Middle School Her interests include running, swimming, and acting. “I would like to study herpetology, specifically reptiles and amphibians, and become a wildlife conservationist. I am excited to celebrate my Bat Mitzvah. I worked with the Franklin Lakes Animal Hospital by getting donations of food and supplies for wildlife that comes into the hospital. I am hoping to receive enough donations to purchase a new incubator for the rescued wildlife babies to stay warm.”



Candlelighting Times:

September 1, Ki Tavo 7:10 pm
September 8, Nitzavim/Vayeilech 6:59 pm
September 15, Erev Rosh HaShanah 6:47 pm
September 22, Ha-azinu 6:35 pm
September 29, Sukkot 6:23 pm

October 6, Sh'mini Atzeret/Simchat Torah 6:12 pm
October 13, B'reisheet 6:01 pm
October 20, Noach 5:50 pm
October 27, Lech L'cha 5:40 pm



September Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					6:30 pm Tefilot Family Service	Ki Tavo
3	4	5	6	7	8	9
	Office Closed		7:30 pm Adult Choir		7 pm Tefilot	N'tzavim/ Vayeilech 10 am Madison Torrente 7 pm Selichot
10	11	12	13	14	15	16
9 am 6th trad & FS	4:15 pm grades K 1 2 3 6:45 pm Kadimah	4:15 pm grades 4 & 5 7:30 pm Exec Comm MMG mtg	4 pm Remote 6th 7:30 pm Adult Choir		3 pm Office Closes 5:30 pm Erev Rosh Hashanah	Rosh Hashanah
17	18	19	20	21	22	23
Rosh Hashanah Day 2 No School	4:15 pm grades K 1 2 3 6:45 pm Kadimah	4:15 pm grades 4 & 5 7:30 pm Board Mtg	4 pm Remote 6th 7:30 pm Adult Choir		7 pm Tefilot	Ha-azinu
24	25	26	27	28	29	30
No School 7:30 pm Kol Nidre	Yom Kippur No School Office Closed	No School	No School 7:30 pm Adult Choir		5:15 pm Tot Shabbat 7 pm Tefilot Erev Sukkot	Sukkot I 10 am Sydney Flanz & Alex Popowitz

October Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9 am 6th trad & FS 3 pm Sis'hood Sangria in the Sukkah	4:15 pm grades K 1 2 3 6:45 pm Kadimah	4:15 pm grades 4 & 5	4 pm Remote 6th 7:30 pm Adult Choir		6:30 pm Tefilot Family Service Simchat Torah Consecration	Simchat Torah 10 am Jared Bendayan & Drew Tetefsky
8	9	10	11	12	13	14
No school	No school	No School 7:30 pm Exec Comm MMG mtg	No School 7:30 pm Adult Choir		7 pm Tefilot	B'reisheet 10 am Brooke Einhorn
15	16	17	18	19	20	21
9 am 6th trad & FS	4:15 pm grades K 1 2 3 6:45 pm Kadimah	4:15 pm grades 4 & 5 7:30 pm Board Mtg	4 pm Remote 6th 7:30 pm Adult Choir 7:30 pm Constructive Feedback		5:15 pm Tot Shabbat 7 pm Tefilot	Noach 10 am Alex Roberts
22	23	24	25	26	27	28
9 am 6th trad & FS 1 pm Library Book & Bagel	4:15 pm grades K 1 2 3 6:45 pm Kadimah	4:15 pm grades 4 & 5	4 pm Remote 6th 7:30 pm Adult Choir 7:30 pm	Eternal Lights @ Valley Rock	7 pm Tefilot	Lech L'cha 10 am Skylie Prizel
29	30	31				
9 am 6th trad & FS	4:15 pm grades K 1 2 3 6:45 pm Kadimah	No School				

High Holiday Services 5783

SELICHOT

Saturday, September 9	Service of Forgiveness	7:00 pm
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ROSH HASHANAH

Friday, September 15	Erev Rosh Hashanah	5:30 pm
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Saturday, September 16	Rosh Hashanah Day 1	
	Shacharit, Early Morning Service	8:15-10:45 am**
	Shacharit, Mid-Morning Service	11:45-1:30 pm**
	Family Services outdoors	2:45 pm
	Tashlich at Darlington Park	3:45 pm

Sunday, September 17	Rosh Hashanah Day 2	9:15 am
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YOM KIPPUR

Sunday, September 24	Kol Nidre	7:30 pm
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Monday, September 25	Yom Kippur	
	Shacharit, Early Morning Service	8:15-10:45 am**
	Shacharit, Mid-Morning Service	11:45-1:45 pm**

Healing Service	2:30 pm
Family Service outdoors	2:30 pm
Yizkor	3:45 pm
Mincha (afternoon service)	4:30 pm
Neilah (closing service)	6:15 pm

Study sessions to run from 2:00 – 3:30 PM

SUKKOT

Friday, September 29	Sukkot Festival Service Monday	7:00 pm
Saturday, September 30	Sukkot Morning Service	10:00 am

SIMCHAT TORAH

Friday, October 6	Simchat Torah/Consecration Service	7:00 pm
Saturday, October 7	Simchat Torah Yizkor Service	10:00 am

****CHECK YOUR
HIGH HOLIDAY
TICKETS!**

Yellow = early morning
Orange = mid-morning



September 1, and
October 6 is Simchat Torah/
Consecration/Family Service

Join Rabbi Ilana for our
Shabbat Family Service!

We hope you join us for this
fun, music-filled service for the whole family
to participate in and enjoy!

join us for Oneg Shabbat
right after the service

Everyone Welcome!

midnightrun.org

Clothing Drive

The Midnight Run donates needed goods directly to people on the streets in New York City. After the Youth Group's successful Midnight Run in January, we will increase our donations to monthly!



Gently used
or new please

**Adult sizes
ONLY**

The following items are always in need:

- Shoes/sneakers of all sizes
- Jackets, Coats, Wraps
- Jeans/trousers of all sizes
- Sweatpants of all sizes
- Hoodies, Sweatshirts, Sweaters, Fleece Pullovers
- Tee Shirts
- Socks & Underwear - only new, in packages
- Hats, Scarves, Gloves
- Toiletries



We can always use help with this work. If you're interested in sorting, driving or delivering for our next Midnight Run, please reach out to us.

Sam Spencer - (551) 427-3663 - bhssyouth@gmail.com
Steve Simon - (201) 788-6755 - steveoum@verizon.net
Jonathan Theodore - (917) 531-0043 - theodore.central@gmail.com

Tot Shabbat!

Fridays, September 29 and October 20 at 5:15 p.m.

For children ages birth-kindergarten and their families.

Do a craft, hear a story, sing songs... everything you love about Tot Shabbat, and PIZZA, too!

Rabbi Ilana and Director of Education Rebecca McVeigh look forward to celebrating Shabbat with you and your tots!



LIBRARY LADIES COMMITTEE

Open a book

by Jane Baskwill

from the book, "Pass the Poems Please"

Open a book

And you will find,

People and places of every kind;

Open a book

And you can be,

Anything you want to be;

Open a book

And you can share,

Wondrous worlds you find in there

Open a book

And I will too,

You read to me,

And I'll read to you!

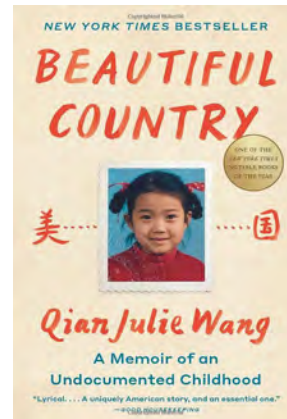


Come to the Sifriyah, BHSS's library and find a "wondrous world" full of "people and places of every kind". All you have to do is pick a book or two, sign the book card, place it in the Lucite slot and off you go...hope to see you there!

The LLC (Library Ladies Committee)

BOOK AND A BAGEL

Join us for our next Book and a Bagel on Sunday, October 22 at 1:00 pm.



The book we will be discussing is *Beautiful Country* by Qian Julie Wang. This is a memoir of an undocumented child living in poverty in New York City. 7-year-old Qian came to America

in 1994 with her parents, who were college professors in China. Qian was told, "whatever happens, say that you were born here, that you've always lived here." Qian was shunned by her classmates and she sought refuge in the public library. She mastered English through books, and thought of the Berenstain Bears as her first American friends. Today, Qian Julie Wang is a lawyer and the founder of the Jews of Color group at Central Synagogue in New York City.

THE KIDS JUST OFF TO COLLEGE? YOU'RE NOT ALONE!

The transition to college can be an exciting time...but also one that can leave parents looking for a way to stay connected with the BHSS community. While the kids are away it's a perfect time to meet, greet and schmooze with other parents in the same boat.

Join us on September 22 for our first "No mensches, the college years" parent group. Singles and couples are all welcome. We'll brainstorm ideas for events, dinners and other activities that parents can enjoy while the kids are at school.

Interested to join or brainstorm ideas? Contact Robin Cassell, rtcassell@yahoo.com.



SISTERHOOD

"Sisters are different flowers from the same garden."

Welcome to fall! It might still be hot and muggy (it is when we write this!), but football, cheer and band camps are busy; the back-to-school sales are all over the media, and Sisterhood is calling YOU!

We've had a busy summer, not just planning for another Sisterhood year, but enjoying our time together even while camp, vacations, work and those other pesky obligations kept us hopping. Did you join us for "Just for Us", Sisterhood's trip to Broadway? We laughed at the comedy, we talked about the show, we kibitzed, and ate Chinese food. What else could one want?

Did you get the chance to learn to braid your own challah for Shabbat? It was Standing Room Only at Stacey Coyne's for Challah-luyah, It's Summer! Stacey generously gave several sessions of her time teaching us, and sharing her go-to recipes. The results were delicious!

Mid-August was the return of Sisterhood's Girls' Night Out, at Chili's. We met up with friends we haven't seen for a while, shared a drink, some snacks and – you guessed it – we talked! It was a nice preview of our Sisterhood year, and our theme: New Friends, New Adventures

And that's just the beginning. Sisterhood has more in store for us this fall. Our kickoff event for the fall season will be October 1, which brings us Sangria in the Sukkah! This one is open to all Sisterhood members and prospective members. Sample three different types of Sangria, learn a little bit about how Sangria got to be so popular, and then...come up and make your own favorite to take home! Look for details in your weekly emails and on the Sisterhood Facebook and Instagram pages. Sign up soon, space is limited.

We will celebrate the holidays in style, jointly with Brotherhood, on Saturday night, December 2 with our first ever **Chanukah Pickleball Party!** Have you been waiting to learn, or are you a pickleball pro? No matter, there will be courts, equipment, instruction and treats. Mark the date down, and keep your eyes out for the details. We'll all have a ball...that's right...a pickleball!

We do love our parties, but Sisterhood also has an eye on the mission. We collaborate with our Social Action and Michelle Mitzvah committees to provide staffing and donations for soup kitchens and shelters in Rockland and

Bergen. Would you like to be involved? We can always use another set of hands. Let us know, and we'll get you started.

Lots more will be on hand for the upcoming months, and we're always looking for new ideas. Sisterhood's board meetings are open to all members and take place on the first Mondays of most months in the Ulam at 7:30 p.m. Please join us for any and all. Your membership packets include a Sisterhood membership signup, and we are inviting every BHSS woman to be a part of this important BHSS community that does so much for all of us.

Looking forward to meeting New Friends
and having New Adventures in 2023.

Stacey Coyne and Linda Vogel
Co-Presidents

Sip, snack and schmooze in the
Sukkah with the Sisterhood!
Learn about Sangria
and its place in our Jewish life.

Sample 3 sangria recipes,
and make your favorite
to take home!

Free to Sisterhood members
and prospective members.

RSVP to Linda Vogel:
LSV0407@gmail.com by 9/15



BHSS YOUTH GROUP

Hello everyone and welcome back!

We hope you had a fun-filled, safe and happy summer and are ready for a new school year and Youth Group events! We can't wait to see you all again, to reconnect with old friends and make new ones. You can join Youth Group by picking up a membership form at the temple or going to the BHSS website.

To kick off the year, everyone is invited to our Welcome Back Bash Sunday, September 10th where we'll be welcoming new members, catching up on our summers and hanging out all together at BHSS.

We would love to have you join us at one of our upcoming events! Below is our calendar for this year's events. If there is something else you would like to do, please let us know!

Menschmakers Grades 3-6

Welcome Back Bash
September 10th from 11-12:30pm

Movie Night
November TBD

Sky Zone
January TBD

BINGO @ Promenade at Chestnut Ridge
February TBD

Purim Carnival
March 24th 10:30-12:30 pm

Escape The Room
May TBD

BHSSTY Grades 7-12

Welcome Back Bash - September 10th from 1-2:30pm

Soup Kitchen Volunteering - October TBD

Midnight Run - November TBD

Chanukkah Carnival - December TBD

Sky Zone - January TBD

BINGO @ Promenade at Chestnut Ridge
February TBD

Purim Carnival -
SET UP March 23rd 5-7 pm
March 24th 10:30-12:30 pm

Escape The Room - April TBD

Creative Service - May TBD

Elections End of Year Sendoff - June TBD

***We have open positions on our board and would love for you to join! If you are interested in holding a leadership position, please reach out to us at bhssyouth@gmail.com!**

Hope we get the chance to see you soon! If you have any ideas for events or just want to chat, you can reach us at bhssyouth@gmail.com. Follow us on Instagram [@bhsstyinsta](https://www.instagram.com/bhsstyinsta).

We are excited for the year to come and wish you all a healthy and happy new year!

Sam Spencer



MICHELLE MITZVAH GROUP

I hope you all had a good summer. Before summer officially started, there was the Brotherhood-Michelle Mitzvah Group-Social Action Shabbat service. Below are my remarks from that evening:

“Full disclosure- I tried to have Chat GPI write my speech regarding Michelle Mitzvah Group and it didn’t respond.” Did I break the algorithm? So much for Artificial Intelligence. In regards to Michelle Mitzvah, there is nothing artificial.

The Michelle Mitzvah Group was created over 35 years ago after a young girl named Michelle in the congregation passed away from leukemia. Created to provide a living memorial to honor her, with the primary focus benefitting children, its mission was to engage in “hands-on” projects – to fulfill the commandments of mitzvah, and not just simply writing a check.

Many community outreach or social action projects originally started with Michelle Mitzvah. What have we done over the years?

- Blood Drives - which reminds me, it has been a while since I have donated
- Gift of Life registries that have resulted in 4 matches
- Collections of personal care items for active troops serving in Iraq and Afghanistan and now providing personal care items for Afghan Refugee families
- Donating Cookies for the Troops
- Playing baseball with children at Blythedale Children’s Hospital (in Valhalla, NY)
- Supporting Nechama - Jewish Response to Disaster- helping out after Hurricane Sandy in Hoboken, and Hurricane Maria in Puerto Rico

Lately, our primary focus involves:

- High Holiday and year-round food drives for the Center for Food Action
- Providing Sunday lunches at the Christ Episcopal Church Soup Kitchen for their Lunches with Love Program
- Collecting clothing for the homeless and working with the Youth Group for Midnight Run
- Supporting the tremendous work at Oasis: A Haven for Women & Children, in Paterson
- Endowing a scholarship at Ramapo College- the Michelle Mitzvah Group in Memory of Jase Barrack Scholarship Fund

We have also branched out to assist Rebuilding Together of North Jersey, which provides homeowners with much needed house repairs so they may continue to live in their homes with confidence.

And, after all of that, we’ll go for a spin class to help raise money for cancer research through Cycle for Survival. Nothing like doing a spin class in NYC or at MetLife Stadium to help the cause. If cycling is not your thing, you can do a 5K in Yankee Stadium for Cancer Research and run along the field and be on the Jumbotron.

Why did I get involved in Michelle Mitzvah? I don’t remember the date or “event” but it came down to assistance was needed and I was able to help.

You may be wondering, “yeah, but, I don’t have those types of skills.” That’s okay, neither do I. One of the reasons I volunteer is to hopefully learn something. A couple of weeks ago - with proper supervision - I helped lay the concrete for the base of a 3-step entrance way into a homeowner’s house. And before that, I helped frame a wall and install support beams to reinforce a floor for repairs. I must admit a level of disappointment when the ceiling was covered in sheet rock a few weeks later, covering my work. Don’t worry, I’m not opening up my own contracting business.

If home repairs are not your thing, there are other ways to help out. We always need volunteers to provide meals at the soup kitchen, deliver food to the Center for Food Action, tutor and mentor children at Oasis—if you are passionate about helping children, we welcome your enthusiasm and ideas to further our mission. And there is nothing artificial about that.”

The Michelle Mitzvah Group meets the second Tuesday of every month via Zoom. You may also contact Steve Simon, Chair of Michelle Mitzvah, at steveoum@verizon.net or at 201 788-6755

Shanah Tovah

It's a NEW YEAR...NEW LOOK for BHSS...

with thanks to our extremely generous anonymous donors for bringing joy and beauty to BHSS.

Our very own playground!



Our beautifully paved grounds!

BEFORE



AFTER



EDUCATION COMMITTEE

I've always enjoyed 'Back to School'. It's not that I didn't enjoy the beach, camp, swimming, outside sleepovers and all that summer implies, but there was also something so intriguing about the unknown of the approaching school year. There was always that special week in August when you knew 'the letter' was coming and you'd wait each day for the mail carrier. Unless, of course, you had the worst parents in the world, and you were away on vacation when one of the most important pieces of mail was arriving. I'd like to apologize to my children (again) for being that parent.

Which teacher, what classes, what we are going to learn and most importantly who are my classmates going to be?

I can't solve all these impending mysteries, but here's some of some of what will be going on in both our schools this year. Every grade will cover, at the appropriate level, how to be a mensch – for themselves, for their families, for their communities, and for their world.

K-1: Hebrew Word of the Day, Storytime, Learn about the Holidays, Crafts, Physical Activity Time, Tour the Synagogue and Meet Our Staff, music biweekly

2: Ease into Hebrew Learning, Learn about the Holidays, Crafts, Jewish Symbols, Israel, music biweekly

3: Concentration on Torah stories, Hebrew reading, Israel, Hebrew 1:1 sessions (optional), music biweekly

4: Concentration on General Judaism - Prayer Books, Tanach book, Holidays, review Hebrew, simple prayers, the 4 Questions, Hebrew 1:1 sessions (optional), *T'filah* biweekly

5: Being a Mensch, Shabbat Prayers and Customs; Hebrew in 1:1 sessions, *T'filah* biweekly

6: Jewish Lifecycle, Israel; Hebrew in 1:1 sessions, *T'filah* weekly

7-12: Holocaust and anti-semitism, *T'filah*, a mature look at some of the holidays, teen discussions of how to be a mensch with guest speakers to talk about how their Judaism impacts their profession. This year we are excited to announce a partnership in programming with Ramapo College's Gross Center for Holocaust and Genocide Studies!

Family School has a rotating schedule of curriculum for the 3rd/4th and 5th/6th grades. If you want to know more about this unique program, check in with Director of Education, Rebecca McVeigh. She can explain and also put you in touch with current Family School parents.

School Calendar: is available on the website – www.bethhaverimshirshalom.org, under the Religious School tab

Community Service Hours Available: Whether it is helping with clerical projects or assisting our teachers in the classroom through the *Morei Derech* program – which can be volunteer or paid – we love seeing our students engaged with their younger counterparts!

Reading back through I realized I didn't mention one of the most important parts of our upcoming school year. For those who know me, you're probably thinking it's the shopping. I absolutely enjoyed the first night of school visit to our local Ben Franklin for notebooks and folders, and I am still wondering what happened to my best First Day of School Outfit *EVER* (red Sassoon jeans and a fabulous striped top), but really, it's the parents, grandparents, guardians, and caretakers who get the students to school on time, engage with them about what they're learning and make their Jewish education an important piece of their journey.

Ronni Seif, Education Committee Chair
seif4email@gmail.com



Good & Welfare

from and for the congregation

Condolences to:

Marin Greene and Faith Kaufman on the death of their aunt, Robin White

Joel Goldfarb on the death of his sister-in-law, and **Lisa Lamster** on the death of her aunt, Phyllis Stein

Judy Sica on the death of her father, Harvey L. Silver, MD

Mazel Tov to:

Marci and Harvey Weinberg on the birth of their granddaughter, Eleanor Hazel born to Ethan & Dan

Julie and Adam Kaufman, and big sister Freddie Maya, on the birth of their daughter, Nora Scarlett, ...and to grandparents **Gail and Ranan Wichler** as well!

Jane and Eric Koch on the birth of their granddaughter, Lainey Madison, born to Elyssa & Luis Toribio

R'fuah Sh'leimah
(For a full and speedy recovery)

Ed Vogel

Joel Goldfarb

Welcome New Members:

Scott & Violetta Math and family, Mahwah, NJ

Jacob & Lisa Freedland and family, Woodcliff Lake, NJ

Evan & Jaime Kobb and family, Oakland, NJ

Weston & Brittany Baker and family, Saddle River, NJ

Jacklyn Becker, Oakland, NJ

Michael & Marissa Edrich and family,
Woodcliff Lake, NJ

Jason & Mia Howard, Mahwah, NJ

Ronni Schwartz, Tuxedo Park, NY

Justin & Stacey Bender and family, Woodcliff Lake, NJ

Robin and Benjamin Steinman, Montebello, NY

COMMUNITY GARDEN



The Community Garden is in full bloom!

This summer, we had a decent harvest despite the poor weather. Many pounds of produce such as tomatoes, squash, cucumbers, beans, kale, celery, parsley, carrots and broccoli have been planted, grown, harvested and donated. Thank you, Community Gardeners, for all of your hard work this summer!

We are currently planting fall crops to be harvested in October. Spinach, chard, kale, carrots, and other produce will be and have been planted in place of the spring and summer crops once those crops are harvested.

Please connect with Jonathan Theodore if you are interested in joining the Garden group next Spring! And thank you, Jonathan, for being the Chief Publicist and Volunteer Coordinator this season!

Special thanks to Iris and the generosity of Beth Haverim. Your support was critical!

–Jill Blum

Meet the Member

Congregational stories

Each month a congregant writes about how they became involved at Beth Haverim Shir Shalom. We hope you enjoy learning about your fellow or past members' individual stories.



ALUMNA EDITION!

Rebeca Berger

I feel very lucky that several people at BHSS have supported me and watched me grow up in this building through different phases of my life.

My earliest memories at BHSS were completely involuntary. My parents and I joined in 2002, since they decided it was time for me to start my formal religious education. Prior to this time, my only Jewish memories were going to my grandparents' synagogue for the High Holidays, being around kids I didn't know, and my mom taking me to the parking lot to eat a peanut butter and Nutella sandwich (still my favorite!) on Yom Kippur when no one else could eat. I also have fond memories of Chanukah and less fond memories of Passover because it conflicted with my birthday.

My mom and uncle grew up attending Yeshiva after they moved to the U.S. from Argentina. Like the rest of the girls, my mom attended prayer classes but did not learn Torah and was not allowed to have a Bat Mitzvah. Meanwhile, my dad grew up Conservative, where he remembers copying pages out of the Torah, fearing the Rabbi, and having a separate kosher kitchen at home. There was no question that I would be raised Jewish; it was just a matter of how. You would think that living in Fair Lawn with twelve synagogues in town, my parents would have the choice of the lot. However, none of them gave them the welcoming feeling they desired.

We learned about BHSS from attending Brenda Belohoubek's Bat Mitzvah. Her brother, Zach, and I went to daycare together and have remained friends ever since. My parents decided the 30-minute drive was worth it to go where our friends were and where we were welcomed.

Zach and I started Hebrew school together in second grade, and that's where we met Ari McVeigh and Carolyn Miller. The following year, Rabbi Mosbacher and Rebecca McVeigh pioneered the Family School program, where the four of us and our parents joined. Spoiler alert: all four of us and our families remain inseparable to this day.

We were not only the guinea pigs for Family School, but also for the first Junior Choir. My mom, who is tone-deaf and has no musical experience, was asked by the Cantor to organize this. These two activities became a constant until we became B'nai Mitzvah.

Many families and teens seemingly struggle to stay involved in Jewish life post-B'nai Mitzvah, but for me, it seemed natural. For one, my Bat Mitzvah was in September 2007 and Zach's was in October 2007, but we had to wait until May 2008 for Carolyn's and Ari's B'nai Mitzvah. We stayed in Kadimah for that reason, but even as the school year came to a close, we didn't quite feel "done".

We were Confirmed together in 10th grade and graduated Kadimah as seniors in high school. For our Confirmation service, we requested many of the song melodies we had learned together in Family School and Junior Choir. This is when we really felt like we were choosing to be Jewish for ourselves. It was also at this time that we pledged to go on Birthright together following our college graduations.

I realized how many other ways there were to get involved at BHSS post-Bat Mitzvah, even beyond Kadimah. I joined the Senior Youth Group because

it was another way to be social and gain valuable experience for college in a leadership position. It took some convincing for me to get involved among my other extracurriculars, but ultimately, I became the Communications VP during my sophomore year, Religious and Cultural VP junior year, and President senior year.

Also during my sophomore through senior years of high school, I attended the Religious Action Center's *L'Taken* Social Justice seminar in Washington, D.C. with BHSS. This formative experience that gives teens the opportunity to lobby on Capitol Hill foreshadowed my future college decision to attend undergrad in Washington, D.C.

My parents and I went on the congregational trip to Israel in the summer of 2011 with Rabbi Mosbacher and Cantor Perper. To say this was an impactful experience is the greatest understatement. Besides deepening my appreciation and love for Israel, I had the ultimate pleasure of watching my mom become a Bat Mitzvah at the Western Wall.

BHSS also gave me my first official paying job. During my senior year in high school, Rebecca McVeigh started the *Morei Derech* / "Teacher of the Way" program, which is still running today. I was involved at BHSS in almost everything else I was eligible for, so I figured, "why not?". I became a teacher's aide for my former teacher, Barbara Schwartz, and helped in her fifth-grade classroom.

Then, I took a break from BHSS, and Judaism. I knew there was a lively Hillel at American University, but I didn't immediately run after it. Nothing was good enough after growing up at BHSS. I (wrongfully) thought that Shabbat services and dinners would "interfere" with my other social life. But AU has a First Year Students of Hillel (FYSH) program – similar to the Big/Little system in Greek life – and my Big FYSH helped get me involved sophomore year. She's still one of my best friends to this day.

A huge highlight of my time in DC was accompanying BHSS as a chaperone on the RAC trip for the next generation of teens. Back on campus, I was constantly asked if I wanted to go on Birthright with Hillel, but always politely declined because I was set on going with my BHSS friends. Unfortunately, that trip never came to fruition, but I'm confident I'll be back in Israel one day.

After college, Rebecca McVeigh asked me to teach Family School at BHSS. While it was my first foray into teaching, I liked the idea of having this full-circle moment. I hesitantly accepted and never looked back. I had to rebuild myself at BHSS since I no longer knew as many people, and I wanted to reestablish myself as an adult. I felt I had accomplished that goal when Jen Cole asked if I would join the Executive Board as the Secretary during her third presidential term.

That role just came to an end in June 2023, and I'm excited to see what's next for me. I now live in the suburbs of Philly, and know that no matter where I go, BHSS has an undeniably strong magnetic force that keeps me coming back. I hope to see you around soon.

👁 Contributions 👁

Rabbi's Discretionary Fund

thank you for your kindness and support.

- *Alison & Norman Axelrod*

with thanks and in honor of my mother, thank
you for all your support during a difficult time

- *Leslie Sapienza*

thank you for all the good work you do

- *Jonathan Reiner*

in memory of Charles Sankel

- *Sheryl & Joel Ives*

to Cindy Greenberg, in memory of Phillip Greenberg

- *with Love, Sherry, Jen & Randy Levitt*

in memory of Hans Neumann

- *Judy & John Neumann*

in memory of George Moss

- *Phil Moss*

to Stacey Coyne, with thanks and appreciation

- *Ethel Rosen*

Educators Discretionary Fund

in honor of your 20 years as educator at BHSS

- *Gayle & Steve Weiss*

to Marci and Harvey Weinberg, Mazel Tov on the
birth of their new granddaughter, Eleanor Hazel

- *Gail & Ranan Wichler*

in memory of Edith Roth

- *Sandi Jeanette*

in memory of Frank Nathanson

- *Sheila Nathanson*

in memory of William Kaplan

- *Alison & Norman Axelrod*

in honor of our new grandson, Casey Levi Colvin

- *Alison & Norman Axelrod*

in memory of Stanley Axelrod

- *Alison & Norman Axelrod*

in memory of Lee Johnson and Esther
Senzel and Jerome Johnson

- *Sue-Ellen Johnson*

in memory of Robert Kassover & Benjamin Kassover

- *Candy & Mike Kassover*

in memory of Audrey Weinberg

- *Marci & Harvey Weinberg*

in memory of Ruth Silverman

- *Judy & John Neumann*

in honor of Gail & Ranan Wichler's
new granddaughter, Nora

- *Dede & Rick Levine*

in memory of Rhea Goldfarb

- *Joel Goldfarb*

to Jen Cole, thank you for your years of
service as president of BHSS

- *Gail & Ranan Wichler*

to the team of Julia's Journey, congratulations!

Tikkun Olam is alive and well!

- *Gail & Ranan Wichler*

to Stacey and Ian Coyne, Mazel Tov on
Cydney and Conner's wedding

- *Gail & Ranan Wichler*

in loving memory of our Jase

- *the Barrack family*

in memory of Gilbert Wunsch

- *Roberta Alter*

in memory of Rose Zahm

- *Pearl & Bob Meyers*

to Leslie Sapienza, in memory of your
mother, Rosalind Kamlet

- *Alison & Norman Axelrod*

- *Candy & Mike Kassover*

- *Lisa Glick*

Life Fund

to Ruth Turner, in memory of Stu Turner

- *Rhoda & Marty Lonow*

- *Lynn & Michael Zall*

- *Alison & Norman Axelrod*

- *Candy & Mike Kassover*

- *Gloria Donoghue*

- *Sheila & Larry Groskin*

- *Sue-Ellen Johnson*

- *Ethel Rosen & Stu Kirshner*

- *Marci & Harvey Weinberg*

- *Sherry Levitt*

- *Marilyn & John Kesecki*

- *the Wichler family*

- *Lisa Glick*

- *Gail & Daryl Spencer*

- *Ruth & Stephen Schneps*

👁 Contributions 👁

to Jen Cole, in memory of your mother, Gloria Goldberg
- *Alison & Norman Axelrod*

to Audrey Flynn, in memory of Phyllis Landau
- *Marci & Harvey Weinberg*
- *Lisa Lamster*

to the Caring Committee, in gratitude for all their support
during a difficult time. - *Leslie Sapienza*

in memory of Thelma and Seymour Oventhal
- *Joanne Oventhal*

Center for Food Action

Donated by their families in honor of the following simchas

Bar Mitzvah of Matt Levin
Bat Mitzvah of Sammi Geller
Bat Mitzvah of Noa Kaufman

Ramapo Bergen Animal Refuge

Donated by their families in honor of the following simchas

Bat Mitzvah of Madison Torrente
Bar Mitzvah of Ben Hirsch
Bar Mitzvah of Eric Sica
Bat Mitzvah of Jaye Mendel
Bat Mitzvah of Parker Slivka

Jewish Family Services of Rockland

Donated by their families in honor of the following simchas

Bat Mitzvah of Sammi Geller
Bar Mitzvah of Ben Rose
Bat Mitzvah of Samone Kaufman

NOTES FROM MUSIC

Hello everyone!

The Music Committee would like to wish the entire BHSS family a happy and healthy 5784!

In keeping with our tradition of having music at the heart of services, we are starting the 2023-2024 season with a bang! This year's Simchat Torah service will include a special appearance by **Metropolitan Klezmer**. Mark your calendars for **Friday, October 6**. Look for more details in the weekly mails. You won't want to miss this!

Our committee meets on the fourth Tuesday of the month via Zoom at 7:30 p.m. I am always available to chat if you have an idea about programming or a question about what we do. If you would like to help in planning events; new members are always welcome. Email me at niberger@aol.com.

Our choir is rehearsing in person with Jane Koch! Here is your chance to join in the fun. They are always looking for new members. No previous experience or knowledge of Hebrew is required.

Musically yours,

Nora Berger



Participating in adult choir is a great way to connect with fellow congregants as well as your own spirituality. You don't need to have any musical background, just a will to learn... and sing!

We are looking for new voices to join choir. Our rehearsals are Wednesdays.

If interested, please contact Michelle (former choir member!) at the temple office.

BROTHERHOOD

I am sure you are aware that BHSS does have a Brotherhood, but let me tell you a little bit about what we do.

We could tell you about the monthly dinners, the amazing suite at the New York Boulders, the monthly Brotherhood Raps, the building of the sukkah and Pizza in the Hut...lots of fun and social events throughout the year.

However, we would rather tell you what Brotherhood means to the synagogue, the community at large, and what we are about.

Our clothing donation boxes have been overflowing with generosity from the members of our community. To date, we have donated (no joke) over 10,000 pounds of clothing to the Midnight Run, where the clothing gets sorted and brought out to the streets for immediate use by those in need. With Brotherhood's assistance, our own youth group participates twice per year.

We were happy to return to the first Purim Carnival since COVID, and BHSS Brotherhood sold **100 pounds** of Zadies hamantaschen, with the profits going to the Youth Group. We assembled a BRAND NEW metal and canvas Kosher Sukkah and served 40 pizzas at Pizza in the Hut.

But? Another thing you don't know about BHSS Brotherhood. We don't have a president... or co-presidents... or vice president... ok, we do have a treasurer for life – Rod

McVeigh... How did this happen? Well...some may think it's because no one stepped up to lead, or because of lack of interest or the failure of community...but the exact opposite is true.

Brotherhood does not need a leader. Why? We are all leaders. Brotherhood does not need a board of directors. Why? We are all part of something that's greater than ourselves. Brotherhood represents a community of PEOPLE – open, caring, fair, equal, accepting – warm and welcoming – creating a safe space where friends can be friends for the sole purpose of being supportive of one another.

A quote by Albert Camus:

"Don't walk in front of me I may not follow. Don't walk behind me I may not lead. Just walk beside me...just be my friend"

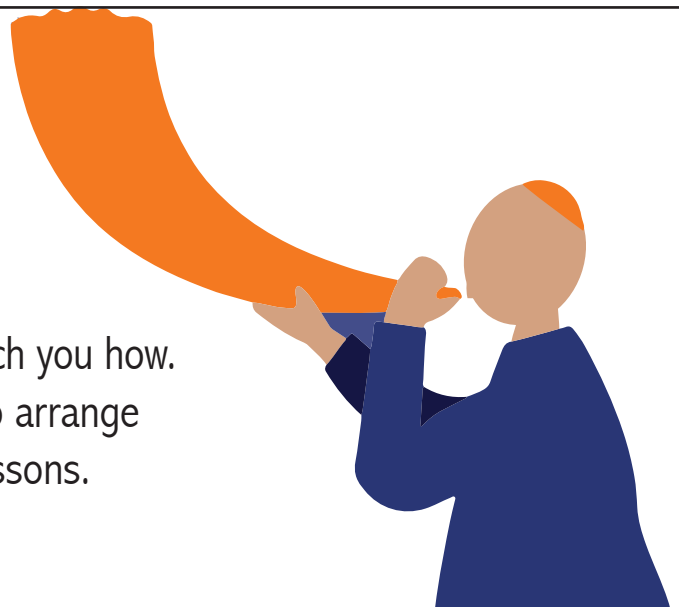
Of course, this quote became a Jewish song by Uncle Moishy and the Mitzvah Men:

"Don't walk in front of me, I may not follow. Don't walk behind me I may not lead. Just walk beside me and be my friend and together we will walk in the path of Hashem"
Please come out and join an event, or help with some of the good things we do...or even just show up. You will always have a warm and welcome reception, and a place to belong...no matter what.

L'Shalom, L'Shana Tova, and L'Hitraot!

Interested in learning
how to blow the shofar?

Harris Reinstein is available to teach you how.
Contact Harris at 201-652-0898 to arrange
a convenient time and place for lessons.



SOCIAL ACTION

Summer 2023 was a busy time for BHSS Social Action, as we completed two programs, and continue to nurture the roots of a second refugee outreach initiative that will spread joy and fulfillment to the rest of our welcoming congregation.

1. We want to thank everyone who planned, set up, worked at, and attended Mahwah Pride Day on Sunday, June 11. Our presence there symbolized our continuing congregational advocacy for the LGBTQ community, a community that has made tremendous positive strides and yet unfortunately still continues to suffer outrageous assaults fostered by ignorance and hate.
2. The community synagogue summer vegetable garden grew, successfully bloomed, and was harvested. Thank you, Jill Blum and her steadfast volunteers! Once again, we were able to donate a bountiful supply of fresh produce to the Center for Food Action in Mahwah and the daily Suffern Soup Kitchen at Christ Episcopal Church.
3. Our support of six Afghan refugee families in Valley Cottage, New York continued throughout the summer. Some Social Action volunteers met family members at their homes to discuss their needs and aspirations, and now continue to collect, sort, and deliver personal care and household items to them. A few committee members have also begun giving weekly English lessons

to three Afghans so they could best prepare for daily life in the U.S., future academic study, and the workplace. We also project that ongoing items needed for these families are toilet paper, paper towels, bar soap, laundry detergent, and large garbage bags. The next scheduled delivery of household items is the first week of October.

It's our sincere hope that our religious school students, B'nai Mitzvah students, youth groups, other synagogue committees, and the rest of our congregants will jump on the bandwagon to help this Afghan refugee outreach initiative continue to blossom and thrive. Stay tuned for further updates and developments!

Please do not hesitate to reach out with questions, fresh ideas, and feedback. Our committee's email address is bhsssocialaction@gmail.com. Our meetings this year will be in person or online and have usually been held the last Tuesday evening of every month. We wish everyone a New Year filled with good health, happiness, fulfillment, love, and peace.

BHSS Social Action - bhsssocialaction@gmail.com

Jonathan Theodore: theodore.central@gmail.com

Lisa Estrin: lbestrin@aol.com

Lisa Glick: lisarglick@gmail.com

TRADITION & CULTURE

The High Holidays are a time of reflection, and remembering those loved ones who helped to shape our lives. Tradition & Culture committee member Rachel Cohen-McKenna shares with pride, how her grandmother's achievements as a Torah reader make her appreciate participating in the services at BHSS throughout the year.

Many years ago, my grandmother was the first woman to read from the Torah in Conservative Judaism (which is how I was brought up). Because of that, I never understood why at the synagogue I grew up in, girls becoming Bat Mitzvah were not allowed Torah portions. Girls' Bat Mitzvahs were on Friday nights, when the Torah was not read. The boys on the other hand, had their services on Saturday mornings, and so were able to read from the Torah.

Although my Haftarah was a doozy (crazy long), I never felt that I fully completed my Bat Mitzvah, but it was completely out of my hands.

I never realized this until a few years ago when I was offered an *Aliyah*, and was invited to read a Torah portion on Yom Kippur. I'm a professional performer, but this was a totally different experience, and I was nervous!

I feel so lucky to have found such an inviting, inclusive, and egalitarian congregation at BHSS. The importance of including everyone in every honor is not lost on me, and I know whenever I am lucky enough to be called to the Torah, my grandmother is proud.

Rachel Cohen McKenna

MAY THEIR MEMORIES BE FOR BLESSING זכרונם לברכה ☆

September Yahrzeits

HELEN ALLMAN	CHARLES FEINSOD	DINA LEITNER	MARION SILVER
IRVING ANOLIK	MONA FINKELSTEIN	DONALD LEOPOLD	RICHARD SILVERMAN
FLORENCE ARFIN	MILDRED FONDILLER	JOSEPH LETCHER	JULIA SIMON
IRVING ARFIN	CHARLOTTE FREDERICKS	JULIUS LEVINE	PAULINE SMITH
RUBY BERNSTEIN	DOUGLAS FREEMAN	IRVING LICHTENFELD	DAVE STIGLITZ
PHILLIP BLACKMAN	MOLLIE GARBUS	DOROTHY LORANGER	SOPHIE STIGLITZ
GUSSIE BLUMENFELD	HARVEY GELFENBEIN	BEN LUCKOM	AMANDA TELL
DAVID BLUMENTHAL	RALPH GILBERT	PAUL MANDEL	DORA THEODORE
EDITH BLUMENTHAL	LINDA GOLDFARB	MILTON MILLER	JEAN TRIEBITZ
PNINA BORNSTEIN	LLOYD GOLDFARB	VIVIAN MITTLEMAN	CELIA TURNER
SCOTT BUGNI	MUTTTEL GORDON	ESTHER MOSS	JACK TURNER
ALBERT COHEN	BARRY GREENE	JOHN WILLIAM PATTON	THEODORA UNGER
MARION COHEN	MORTON GREENE	SOLOMON REVICH	ESTELLE WEINBERG
MARK COHEN	SYLVIA BARISH GROSKIN	URI RUDACH	DAVID WEINER
BUDDY COLEMAN	JACK HAGER	ETHEL SALTZMAN	RUTH WEISKOP
AARON HARRY CRAMER	ABE HYMOWITZ	SANFORD SCHEY	JULIUS WICHLER
CAROL DUBIN	BERTHA ISRAEL	LILLIAN K. SEILER	MARCIA WITT
FRANCES DUCHARME	BENJAMIN JACOBS	IRWIN SELMAN	PINYA YANTYFOVICH
JOYCE EISENBERG	NATHAN KUSHER	ANN SHERRY	DANIEL ZAHM
BURT ERLMAN	ERIC LEHRFELD	HARRIET SHRENSEL	

CARING COMMITTEE

The Caring Committee has been hard at work tending to our congregants' needs. We wish to thank all those who contribute to this committee whether you donate your time or your culinary talents. The recipients of your efforts and generosity are always so very grateful.

If you are interested in getting involved, there are many ways to volunteer, whether it be cooking a meal, donating restaurant gift cards, or making a phone call to a congregant in need. You would be surprised at how much you get back from devoting a little time to call and check in on someone who is not feeling well or who is simply lonely.

If you need the services of the Caring Committee or if you wish to join or volunteer, please contact

Audrey Flynn (ablandau@aol.com)
or Laura Miller (mlctsmiller@verizon.net).



MAY THEIR MEMORIES BE FOR BLESSING זכרונם לברכה ☆

October Yahrzeits

LEO ABRAMOWITZ	EDITH FRANK	BENJAMIN LASS	PHIL SCHOENFELD
FLORENCE ASHKANAZY	CLAIRE FRIEDMAN	DALIA LEIBOWITZ	ANNELIESE SCHOTT
LAWRENCE ATLAS	RUTH GELFENBEIN	HARVEY LENCHNER	HARRY SHAMES
DOROTHY AUERBACH	AUDREY GOLDEN	LINDA LENCHNER	JESS SHIRVAN
ADELE AXELROD	MORRIS GOODMAN	HATTIE LEVY	DOROTHY SICHELMAN
CORINNE BAUM	SHIRLEY GRALLA	THERESA MCFADDEN	HERB SIEGEL
JOEL BECKER	BILL GREEN	LAURA MEDICI FLEMING	JACK SPIELER
BELLE BEDELL	NINA GREENBERG	ROSLYN MILLMAN	JACK SPRUNG
BENJAMIN BLUMENFELD	FANNIE GRUBMAN	CEIL MOSER	ERIC STEINMAN
LILLIAN FLIGIEL BROWN	DAVID HABERMAN	MYRON NEWMAN	WALTER TITCOMB
MILLCENT BRUSSEL	FRANCINE HELLERMAN	BOB NISENBAUM	MAC VERBEL
BEATRICE BURGHARDT	SARAH ISKOWITZ	SADIE NOVOK	WILLIAM WALDBAUM
CECILE BYALICK	GRETA ISRAEL	HERMAN OSHEROWITZ	ROSA WEINBERG
LEWIS BYNE	RICHARD JANSEN	BENJAMIN PEARLMAN	CHARLES WEISKOP
ABSALOM CASSUTO	LEA KAPELUSHNIK	IRVING POSNER	JOSEPH WENIG
MARGOT CHARNE	SAMUEL KAPLAN	IDA RAPPAPORT	ABRAHAM WIESNER
ISOBEL EPSTEIN	SEYMOUR KIRZNER	SOFIA REVICH	HELEN WISNEWSKI
LESLEE FEINSOD	ALBERT KLEIN	ROSALYN ROOT	MILT ZAHM
BERNICE FISHKIN	ISRAEL SAMUEL KRIEGEL	JOSEPH ROSSANT	SARA ZINN
	RENEE KUPCHIN	LILLIAN SAULT	

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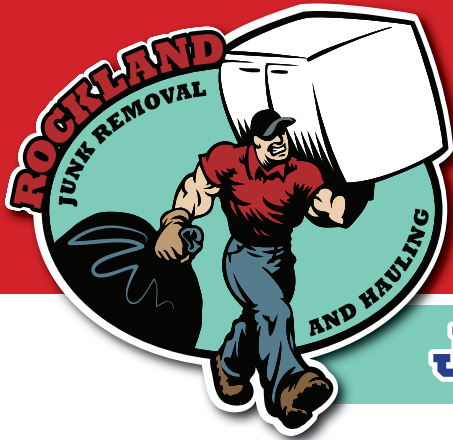
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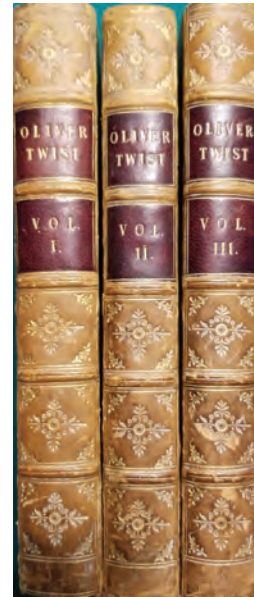
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Worship Schedule

STARTING IN SEPTEMBER, ALL SHABBAT FAMILY SERVICES
(*The First Friday of the Month*) WILL BEGIN AT 6:30 PM
THE REMAINING FRIDAY SHABBAT SERVICES WILL BEGIN AT 7:00 PM

Friday, September 1	6:30 pm	Shabbat Family Service <i>Birthdays in September will be celebrated</i>
Friday, September 8	7:00 pm	Shabbat Evening Service Oneg Shabbat Hosts: the Torrente family
Saturday, September 9	10:00 am 7:00 pm	Bat Mitzvah of Madison Torrente Selichot Service with Temple Beth Rishon
Friday, September 15 Saturday, September 16	5:30 pm	Erev Rosh Hashanah Shabbat service Rosh Hashanah Services Day 1 <i>Refer to High Holiday tickets for service schedule throughout the day.</i>
Sunday, September 17	9:15 am	Rosh Hashanah Service Day 2
Friday, September 22	7:00 pm	Shabbat Evening Service
Sunday, September 24 Monday, September 25	7:30 pm	Kol Nidre Service Yom Kippur Services <i>Refer to High Holiday tickets for service schedule throughout the day.</i>
Friday, September 29	5:15 pm 7:00 pm	Tot Shabbat Erev Shabbat Sukkot Service Oneg Shabbat hosts: the Popowitz and Flanz families
Friday, September 30	10:00 am	B'nai Mitzvah of Alex Popowitz and Sydney Flanz
Friday, October 6	6:30 pm	Shabbat Family/Simchat Torah Festival/Consecration Service <i>Birthdays in October will be celebrated</i> Oneg Shabbat hosts: the Bendayan and Tetefsky families
Saturday, October 7	10:00 am	B'nai Mitzvah of Jared Bendayan and Drew Tetefsky
Friday, October 13	7:00 pm	Shabbat Evening Service Oneg Shabbat hosts: the Einhorn family
Saturday, October 14	10:00 am	Bat Mitzvah of Brooke Einhorn
Friday, October 20	5:15 pm 7:00 pm	Tot Shabbat Shabbat Evening Service Oneg Shabbat hosts: the Roberts family
Saturday, October 21	10:00 am	Bar Mitzvah of Alex Roberts
Friday, October 27	7:00 pm	Shabbat Evening Service Oneg Shabbat hosts: the Prizel/Zalensky family
Saturday, October 28	10:00 am	Bat Mitzvah of Skyli Prizel



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Rabbi Ilana Schwartzman
Rebecca McVeigh, Director of Education

Sessions of School:

Sundays: September 10, October 1, 15, 22, 29
Mondays: September 11, 18, October 2, 16, 23, 30
Tuesdays: September 12, 19, October 3, 17, 24
Wednesdays: September 13, 20, October 4, 15, 25

Office closed:

Monday, September 4, 25



To do in September and October

- *Bring the whole family for Shabbat Family Services - Fridays, September 1 and October 6 at 6:30pm*
- *Start your High Holidays with Selichot (prayers for forgiveness) with Temple Beth Rishon- Saturday, September 9 - 7 pm at BHSS*
- *Celebrate the New Year on Rosh Hashanah - September 15-17 -
Please refer to High Holiday tickets for service schedule throughout the day*
- *School is back in session! - begins Sunday, Monday, Tuesday, Wednesday, September 10, 11, 12, 13*
- *Worship on Yom Kippur - September 24-25 -
Please refer to High Holiday tickets for service schedule throughout the day*
- *Welcome Shabbat with the little ones at Tot Shabbat - Friday, September 29 and Friday, October 20 at 5:15pm*
- *Share in the joy of Sukkot - September 29, Festival Service at 7:00pm*
- *Sukkot Morning Service - Saturday, September 30 at 10am*
- *Sisterhood will put our Sukkah to good use with Sangria in the Sukkah - Sunday, October 1 at 3:00pm*
- *Celebrate the new year of Torah reading, and our new students at the Simchat Torah/Consecration/Family service - Friday, October 6 at 7pm*
- *Simchat Torah Yizkor Service - Saturday, October 7 at 10:00am*
- *Share your thoughts about BHSS at Rabbi Ilana's Constructive Feedback quarterly meeting - Wednesday, October 18 - 7:30pm*
- *The Library Ladies are back with Book and a Bagel - Sunday, October 22 at 1:00pm*