

TEMPLE TOPICS

IYAR/SIVAN/TAMMUZ 5782

MAY/JUNE 2022



CELEBRATING 50 YEARS

Rabbi Ilana's Message

Finding Our Chord

Singing during the pandemic, no matter how hard we tried, was like trying to get excited about one note. Instead, when Michelle Citrin came on April 1, 2022, we got to be a full, resonant chord. She noticed it. Debbie Schreiber, executive director for the URJ Northeast Camps and Youth, who was here that night with her daughter, commented on it. Everyone in the room was vibrating—we were in that holy space of music.

full article on page 3

President's Message

Hineih Mah Tov U'mah Naim Shevet Achim Gam Yachad...

Since my last *Temple Topics* article, there have been many occasions when the lines from this familiar song have come to mind at BHSS:

How good it is for us to dwell together!...

It has been wonderful to reconvene in the shared physical space of our sanctuary for Shabbat worship. Just the fact alone that we were together again might have been enough (*Dayeinu!*), but our services have been anything but ordinary...

full article on page 2

Director of Education

A Note to the School Community

We're proud of how you engaged your classmates and us in conversation, even when you were kept physically distanced from one another. We're proud of how patient you were with each other and with us, especially when the past two years have given you more reason to be impatient than ever.

full article on page 5

B'NAI MITZVAH

Danielle Kissin	May 7
Allison LaCorte	May 14
Elan Berin	May 21
Charlie Reissman	May 28
Maya Fox	June 4
Dylan Strauss	June 11
Allison Levy	June 18
Carter Weeks	June 25
Sam Lasman-Kluger	June 26

THINGS TO DO:

more info on back cover and throughout

- Torah Stories
- Tot Shabbat
- Sisterhood Shabbat
- Library Book and (no) Bagel
- Teacher Appreciation Shabbat
- BHSS Family Fun Day
- Shavuot/Confirmation with Nefesh Mountain
- Shavuot Yizkor/Festival Service
- Sisterhood Installation Dinner
- Pride Shabbat
- Brotherhood/Social Action Shabbat
- Brotherhood Boulders game



President's Message

Jen Cole

*Hineih Mah Tov U'mah Naim
Shevet Achim Gam Yachad...*

Since my last *Temple Topics* article, there have been many occasions when the lines from this familiar song have come to mind at BHSS: *How good*

it is for us to dwell together!

After pivoting to virtual worship, school and events at the start of 2022, the physical doors of our synagogue have reopened to allow for in-person gatherings and it has been a busy couple of months. I feel the need to clarify, however, as I am not sure "busy" accurately conveys what I mean. Often when I use the word "busy," I am referring to the never-ending things on my to-do list - errands, laundry, grocery shopping, etc. "Busy" can be overwhelming and usually leaves me feeling drained. When I create space in my "busy" life for synagogue, it involves a commitment of my time and service but instead of leaving depleted, I feel fuller. Joyful. Peaceful. Fulfilled.

It has been wonderful to reconvene in the shared physical space of our sanctuary for Shabbat worship. Just the fact alone that we were together again might have been enough (*Dayeinu!*), but our services have been anything but ordinary...

* The Alef Beats, an a cappella group from Brown University visited BHSS and brought extra *simcha* to our bimah with their spirited renditions of Yiddish, Hebrew and English songs.

* Michelle Citrin shared her soulful voice and skillful guitar playing with us as our Youth Group lead an incredibly beautiful and meaningful Shabbat, where the *ruach* (spirit) was palpable. This service also kicked off our StayTreat where we continued our tradition of prayer, learning and elective activities without the drive to Kunkletown. We baked challah, decorated cookies, created art, beaded bracelets, crafted Haiku, monogrammed tumblers, played games, tasted wine, learned about antique books, and played Texas Hold'em, not to mention that EVERYONE in attendance Saturday morning had the opportunity to read Torah.

* We celebrated four amazing women as they became B'not Mitzvah. It turns out that expressions of joy, pride and accomplishment are discernible right through our masks. *Yashar Koach* and Mazel Tov to these ladies (Shana Brown, Cindy Buchalter, Lynne Feldman and Mona Sussman), and thank you to Rebecca McVeigh and Rabbi Ilana for guiding them on their journey to further their connection to community and Judaism.

In addition to Shabbat, we had our first ever Challah Bake in partnership with the JCO, gathered in person and virtually for inspiring Passover seders, and continued our dive into Torah Stories. Rabbi Ilana led a prayer for peace in the Ukraine in Mahwah and plans are underway to partner with our Social Action Committee to identify impactful ways to support families during this time of unimaginable unrest in our dedicated pursuit of *tikkun olam*.

While I do not typically use this column to recap events (and this was just a sampling), thank you for allowing me to kvell, just a bit. This year, despite continued challenges of the COVID-19 pandemic, we thrived as a *Kehilah Kedoshah*. As Ron Wolfson described in his book on relational Judaism that has become the go-to resource for Reform synagogues, a sacred community is one where "*relationships are paramount, worship is engaging, everyone is learning, repairing of the world is a moral imperative, healing is offered, and personal and institutional transformation are embraced.*" I am proud to say, as our Instagram hashtag suggests, #ThisIsUsBHSS.

It is hard to imagine that Religious School has only a few sessions remaining and summer will be here before we know it. Please know that our synagogue year is not yet winding down, and there are still plenty of wonderful opportunities to reconnect and experience what BHSS has to offer.

I want to personally invite you to come for an outdoor **Family Fun Day** on **Sunday, May 22** outdoors at BHSS. There will be food trucks, music and other fun-filled activities.

Nefesh Mountain will be joining us for *Shavuot* on June 4th as we celebrate our confirmands and the giving and receiving of the Torah. If you do not know Nefesh Mountain's music, it is a unique combination of American root and Jewish musical styles (aka "Jewgrass") and they are not to be missed!

Finally, if you have an idea for an event or initiative, please let us know. At our monthly Board meetings we have been soliciting ideas through an initiative we refer to as *Shul Tank* where we present and implement ideas to attract, engage and retain members. We would love to hear directly from you and I promise we are a lot nicer than the sharks!

I wish you all a happy and healthy summer and will see you again (in print) in September!



In one of his books—I feel like I’ve read all of them—Robert Fulghum (author of *All I Really Need to Know I Learned in Kindergarten*, *It Was on Fire When I Lay Down on It*, and many others) talks about finding “his note.” It turns out to be the same note his refrigerator hums on and the key of his favorite symphony. In this particular essay, he encourages his reader to try to figure out their own personal note, the one that resonates within us, making us feel more complete and more content. And so, I did. I considered and tested out different pitches. And I concluded that each note more or less strikes me the same. It’s not until the notes interact with each other in progressions or chords that I really start to get excited about them.

I guess that for me music is like community. Being solitary is fine, but it is when people meet and interact that the real fun begins. For the BHSS community, there is an added depth because music is one of those interactions.

Singing during the pandemic, no matter how hard we tried, was like trying to get excited about one note. Instead, when Michelle Citrin came on April 1, we got to be a full, resonant chord. She noticed it. Debbie Schreiber, Executive Director for the URJ Northeast Camps and Youth, who was here that night with her daughter, commented on it. Everyone in the room was vibrating—we were in that holy space of music.

This year our community has made a concerted effort to find a *Rosh Shirah*, someone to lead us in song. What we found was a team of people - a chord, if you will. Each one of them is incredibly talented with gifts for connecting us to the music within and beyond ourselves. Together they provide a musical continuity to keep us engaged and inspired.

The first name is a familiar one - Jane Koch. Jane has taught us and our children. She has conducted and accompanied our choir and enhanced our services. We are thrilled that she has agreed to lead us for a variety of *Shabbatot* and holidays in the coming year.

During the High Holidays, BHSS will be led in song by our amazing and dedicated choir. Directed and accompanied by Garah Landes, they are the voices that remind us what our best selves can be like. They keep our spiritual fires burning throughout the year as their dedication to the congregation shines through and the melodies that bind soul to soul resonate with their voices.

With them, Molly D. May, cantorial student at the Academy of Jewish Religion, will serve as our musical bedrock for the High Holidays. Her mezzo soprano voice is accessible and warm. She knows how to balance her sound with listening, the new with the familiar, and moments of contemplation with those of inspiration.

Then there is Brian Gelfand, a joyful and talented music educator with singular guitar and piano abilities. Brian will be working to get to know our b’nai mitzvah families and students so that their services and celebrations will be memorable and meaningful.

While we look forward to a new year filled with sacred sound, we also owe a debt of gratitude to Cantor Michael Kruk who has steadily and diligently led us in song and prayer. His kindness, spirit, and warmth supported us in a challenging time and we are so grateful.

In addition to these amazing musicians, we will also have the opportunity to celebrate Judaism with some of the world’s most sought-after stars of Jewish music—yes, like Michelle Citrin and the Alef Beats. If you haven’t heard Nefesh Mountain, your life is going to change on June 4. Shavuot is a holiday when we celebrate the love story between God and the people of Israel; the Jewish bluegrass of Nefesh Mountain is the song of that love story.

So much talent, so much potential for spiritual depth, growth and love. Our chord just needs one more note—you and your voice.

BETH HAVERIM SHIR SHALOM

2021-2022

CLERGY

Rabbi Ilana Schwartzman	201-512-1983	rabbischwartzman@gmail.com
-------------------------	--------------	----------------------------

PROFESSIONAL STAFF

Executive Director, Iris Greenberg	201-512-1983	irisgreenberg@optonline.net
Director of Education, Rebecca McVeigh	201-512-1983	schoolatbethhav@optonline.net
Administrative Assistant, Michelle Sherry	201-512-1983	bethhaverim@optonline.net
Dir. of Sr. Youth Programming, Rebeca Berger	551-427-8368	rebecaa.bergerr@gmail.com
Dir. of Jr. Youth Prog., Samantha Spencer	551-427-3663	samanthaspencer715@gmail.com

OFFICERS

President, Jen Cole	201-891-2438	thecole6@yahoo.com
Past President, Judy Teich	845-512-8506	judy.teich@gmail.com
Vice President, Renee Garbus	845-357-8865	renee.garbus@gmail.com
Vice President, Ron Mandler	646-334-3342	ronald.mandler@gmail.com
Vice President, Lauren Theodore	917-767-8973	laurenstheodore@gmail.com
Treasurer, Harvey Weinberg	201-825-8781	hbweinberg@gmail.com
Asst. Treasurer, Alexia Feldman	201-704-3321	allibre@hotmail.com
Secretary, Rebeca Berger	551-427-8368	rebecaa.bergerr@gmail.com

TRUSTEES

Trustee, David Aarons	201-962-9316	daarons@afd-inc.com
Trustee, Jana Defrino	516-672-3599	D579@aol.com
Trustee, Yair Kissin	718-309-9670	yairofthesnake@gmail.com
Trustee, Donna Kotz	201-722-8838	donnakotz@gmail.com
Trustee, Andy Silver	845-368-4836	asilver320@gmail.com
Trustee, David Wolf	845-357-9119	d.wolftaxman@gmail.com

COMMITTEE CHAIRS & AFFILIATED ORGANIZATIONS

Brotherhood, Jonathan Theodore	917-531-0043	bhssbrotherhood@gmail.com
Building & Grounds, Harris Reinstein	201-652-0898	harrisreinstein@msn.com
Caring, Audrey Flynn	201-825-1746	ablaundau@aol.com
Caring, Laura Miller	201-337-4503	mlctsmiller@verizon.net
Communications, Lisa Lamster	201-760-1935	lisalams@optonline.net
Endowment, Harvey Weinberg	201-825-8781	hbweinberg@gmail.com
Education, Lauren Einhorn	201-447-7094	laureneinhorn16@gmail.com
Library, Sheryl Ives	201-794-1017	sjives17@yahoo.com
Library, Ruth Turner	845-351-5732	rgtt@optonline.net
Membership, Michelle Gilbert	201-661-8033	mich319@hotmail.com
Membership, Lauren Theodore	917-767-8973	laurenstheodore@gmail.com
Michelle Mitzvah Group, Steve Simon	201-788-6755	steveoum@verizon.net
Music, Nora Berger	201-703-0132	niberger@aol.com
Outreach, Jane Young	201-679-6895	jnapfy@aol.com
Sisterhood, Lisa Estrin	845-369-3059	lbestrin@aol.com
Sisterhood, Beth Wiesner	201-857-2272	brw2003@gmail.com
Social Action, Lisa Estrin	845-369-3059	bhsssocialaction@gmail.com
Social Action, Jonathan Theodore	917-531-0043	bhsssocialaction@gmail.com
Tradition & Culture, Ritch Yanowitz	917-213-7300	ritchiano@gmail.com
Tradition & Culture, Marin Greene	201-725-7343	marinrene@aol.com
Youth Group, Tai Weiss	201-446-0526	taiweiss56@gmail.com
Youth Group, Leah Wolf	845-537-9929	555law555@gmail.com



May

Elan Berin

Emily Cole

Benjamin Feldman

Leah Feldman

Carly Gottlieb

Grant Herrman

Trevor Herrman

Sabine Kieres

Brooke Lederman

Adam Lenchner

Lindsay Spungin

Alice Viesel

Talia Viesel

June

Evan Harris Aarons

Reid Forman

Maya Fox

Samantha Geller

Margot Jackter

Maya Freddie Kaufman

Matthew Levin

Zachary Rein

Julia Sendroff

Eric Sica

Eliana Silver

Elliot Sugalski

Ruby Sugalski

Ashton Tell

Madison Torrente

Carter Weeks

Jordan Weeks

Dylan Zalensky

A Note to the School Community

From The Educator

Rebecca Bernstein McVeigh



Dear Beth Haverim Shir Shalom Religious School Students,

Your teachers and I just wanted you to know that we're really proud of everything you have accomplished this year – and not because of how much Hebrew you can read or how many facts you can tell us about Judaism.

We're proud of how you showed up each week, masks on, already weary from your school day or groggy from a late Saturday night, ready to be a part of this special community. We're proud of how you engaged your classmates and us in conversation, even when you were kept physically distanced from one another. We're proud of how patient you were with each other and with us, especially when the past two years have given you more reason to be impatient than ever.

We're grateful that you put your whole selves into learning, that you took full advantage of the materials, activities, and lessons that we planned.

Dear Beth Haverim Shir Shalom Religious School Parents,

You are not just their drivers, chefs, tutors and organizers; you are their role models; their moral compass - their *mensch*-hood, is built on the example you set. You are our partners and all of the above is not possible without you.

Throughout this year, with its uncertainty, our school families' resilience gives us reason to be hopeful for ourselves. We wish each of you a wonderful summer and we look forward to your presence re-energizing our school in September!

Tot Shabbat!

Fridays, May 6, June 3,
July 1, August 5 at 5 p.m.

*For children ages birth-kindergarten and their families.
Masks required for all attending.*

*Do a craft, hear a story, sing songs...
everything you love about Tot Shabbat!*

*Rabbi Ilana and Director of
Education Rebecca McVeigh
look forward to celebrating Shabbat
with you and your tots!*



Our weekly Kindergarten, First, and Second Grade classes are FREE of charge to all Beth Haverim Shir Shalom member families.

This is a great opportunity to have your younger child become acquainted with our building, clergy, Jewish holidays, and customs in a warm, welcoming environment. There is crafting, singing, gaining familiarity with Hebrew, learning about Israel, holidays, tours around the building, meeting and "interviewing" our staff, practicing to be a mensch, and many other experiences – all packed into an hour and a half on Mondays from 4:15 to 5:45 p.m.

Also – non-members are able to enroll their children in these three grades as well – \$750 covers everything for the school year. So if you have friends who are just beginning to think about synagogue membership but not ready quite yet because their children are young, this offer is for them – the more the merrier! Our early years' programming is some of the most fun; why wait for your child to begin their Jewish learning experience?



...will be called to the Torah...



Danielle Laura Kissin
– May 7, 2022

Lives in Upper Saddle River, New Jersey. Parents, Mother, Irina, Father, Yair, Sister, Rachel, 9 is an 8th grader at Cavallini Middle School Her interests include tennis, reading, and dogs. “I would like to become a veterinarian. I’m very excited to be considered a grown up! I am helping in the library of my school to re-catalog lost books and reorganize the genocide section.”



Allison LaCorte – May 14, 2022

Lives in Suffern, New York. Parents, Mother, Stacy, Father, Dagan, Sister, Rachel, 16 is a 7th grader at Suffern Middle School Her interests include field hockey, baking, and swimming. “I’d like to be an orthodontist. I am excited to be called to the Torah as a Bat Mitzvah and share what I learned. I am delighted to be helping the Sloatsburg Food Pantry by collecting and distributing children’s books to spread the joy of reading.”



Elan Berin – May 21, 2022

Lives in Upper Saddle River, New Jersey. Mother, Inna, Father, Igor, Brother, Jacob, 14, Sister, Ellie, 9. is a 7th grader at Cavallini Middle School His interests include playing soccer and watching Dallas Cowboys football. “I would like to have a successful career in business or law. I am excited about becoming a Jewish man! I help kids with autism and I spend quality time with the elderly, doing various activities with both groups.”



Charlie Reissman – May 28, 2022

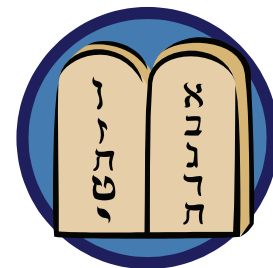
Lives in Woodcliff Lake, New Jersey. Mother, Lisa, Father, Jon, Brother, Dylan, 17, and Sister, Jordana, 15 is a 7th grader at Woodcliff Middle School Her interests include soccer, basketball, and concerts. “I want to be a teacher or therapist (psychologist). I am excited to celebrate my Bat Mitzvah with my friends and family. I participated in Friendship Circle and helped seniors bake challahs and made candles with them. I also helped food shop and do other things for a senior citizen the past two years during Covid. We went to her house weekly and helped her with whatever she needed.”



Maya Fox – June 4, 2022

Lives in Upper Saddle River, New Jersey. Mother, Erica, Father, Josh, Brother, Justin, 16 is a 7th grader at Cavallini Middle School Her interests include gymnastics and camp. “I hope to have a successful and happy life. I’m proud of all that I’ve learned and accomplished. It’s the end of an era and I am looking forward to it! I’m creating snack packs and meals for the homeless in Newark through WGTNJ.”

...will be called to the Torah...



Dylan Strauss – June 11, 2022

Lives in Upper Saddle River, New Jersey. Mother, Katie, Father, Marc, Brother, Tyler, 11 is a 7th grader at Cavallini Middle School His interests include sports, friends, and video games. “I would like to be a sports broadcaster someday. I am honored to become a Bar Mitzvah. I am helping families with care and housing when their kids are in the hospital.”



Carter Weeks – June 25, 2022

Lives in Suffern, New York. Mother, Dana, Father, Martin, Brother, Jordan, 9 is a 7th grader at Suffern Middle School His interests include basketball, video games, jiu jitsu, and hiking. “I would like to play college basketball, and earn a black belt. I’m delighted to be welcomed into the Jewish community. I helped at Soup Angels in Nyack, serving food to the homeless.”



Allison Levy – June 18, 2022

Lives in Suffern, New York. Mother, Monica, Father, Stephen is a 7th grader at Suffern Middle School Her interests include track, tennis, reading, and writing. “I would like to become a lawyer. I am very excited to become an adult member of the wonderful Jewish community here at Beth Haverim Shir Shalom. I plan to help out at Sunrise Assisted Living in Montvale. I want to be able to help people.”



Samuel Lasman-Kluger – June 26, 2022

Lives in Airmont, New York. Mother, Cynthia Lasman, Father, Michael Kluger, Sister, Leena, 11, Brother, Myles, 8 is a 7th grader at Suffern Middle School His interests include books, BFDI, Dungeons and Dragons, Science, Math, and screen time. “I would like to be a middle school math teacher or a voice actor. I feel nervous. I would like having fun with my mom and siblings.”

Candlelighting times:



5/6/22 – K’doshim 7:40 pm
5/13/22 – Emor 7:47 pm
5/20/22 – B’har 7:54 pm
5/27/22 – B’chukotai 8:00 pm
6/3/22 – B’midbar 8:05 pm
6/10/22 – Naso 8:10 pm
6/17/22 – B’haalot’cha 8:13 pm
6/24/22 – Sh’lach L’cha 8:14 pm

7/1/22 – Korach 8:14 pm
7/8/22 – Chukat 8:12 pm
7/15/22 – Balak 8:09 pm
7/22/22 – Pinchas 8:04 pm
7/29/22 – Matot-Masei 7:57 pm
8/5/22 – D’varim 7:49 pm
8/12/22 – Va’etchanan 7:41 pm
8/29/22 – Eikev 7:31 pm



May Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
9 am 6th trad & FS 11:30 am Torah Study	4:15 pm grades K 1 2 3 6:45 pm Kadimah	4:15 pm grades 4 & 5	4 pm Remote Class 7:30 pm Adult Choir 7:30 pm Torah Stories via Zoom		5 pm Tot Shabbat 6:30 pm Tefilot	K'doshim 10 am Danielle Kissin
8	9	10	11	12	13	14
		7:30 pm Exec Comm. Mtg. 7:30 pm MMG Mtg.	7:30 pm Adult Choir		6:30 pm Tefilot Sisterhood Shabbat	Emor 10 am Allison LaCorte
15	16	17	18	19	20	21
1 pm Library Book & A Bagel		7:30 pm Annual Mtg. Board Mtg.	7:30 pm Adult Choir		6:30 pm Tefilot Teacher Appreciation	B'har 10 am Elan Berin
22	23	24	25	26	27	28
12 pm BHSS Family Day Stronger Together		7:30 pm Music Comm. Mtg.	7:30 pm Adult Choir		6:30 pm Tefilot	B'chukotai 10 am Charlie Reissman
29	30	31				
	Office Closed					

June Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			7:30 pm Adult Choir 7:30 pm Torah Stories via Zoom		5 pm Tot Shabbat 6:30 pm Tefilot	B'midbar 10 am Maya Fox 7 pm Erev Shavuot Confirmation w/ Nefesh Mountain
5	6	7	8	9	10	11
10 am Shavuot Yizkor/Festival Service			7:30 pm Adult Choir		6:30 pm Tefilot Pride Shabbat	Naso 10 am Dylan Strauss
12	13	14	15	16	17	18
	6:30 pm Sisterhood Installation Dinner (Offsite)	7:30 pm Exec Comm. Mtg. 7:30 pm MMG Mtg.	7:30 pm Adult Choir		6:30 pm Tefilot Brotherhood/ Social Action Shabbat	B'ha-a lot'cha 10 am Allison Levy Brotherhood @ The Boulders Game
19	20	21	22	23	24	25
		7:30 pm Board Mtg.	7:30 pm Adult Choir		6:30 pm Tefilot	Sh'lach L'cha 10 am Carter Weeks
26	27	28	29	30		
10 am Samuel Lasman-Kluger		7:30 pm Music Comm. Mtg.	7:30 pm Adult Choir			



A NIGHT TO REMEMBER... NEFESH MOUNTAIN COMES TO BHSS
 Saturday, June 4

Nefesh Mountain is a band whose music combines bluegrass and Jewish musical styles, often sung in Hebrew...American Songwriter calls Nefesh Mountain's music, "arguably some of the best bluegrass ever made... forging new paths in the grand ol' world of bluegrass."

**Join us at 6:30 pm to
 celebrate Shavuot and the
 Confirmation class of 5782**

**Noah Brown
 Hana Hayes
 Annabel Theodore**



TRADITION AND CULTURE

Shavuot

Saturday, June 4 - Monday, June 6

Shavuot commemorates the anniversary of the day God gave the Torah to the entire Israelite nation that was assembled at Mount Sinai. This holiday is one of the *Shalosh Regalim*, the three Biblical pilgrimage festivals (Sukkot and Passover being the other two), in which all Jewish men would go to Jerusalem and bring their first fruits as offerings to God.

Shavuot also marks the conclusion of the counting of the Omer, which begins on the second day of Passover and ends on the 50th day, which is Shavuot. The idea of counting each day represents the spiritual preparation and anticipation for the giving of the Torah, around the same time as Shavuot. A publication from the 13th century Spain, *Sefer Ha Chinuch*, states that the Israelites were only freed from Egypt at Passover in order to receive the Torah at Sinai. Thus, the counting of the Omer demonstrates how much a Jew desires to accept the Torah in their own life. The commandment for counting the Omer is recorded within the Torah in Leviticus 23:9-21.

5 names for Shavuot:

- *Chag HaShavuot* (celebration of the weeks- 7 weeks between Pesach and Shavuot)
- *Chag HaKatsir* (the Harvest Festival)
- *Yom HaBikkurim* (the day of the first fruits)
- *Atzeret* (the conclusion)
- *Z'man Matan Torateinu* (the times of the giving of our Torah)

When the Jewish people left Egypt, after 230 years of cruel slavery, they were elated. However, soon they wondered, "What do we do now"? Seven weeks later, when the Jewish people were given their Torah, which created our sense of Nationhood, we had our map/compass. Shavuot represents the enrichment of our physical freedom given in the Exodus.

Why do we eat dairy on Shavuot?

Various reasons for this tradition have been offered, but many link it to the fact that the kosher laws were handed down on Shavuot, and the ancient Israelites, finding that their meat was no longer kosher, ate dairy foods instead.

Customs:

- Stay up all night learning Torah
- Wake up early to pray in the morning
- Eat at least one dairy meal
- Study the book of Ruth
- Hear the reading of the 10 commandments at synagogue

Oasis Garden

The Tradition and Culture Committee celebrated Tu Bishvat this year by planting trees in Israel, and then turning locally to lend support in our community.

We are working with Oasis: A Haven for Women and Children in Paterson, New Jersey, a wonderful organization that BHSS supports in many ways. This spring we will be teaching the women and children of Oasis how to prepare, grow, and harvest a garden and then join in the bounty at the Oasis kitchen and dining room.

If you are interested in joining us in this initiative there are many ways that you can help:

- Join us on Saturday May 7 at Oasis in Paterson when we will kick off the planting of the garden
- Assist the women at Oasis throughout the season with help maintaining the garden
- Be a sponsor:
 - Your donation of \$18 will help fund the plants, herbs, vegetables, and supplies for the garden.
 - Sponsor an entire bed of plants in the Garden. Your \$54 donation will make this yours for the season. You get to pick what to grow and then share it with the Oasis women.
- Please see the bulletin board on the wall in the classroom entrance of BHSS for the form and directions. You can also call the office at 201 512 1983 to make your donation

Please contact Ritch Yanowitz
at ritchyano@gmail.com or at
917-213-7300 for any questions

For more information on Oasis please
go to www.oasisnj.org



Good & Welfare

from and for the congregation

Condolences to:

Roberta Alter, on the death of her husband, Miles Alter
Bob Anesetti, on the death of his brother, Kevin Anesetti
Tara Leibman, on the death of her uncle, Danny Stettin
Lori Yanowitz, on the death of her uncle,
Lawrence Allen Poley

Mazel Tov to:

Lisa and Ken Glick on the marriage of their daughter,
Michelle Glick, M.D. to Dr. Gary Graca

Gail and Daryl Spencer on the marriage
of their son, Eddie to Sarah Mereby

Arlene and Rich Mandel on the birth of their
granddaughter, Grace Walsh, born to their
daughter and son-in-law, Allison and Ken

R'fuah Sh'leimah
(For a full and speedy recovery)

Ed Vogel
Stu Turner

Welcome New Members:

Craig & Nora Rose and family, River Vale, NJ

Best of Luck to:

Marilyn Taylor for her move to Massachusetts!

A note from Marilyn:

*"I moved to Massachusetts in April to be with my family.
I want to thank everyone for the friendship and camaraderie
since 1982. I am 45 minutes from Boston, and look
forward to visitors. My phone numbers remain the same.
You can get my address by contacting the temple office."*

Mazel Tov to our B'nai Mitzvah class of 2021-2022/5782

Corey Begleiter
Jason Lieberman
Henry Weiner
Cora Einhorn
Jack Fein
Nicole Levinson
Charlotte Barbach
Laila Graham-Bialer
Benjamin Shamosh
Joshua Heffernan
Matthew Schlosser
Theo Leibman
Jillian Bruckner

Daniel Cohen
Dara Kotz
Jason Weintraub
Danielle Kissin
Allison LaCorte
Elan Berin
Charlie Reissman
Maya Fox
Dylan Strauss
Allison Levy
Carter Weeks
Sam Lasman-Kluger

And the Adult B'not Mitzvah:

Shana Brown
Cindy Buchalter
Lynne Feldman
Mona Sussman

Mazal Tov to the Confirmation Class of 5782:

Noah Brown
Hana Hayes
Annabel Theodore

Mazel Tov to our Kadimah Graduates:

Elizabeth Taub
Tai Weiss

**And to all of our BHSS High School
and College Graduates!**

Thank you to:

Meri Senchak for creating beautiful bimah
baskets for us throughout the year!

Outdoors!

*Forget your troubles...
C'mon get happy!
And...Join BHSS on*

Family Fun Day

Sunday, May 22

(rain date June 12)

Festivities begin at 12pm

Entertainment!

featuring the music of NRG

Food Trucks!

featuring Callahan's, Rolling Pita & Sweet Ice Queen

Games!

Everyone welcome !



Adults \$18/pp

Kids under 18/free

RSVP no later than May 9

BROTHERHOOD

Hope you all had a *Zissen Pesach*!

Sisterhood had a Seder with no meal and Brotherhood had a meal with no Seder! Our Men's seder had 13 attendees, and we enjoyed a couple of hours of conversation, and question cards corresponding to the order of the seder!

April also brought us the first ever "Stay-Treat" with a lot of fun chugim (workshops) and time spent with other humans in person! Brotherhood sponsored a successful fire pit with s'mores.

There is much happening in the world around us, and Brotherhood is here to support every effort and every initiative set forth by BHSS and our community. Remember that joining together and increasing our numbers also amplifies our voices and unifies us. It is so important to get together as we make a difference.

Let's look ahead to some dates of upcoming events:

- **May 19** – Brotherhood Lag BaOmer dinner, location TBD.
- **May 22** – Brotherhood Raps returns! 9:30 AM at Panera in Ramsey
- **June 12** – Mahwah Pride Day 4 – 6 PM – BHSS will have a table there
- **June 17** – Brotherhood/Social Action Shabbat
- **June 18** – Brotherhood suite at the New York Boulders
- **July 21** – Brotherhood Dinner, location TBD
- **July 24** – Brotherhood Raps – 9:30 AM at Panera in Ramsey
- **August 18** – Brotherhood Dinner, location TBD
- **August 21** – Brotherhood Raps – 9:30 AM at Panera in Ramsey

L'Shalom!

BHSS GUN VIOLENCE PREVENTION TASK FORCE

Start with Shalom!



Last spring BHSS established a Gun Violence Prevention group to look at ways that we could make a difference in this area. This

year, the focus has been narrowed down to working with an organization called Sandy Hook Promise, which grew out of the tragedy of the mass shooting at Sandy Hook Elementary School on December 14, 2012. *More information about the organization can be found at Sandyhookpromise.org.*

In March, we started teaching kids in the religious school **Start with Shalom!** which is our take on the Start with Hello program taught by the Sandy Hook Promise. Start with Hello teaches students to be more socially inclusive and connected with each other through a curriculum of different activities including presentations, videos, and group activities. It has been designed for kids K-12 with different activities for K-5, and 6-12. The main premise of this program is broken down into 3 simple steps:

1. **See Someone Alone** - learn how to recognize the signs of loneliness and social isolation
2. **Reach Out and Help** - Find out what you can do to help others feel included
3. **Start With Hello** (Shalom in our BHSS community!) Discover how to break the ice and strike up a conversation

We held two 20-minute sessions in this year's religious school and the BHSS Gun Violence Prevention Group will meet this summer to determine the curriculum for next year. Many thanks to our classroom educator volunteers – Mona Sussman, Erica Fields, Linda Ellman Schwartz, Faith Kaufman, Allison Berwitz, Lynne Feldman, Marni Hirschorn, and Lori Yanowitz. Our goal is to continue to teach inclusivity and how to form a community of empathetic kids that are not afraid to help others feel included...and yes, it Starts with Shalom!

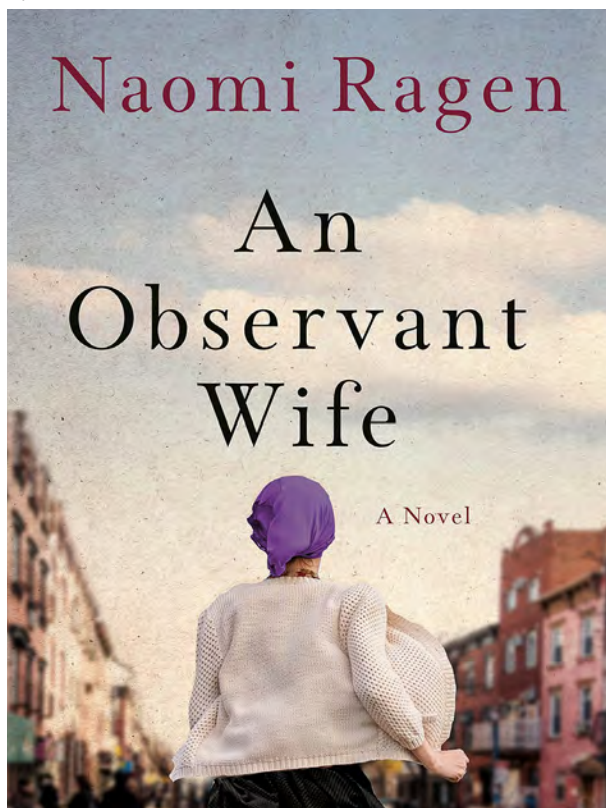
Want to know more and/or help us with the program next year? Write to us at ritchiano@gmail.com or marnihirschorn@gmail.com.

Thank you,
Marni Hirschorn and Ritch Yanowitz

FROM THE SIFRYAH

When the Library Committee finds a good read... they want to share it with the rest of us!

An Observant Wife is recommended
by Sue-Ellen Johnson.



“In this rich and compassionate novel, *An Observant Wife*, Naomi Ragen continues the love story between newly observant California-girl Leah and ultra-Orthodox widower Yaakov.

From the joy of their wedding day surrounded by supportive friends and family, Yaakov and Leah are soon plunged into the complex reality of their new lives together as Yaakov leaves his beloved yeshiva to work in the city, and Leah confronts the often agonizing restrictions imposed by religious laws governing even the most intimate moments of their married lives. Adding to their difficulties is the hostility of some in the community who continue to view Leah as a dangerous interloper, questioning her sincerity and adherence to religious laws and spreading outrageous rumors.

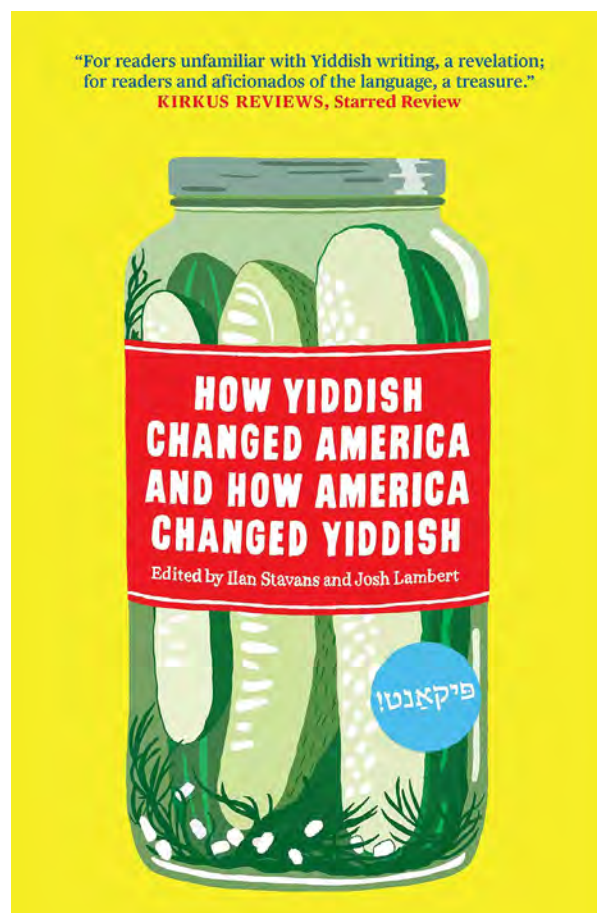
In the midst of their heartfelt attempts to reach a balance between their human needs and their spiritual obligations, the discovery of a secret, forbidden relationship between troubled teenage daughter Shaindele and a local boy precipitates a maelstrom of life-changing consequences for all.”

Book and (no) Bagel

Sunday, May 15 at 1:00 p.m. at BHSS

We hope you'll join us for the Library Committee's next Book and (no) Bagel at BHSS. The book to be discussed is, *How Yiddish Changed America and How America Changed Yiddish*, edited by Ilan Stavans and Josh Lambert. It's fascinating that Yiddish, a language without a country, has become a mainstay in the American lexicon. This book is so rich in culture and tradition, it will bring you lots of *nachas*! We suggest the entire book, but the selection we will be discussing are:

- The Triangle Shirtwaist Fire p. 52;
- Shopping for Yiddish in Boro Park p. 103;
- Carp, Rugelach, Egg Creams p. 149;
- Yiddish Hollywood p. 363



Birthdays



*Duke Crockford
Benjamin Dworkin
Zachary Flanz
Spencer Greene
Alexis Harris
Benjamin Hirsch
Lily Jackter
Allison LaCorte
Linda Lenchner
Sasha Melman
Simone Melman
Charlie Reissman
Ryan Root
Jordana Slackman
Dylan Strauss*

BHSS YOUTH GROUPS



Hi everyone! Can you believe we're already nearing the end of the school year?

Huge thank you to the Senior Youth Group and Brotherhood for putting on an amazing Purim Carnival in March - it was a total blast!

We also want to recognize the Senior Youth Group for their incredible work on the Creative Service. It was a great start to the congregational StayTreat and who wouldn't love jamming out with Jewish YouTube star, Michelle Citrin?

We hope to see you at our End-of-Year events! Stay tuned for more information about these and elections. Look in your email, the temple newsletters and on social media!

Now, please enjoy the BHSSTY creation by our wonderful graduating senior, Tai Weiss! We will miss you, Tai, and wish you the best of luck in your next chapter at the College of Charleston!

BHSSTY BOARD SPOTLIGHT

Hello everyone! My name is Hannah Altman, and this is my first year being on the Youth Group board! So far this year, it has been such a fun experience opening up my current friendships, and even making new ones across different grades! Being in charge of social media has been such a fun time. The Purim Carnival was one of the many highlights! I got to see everybody's amazing costumes and take fun pictures of them! I'm very excited to continue participating in the Youth Group and making more memories.

**- Hannah Altman, BHSSTY
Communications Vice President**

B is for Best of times.

H is for Haverim and House of friends.

S is for Special Social action programs.

S is for Super memorable programs with a Spectacular group of people.

T is for Temple Community filled with love and acceptance.

Y is for Youth Group Rocks!

As always, if you have any event ideas or just want to chat, you can reach us at bhssyouth@gmail.com.

Wishing everyone a happy, healthy and safe summer!
Rebeca and Samantha

MICHELLE MITZVAH GROUP

PLEASE CONSIDER SUPPORTING/BECOMING INVOLVED IN THE MICHELLE MITZVAH GROUP SO WE CAN CONTINUE TO HELP YOUNG PEOPLE – BOTH AT HOME WITHIN OUR CONGREGATION AND IN THE GREATER COMMUNITY

Two years ago, the Michelle Mitzvah Group established the Michelle Mitzvah Group Scholarship Endowment in Memory of Jase Barrack at Ramapo College. The scholarship is named after Jase Barrack, a 21-year-old member of our BHSS community and son of our beloved Lisa Barrack, who passed away in May 2019.

Earlier this year, the Michelle Mitzvah Group fulfilled the financial requirement, completing the third, and final installment. This secures a lasting legacy to Jase and Michelle while helping the next generation fulfill their dreams.

The first recipient received their scholarship last May. Right, is the thank you letter provided to the Michelle Mitzvah Group.

For more information about the Michelle Mitzvah Group, please reach out to Steve Simon at steveoum@verizon.net or 201-788-6755.



SISTERHOOD

“Sister: someone who listens when you talk, laughs when you laugh, and holds your hand when you cry.”

We’ve come to the end of another Sisterhood year, and what a year it has been! As we step carefully toward our “new normal,” Sisterhood has walked the path along with our BHSS family. Over the year, we’ve had wonderful virtual events, such as our bottle-lamp decorating and virtual Pocketbook Bingo. In the last few months, we began to gather again in person, as we celebrated Hanukkah outdoors (yes, in December!) and held the Miriam Seder in person for the first time in two years. We enjoyed an outdoor Havdalah and wine tasting; and wound up the year with our annual Installation Dinner at Marcello’s in Suffern, where we thanked our outgoing board members, and welcomed the new. We hope you were with us for some or all of these wonderful events.

We are proud that at each of our events, we participate in our mission to heal the world, by contributing to those in

need in our community. We sponsor clothing drives for OASIS, and support the local food pantries. And Sisterhood continues to serve BHSS’s needs, by sponsoring camperships for congregation kids each year, and recognizing each Bar and Bat Mitzvah child.

Yes, Sisterhood’s about friendship and support, but it’s also about service and giving back. We are as strong as our members - and strong women are one of BHSS’s greatest strengths!

When you receive your membership renewal packets soon, please be sure to join Sisterhood - for the fun and for the work at hand. Together, we can do anything!

Thank you so much to all our members and supporters this year. Have a wonderful summer, and see you soon!

Lisa and Beth

Contributions

Rabbi's Discretionary Fund

thank you for the honor of reading at Shabbat services
- Janet & Ron Javer

in honor of Matthew's Bar Mitzvah with appreciation
- Gail & Al Schlosser
- Julia & Jonathan Schlosser

in memory of Lawrence Allen Poley
- Lori & Ritch Yanowitz
- Claire Orshalick

with thanks for everything!
- Sherri & Ron Nahum
- Helene Yagoda

Educator's Discretionary Fund

in honor of Matthew's Bar Mitzvah with appreciation
- Gail & Al Schlosser
- Julia & Jonathan Schlosser

Life Fund

in memory of Seymour Oventhal - Joanne Oventhal

in honor of the adult B'not Mitzvah class: Shana Brown, Cindy Buchalter, Lynne Feldman, and Mona Sussman - Mazel Tov! - Lynn & Michael Zall

to Roberta Alter, in memory of Miles Alter
- Sheila & Larry Groskin

to Mona Sussman- Mazel Tov Mona,
We're so proud of you!
- Love The Zoomies, Carol, Fran, Marilyn,
Karen, Rosemarie, Sue & Ruth

in memory of my sister, Elyse Weisser
- Carole Goodman

to Bob and Pearl Meyers, in memory
of your son, Howard Meyers
- Elyse Victor Berman & Joe Berman
- Leslie & Howie Kirzner

in memory of grandmother, Betty Schott
and uncle, Hans Juan Lowenstein
- Sheri & Allan Schott

in loving memory of Ava Gottlieb
- Dara & Brandon Gottlieb

in memory of Marc's mother, Lynda Harris
- Robyn & Marc Harris

in memory of Essie Greenzweig
- Marilyn Haberman & family

to Howie Weiner, in memory of Sally Weiner
- Jean & Tom Morris

in honor of our new granddaughter, Grace Diane Walsh
- Arlene & Rich Mandel

in memory of Sheila Levitt Estrin - Lisa Estrin

in memory of Irwin Orshalick - Lori & Ritch Yanowitz
- Claire Orshalick

in memory of Israel Charne and Walter Hartwich
- Karen & George Charne

Michelle Mitzvah Fund

- Anonymous Donations
- Steve Simon

in honor of the adult B'not Mitzvah Class:
Lynne Feldman, Mona Sussman, Shana Brown and Cindy Buchalter- Mazel Tov - Marilyn Taylor

Center for Food Action in Mahwah

in honor of **Jillian Bruckner** becoming a Bat Mitzvah
in honor of **Theo Leibman** becoming a Bat Mitzvah
in honor of the Adult B'not Mitzvah class: **Shana Brown, Cindy Buchalter, Lynne Feldman, and Mona Sussman**
in honor of **Dara Kotz** becoming a Bat Mitzvah

Ramapo Bergen Animal Refuge

in honor of **Matthew Schlosser** becoming a Bar Mitzvah
in honor of **Danielle Kissin** becoming a Bat Mitzvah
in honor of **Elan Berin** becoming a Bar Mitzvah
in honor of **Daniel Cohen** becoming a Bar Mitzvah

SOCIAL ACTION

The warmth of spring and summer has finally arrived and with it BHSS Social Action has been actively planning its upcoming events and initiatives.

PLEASE JOIN US!

- We will continue to advocate for gun violence prevention in our schools and other public venues along with our fellow congregational stakeholders. N.Y. State Senator Elijah Reichlin-Melnick has graciously agreed to join and help us.
- The BHSS garden was tilled, cleaned up, and planted in mid-April. Like last year, its fruitful produce will be donated to the Soup Kitchen at Suffern's Christ Episcopal Church, as well the Center for Food Action in Mahwah. We are seeking volunteers for the season, as well as individuals or committees to "adopt and tend" a bed in the garden. Please contact Jill Blum at riley0404@gmail.com or anyone listed below for further information.
- The BHSS Youth Group is holding a congregational blood drive and Social Action will be helping them. A future date will be determined.
- The Township of Mahwah is holding its second annual Pride Day celebration on Sunday, June 12, from 4:00-6:00 p.m. at Commodore Perry field. BHSS Social Action will have a table set up with relevant displays and games for the kids. Volunteers are needed for scheduled work shifts and we would like to see a good turnout from our fellow congregants.
- On Friday evening, June 17, Social Action will be joining the BHSS Brotherhood in its annual Shabbat service. We will be praying for and reading selections about our world's refugee populations, notably the Ukrainians. We hope to have an inspirational speaker knowledgeable about Ukraine who can further inform and call us all to action.
- Finally, as a September kick-off event prior to the High Holidays, we hope to hold a book discussion whose main theme is social justice and whose content is written by notable and familiar rabbis. Watch for further details.

PLEASE, FELLOW *CHAVERIM*, do not hesitate to contact any or all of us with your questions. We welcome and greatly value everyone's input.

Have a healthy, happy, and safe spring and summer!

Jonathan Theodore - theodore.central@gmail.com

Lisa Estrin- lbestrin@aol.com

Lisa Glick - lisarglick@gmail.com

Committee's general email: bhsssocialaction@gmail.com



Torah Stories

Wednesday, May 4 at 7:30 pm via Zoom
Yom Ha'atzmaut...
Israel Independence Day

YOM HAATZMAUT
ISRAEL'S INDEPENDENCE DAY

How many years is Israel independent? Why and how did they declare independence? How is it celebrated in Israel? Please join us via Zoom for the answers to these questions and more.

Wednesday, June 1 at 7:30 pm via Zoom
The Book of Ruth

The Book of Ruth is a piece of literature over 2000 years old that explores the themes of loyalty and obedience, among others. Please join us via Zoom as Dr. Rena Bacon leads a discussion around the story's main themes and their continued relevance.



The Book of Ruth

May Yahrzeits

GEORGE ADLMAN	ELSIE FREEMAN	JUDY MAY	CARLYN SCHER
CINDY ALLMAN	DAVID GOLDMAN	FRANK NATHANSON	SIMON SEIDNER
STANLEY AXELROD	DIANA GORDON	SCOTT NEWHOUSE	DOROTHY SELIGMAN
JASE BARRACK	NATALIE GORDON	HELEN OSHEROWITZ	DAVID JOSEPH SIEGEL
JOEL BERKOWITZ	JESSE HERSHMAN	DOROTHY OZAROFF	HYMAN SMITH
MOLLIE BLACKMAN	ERWIN HITTMAN	NORMA PALANT	SOPHIE SQUIRES
RON BRABEC	LENA ISRAEL	MITCHELL PARISER	MARION STANSFIELD
DENISE BROWN	LOIS JAFFE	IRVING PESIN	DAVID STEINMAN
RAFAEL CHMIELEWSKI	SARAH "SUE" KIRZNER	FRANCES ROSE	RABBI MILTON WEINBERG
RUCHLA LENA CHMIELEWSKI	STEVEN KOMINSKY	LEE ROSEN	JULIUS WEISSER
ALICE COLE	BLANCHE LAMBERT	JOSEPH ROTHENBUCHER	MICHAEL WEISNER
ISABELLA LEAH DEBETHENCOURT	MARILYN LASS	JOHN ROTHMAN	HARRY YAGODA
GREGORY DUCHARME	PAUL LEVITT	MAZAL RUDACH	SEYMOUR YANOWITZ
ARTHUR FASSLER	JEANETTE LICHTER	HERBERT SAKOW	ROSE ZAHM
BENJAMIN FINN	MITCHELL LICHTMAN	SAMUEL "LANE" SAYLES	MAX ZUKOF
	JOAN LITTMAN		

June Yahrzeits

RUTH ABNER	DOROTHY FINN	ROBERT KOPELMAN	EDWARD ROTH
JOSE AMARAL	ANDREW FISHER	SIMA KRIEGLER	PAULA SCHECTER
SUSAN ARKAWY	SADIE GETTLEMAN	LEON LEDER	LYLE SCHLUSSEL
JERROLD ARONS	RHEA GOLDFARB	SAUL LESSEN	JANICE SCHWARTZ
RUTH BAUM	HARRIET GORDON	BERTHA LIPSKER	FRAYDA FAY LEVY SEIF
IRVING BEDELL	FRANCES GROSSMAN	MELVIN LISK	MARTIN SHAMUS
BARBARA BERDON	SOL HEILBRAUN	ALLEN MAY	THEODORE SIEGEL
PEARL BERGER	EDNA HOMNICK	STEVEN MERMELSTEIN	JOAN SPEER
RUTH BUCKLER	FRED HYMAN	HELEN MILES	RALPH SUESKIND
ESTHER CITRIN	HOWARD ISRAEL	SADIE MILLER	KATHERINE TOWELL
HARRY COHEN	MAURICE SONNY ISRAEL	FRANK NATHANSON	MORRIS TREPPER
JUDITH BERNSTEIN COHEN	SCOTT JOSEPH	KATE NEUMANN	BARNEY VICTOR
ESTHER COLE	LORE KAHN	ALLEN NUDELMAN	AUDREY WEINBERG
BLANCHE CRAMER	JANICE KAMM	JOSEPH NURNBERG	HAROLD WEINBERG
LARRY ELKINS	SIMON KASPER	PHOEBE PEISTER	IRVING WEISS
CHARLES FEIN	MURRAY KAUFMAN	STEPHEN RIPPS	GITTY WIDMAN
HAROLD FELDMAN	WALTER KAUFMAN	LANNY ROOT	CHARLES WISEMAN
		EDITH ROTH	GILBERT WUNSCH

July Yahrzeits

SHIRLEY ANESETTI	JEROME JOHNSON	SOLOMON NAHUM	ALEKSANDER SHLAHET
BRIAN BANDREMER	DANA KANTOR	MILTON NOVOK	JULIUS SHMARUK
DAVID BERMAN	ROMOLA KAPLAN	BEN RICE	MARTHA SILVERMAN
JILL BERNSTEIN	ALAN KARASIK	DAVID ROBBINS	RUTH SILVERMAN
FERN BRUCKNER	RONALD KERN	ANNE ROBINOVITZ	PHILIP SIMON
RITA COHEN	PHILIP LACHER	CHARLES ROMANO	MILDRED SITOMER
CHARLES COLE	HAROLD LANDAU	JEROME ROOT	LOIS STARTZ
LEATRICE ERLMAN	NATHAN LANDAU	MORRIS ROTH	MILTON STARTZ
SEYMOUR FRIEDMAN	RONALD LANDAU	JEANETTE SAIFF	ARTHUR STERNBERG
PHILIP GORDON	REBA LEVY	CHARLES SANKEL	VERNON TAYLOR
MILTON GRALLA	MILLIE MARKS	JOHN SCHIAVO	DAVID TEICHMAN
BARBARA GREENBLATT	HARRY MEYERS	SUSAN SCHLUSSEL	ROBERT TOWELL
SAMUEL GREENE	IDA MEYERS	WERNER SCHOTT	PAUL WEISKOPF
THOMAS GROSSMAN	MAX MILLER	JOYCE SCHULMAN	FRED WICHLER
MENDE JAFFE	FRED MOSER	BLANCHE SEIDNER	RAMZA WORM
		ESTHER SENZEL	

August Yahrzeits

JERALD AFIR-HEFFLER	IRVING FRANK	JULIA KLEIN	INGE OELBAUM
MEYER ALPERT	ETHEL FREEMAN	ADA KOHLREITER	ROBERT OELBAUM
SAUNDRA ARONS	HARRY FREEMAN	MORRIS KOHLREITER	BRAD PERLSTEIN
DAVID ATLAS	EVAN GARBUS	SANDRA KOPELMAN	ETHEL PESIN
EDWARD BARBACH	MAC GELFENBEIN	KEN KRESCH	SONDRA RITCHIN
BEN BENDALIN	RYNA GERBER	MARILYN KRICHMAR	BETTY SANKEL
ARON BERGRYN	MICHAEL SCOTT	NATHAN LAMBERT	SYLVIA SCHWARTZMAN
ABRAHAM BERKOWITZ	GORDON	ALAN LEFKOWITZ	SOLOMON SHERMAN
JACKLYN BOFFORD	INGA GRANT	MARILYN LERNER	IRA SIEGEL
JACK BRODY	VERSTANDIG	MICHAEL LIPSKER	FRANCES SPIELBERG
HARRY BYALICK	JULIAN HAUSER	MARIE LIPSON	FRANK THEODORE
DAVID COHEN	ROSLYN HESS	EDITH LUCKOM	THOMAS TOWELL
VICTOR COOPER	PHYLLIS HYMOWITZ	TOM MCVEIGH	OTTO TUTEUR
ELLEN ESTRIN	BENJAMIN ISRAEL	MARK MENDELSON	HAROLD WEINSTEIN
CHRISTOPHER FIELDS	SUSAN IVES	JAMES MINTY	MORRIS WEISBERGER
ERIC FIELDS	LEE JOHNSON	DEBBIE MOSES	STANLEY WELLS
SOL FISHKIN	MERYLE KAPLAN	GEORGE MOSS	SOL WEXLER
FREDERICK FLISSER	BENJAMIN KASSOVER	HANS NEUMANN	

Birthdays



August

Arden Barron

Ellie Berin

Lyla Berry

Hannah Cohen

Lillian Corsaro

Aidan Defrino

Mason Defrino

Sydney Flanz

Abigail Ginsberg

Hannah Ginsberg

Mason Morris

Emily Nanus

Brooke Reissman

Cayla Slackman

Hudson Smith

Emma Somberg

Harrison Sugalski

Sloane Tell

Drew Tetefsky

Zoe Viesel

Sienna Zweig

Anonymous Name



Famous Deeds

*BHSS thanks our
anonymous donor who once
again made so much possible
this year. Your commitment
to mitzvot is remarkable.*

NOTES FROM MUSIC

Hello everyone!

Music is heard throughout BHSS these days. We hope you have been able to enjoy some of the programs. And now, our beloved choir is again able to rehearse in person! Here is your chance to join in the fun – and NO previous experience or knowledge of Hebrew is required. Contact Michelle in the synagogue office for details.

We would love to have you join us!

The committee continues to meet via Zoom on Tuesdays at 7:30 p.m. during May and June, and then we'll be off for the summer. I am available any time to chat if you have an idea about programming or a question.

Email me at niberger@aol.com and I will send you the invitation link.

*Musically yours,
Nora Berger*

Meet the Member Congregational stories

This is the first in a series of articles that will be featured in future editions of Temple Topics. Each month a congregant will write about how they became involved at Beth Haverim Shir Shalom. We hope you enjoy learning about your fellow members' individual stories.



When my son, Sam, who is about to be 24 years old, became a Bar Mitzvah in May 2011, it was a time to reflect on my membership at BHSS and where I now wanted to go. When Sam was born, I knew I was going to belong to the Reform Temple of Suffern, where my aunt and uncle, Sherry and Paul Levitt, belonged. It was a small, *haimish* synagogue that I knew fit my Jewish identity. We went to Bagels and Blocks for toddlers, because I wanted my son to feel part of this Jewish community. When we merged with Beth Haverim I was carpooling for religious school, attending holiday events and preparing for Sam's Bar Mitzvah. That was one of a few family events that took place at BHSS...along with a cousin's baby naming and my uncle's funeral. Whether they were for happy or sad occasions, I realized the importance of having a community, and that community was BHSS.

But after Sam's Bar Mitzvah, I came to a crossroads...do I stay a member, only going to High Holiday services, or do I get involved? I had no clue how to become involved. As a clinical social worker, Social Action seemed to fit my interests the most. I found out when the meeting was and I went. I met new people, got to know our rabbi and the work he was doing. He had me and others conducting "one to ones" - meeting with individual members to find out what is important to them. This is how I met many other congregants including one who turned out to also be a clinical social worker and is now a close colleague. When the rabbi became involved with gun violence prevention, I jumped at the chance to get involved. Jonathan Theodore, Jane Young and countless others went to

meetings in Trenton, and worked to make a change.

Then, our interim rabbi introduced me to *Mussar*, and invited me to lead a class. *Mussar* is a way of looking at our personality traits through a Jewish lens, and it still means so much to me today.

Lauren Theodore then invited me to join her at Sisterhood meetings. This was several years ago, and now I am a co-president of Sisterhood! I found a community of women who define the term "Sisters". When someone is sick or in need of assistance, Sisterhood is there. We sponsor wonderful programs that I love and that help to raise funds for BHSS.

Aside from Sisterhood, I also co-chair the Social Action committee, and am a member of the choir. Once I made the decision to get involved...I was all in!

I love and am proud of my involvement at BHSS. I have made friends that have become my chosen family here. You can start slowly with something that strikes a chord...it is your community. Recently, I went to the prayer vigil for Ukraine where Rabbi Ilana spoke and led prayer. I was proud to see our rabbi up there with so many of our congregants praying together for peace. I love our community!!

Lisa Estrin

CARING COMMITTEE

The Caring Committee has been hard at work tending to our congregants' needs. We wish to thank all those who contribute to this committee whether you donate your time or your culinary talents. The recipients of your efforts and generosity are always so very grateful.

If you are interested in getting involved, there are many ways to volunteer, whether it be cooking a meal, donating restaurant gift cards, or making a phone call to a congregant

in need. You would be surprised at how much you get back from devoting a little time to call and check in on someone who is not feeling well or who is simply lonely.

If you need the services of the Caring Committee or if you wish to join or volunteer, please contact

Audrey Flynn (ablandau@aol.com) or
Laura Miller (mlctsmiller@verizon.net).

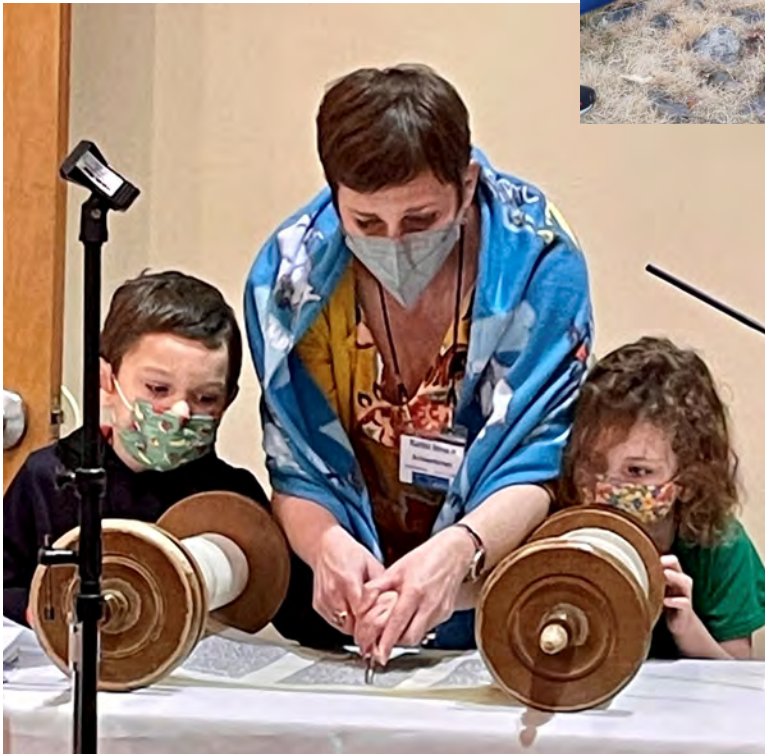


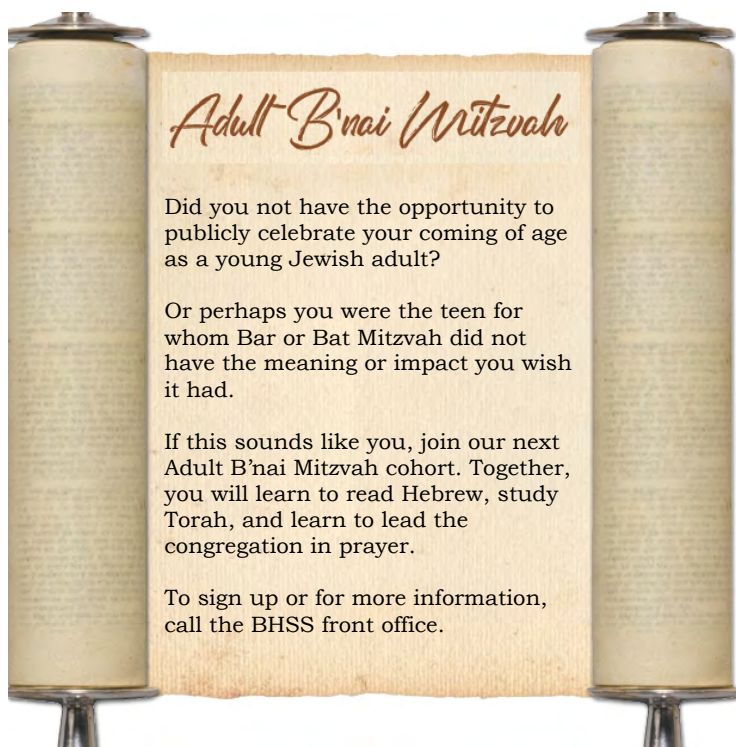
STAY-TREAT 2022

#ThisIsUsBHSS

From Friday night with the Youth Group and Michelle Citrin leading us, through a Saturday of prayer, creativity, laughter, and learning, we had a blast!







Participating in adult choir is a great way to connect with fellow congregants as well as your own spirituality. You don't need to have any musical background, just a will to learn... and sing!

We are looking for new voices to join choir. Our rehearsals are every Wednesday from 7:30-9 pm.

If interested, please contact Michelle (former choir member!) at the temple office.



Spring has sprung, and that means we are ready to open the BHSS Community Garden!

It doesn't matter if you have a green thumb or not...if you love working with your hands, and getting a little dirty while enjoying the great outdoors...we want you!

You can have a piece of the garden for your very own! You can join for the season, own a bed, and manage it. Or join our Garden Community as a scheduled volunteer; helping out with spring cleaning and/or as a scheduled part time volunteer. Part time scheduled volunteers will help out this summer watering, weeding, planting, harvesting, and/or delivering produce. Whatever you want to do...your help will be greatly appreciated.

We usually plant a variety of vegetables and herbs, with the "owner" of a bed choosing what to plant. Our community garden has been able to provide bushels of fresh produce for the food insecure...often the only produce they eat!

The spring cleanup has already begun, so don't delay. For more information or to join, contact Jill Blum at riley0404@gmail.com.

I hope you will join our group this season, we always have lots of fun and exercise!!

*Warm regards,
Jill*

Beth Haverim Shir Shalom

Pride Shabbat

Friday, June 10 at 6:30 pm



Please join us for Pride Shabbat as we celebrate the LGBTQ community.

Our time together will be inclusive, warm and welcoming.



A SPECIAL *Sisterhood Shabbat*

Friday, May 13, 6:30 PM

Brotherhood/ Social Action Shabbat



Teacher Appreciation Shabbat

Friday, May 20
6:30 p.m. - Outdoors
(weather permitting)

**Join Us to Thank and Celebrate
our Religious School Staff!**

Teachers:

Rebeca Berger
Tiffany Cohen
Stacey Coyne
Eli Katriel
Jane Koch
Sammi Lamster
Laura Miller
Samantha Spencer
Stacey Swirnow

Morei Derech:

Hannah Altman
Jacob Berin
Adam Buchalter
Cora Einhorn
Gabi Heffernan
Danielle Kissin
Brian Ritchin
Annabel Theodore
Leah Wolf

Prominent
Properties

Sotheby's
INTERNATIONAL REALTY

#1 Luxury Real Estate Brand



Marketing New Jersey Real Estate at the Highest Level™

DANIEL "DANNY" KAHN

Broker Associate REALTOR®

c. 201.230.6467 o. 201.825.3600

daniel.kahn@sothebysrealty.com

152 W. Saddle River Road

Saddle River, NJ 07458

prominentproperties.com

15 Offices Serving Northern
and Central New Jersey



Each franchise is independently owned and operated.



**16 Wayne Avenue
Suffern, NY 10901
(845) 368-0040**

www.202collision.com



Daryl Greene - Owner

****Lifetime Guarantee** **Free Estimates** **24 Hour Towing** **All Insurance Companies Accepted****

****State of the Art Equipment** **Repair All Makes & Models** **Rental/Loaner Cars Available****

**\$100 OFF ANY JOB OVER \$1,000
WHEN YOU MENTION THIS AD**

NOT TO BE COMBINED WITH ANY OTHER OFFER

**\$250 OFF ANY JOB OVER \$5,000
WHEN YOU MENTION THIS AD**

NOT TO BE COMBINED WITH ANY OTHER OFFER

— DANIEL FAMILY — CHIROPRACTIC

DR. MARC DANIEL • DR. JOSH DANIEL

WWW.DANIELFAMILYCHIROPRACTIC.COM

EMAIL: STAFF@DANIELFAMILYCHIROPRACTIC.COM

65 N. FRANKLIN TURNPIKE, RAMSEY, NJ 07446

OFFICE: (201)934-1166 | FAX: (201)934-8170

LAW OFFICE OF JEFFREY S. LIPKIN

- General Litigation
- Business Disputes
- Employment Disputes
- Landlord-Tenant Disputes
- Real Estate Disputes
- Municipal Court
- Medical Malpractice
- Insurance Claims
- Partnership Disputes
- Contract Drafting and Disputes
- Commercial Litigation/Collection
- Bad Neighbor Disputes
- Personal Injury
- Products Liability

• 20 years of "big firm" experience at affordable rates

1000 C Lake St., Ramsey, NJ • (201) 962-3876

www.jefflipkinlaw.com

PLACE YOUR AD HERE

CONTACT
IRIS GREENBERG
AT 201-512-1983
FOR DETAILS



- Graduated First in Class at Columbia Dental School
- Modern, Comfortable, Relaxed Atmosphere
- Experienced, Helpful, Friendly Staff
- 3D Digital Scanner - No Goopy Impressions
- Digital X-Rays
- 24/7 Access to your Patient Information with a Personal Login through our Website

Gwen Cohen, DDS

Specialist in Orthodontics for Children and Adults

Dr. Cohen has been in practice for over 20 years and is continually voted a Top Dentist by NJ Monthly magazine, 201 Health Magazine and TopDocs magazine. She is also a VIP Diamond Plus and Top 1% Invisalign Provider.



NJ Top Dentists
A Division of NJ Top Docs
New Jersey's Total Healthcare Resource



156 Ramapo Valley Road, Mahwah, NJ | 201-828-9188 | www.cohenortho.com

Worship Schedule

**STARTING MAY 6, SHABBAT SERVICES WILL BE HELD
OUTDOORS AT BHSS AT 6:30PM WEATHER PERMITTING**

IF SERVICES ARE MOVED INDOORS, YOU WILL BE NOTIFIED

Friday, May 6	5:00 pm	Tot Shabbat
	6:30 pm	Shabbat Evening Services - <i>Birthdays in May will be celebrated</i>
Saturday, May 7	10:00 am	Bat Mitzvah of Danielle Kissin
Friday, May 13	6:30 pm	Shabbat Evening Services - Sisterhood Shabbat
Saturday, May 14	10:00 am	Bat Mitzvah of Allison LaCorte
Friday, May 20	6:30 pm	Shabbat Evening Services - Teacher Appreciation Shabbat
Saturday, May 21	10:00 am	Bar Mitzvah of Elan Berin
Friday, May 27	6:30 pm	Shabbat Evening Services
Saturday, May 28	10:00 am	Bat Mitzvah of Charlie Reissman
Friday, June 3	5:00 pm	Tot Shabbat
	6:30 pm	Shabbat Evening Services - <i>Birthdays in June will be celebrated</i>
Saturday, June 4	10:00 am	Bat Mitzvah of Maya Fox
	6:30 pm	Confirmation/Shavuot Services – special guest Nefesh Mountain
Sunday, June 5	10:00 am	Shavuot Festival/Yizkor Service
Friday, June 10	6:30 pm	Shabbat Evening Services – Pride Shabbat
Saturday June 11	10:00 am	Bar Mitzvah of Dylan Strauss
Friday, June 17	6:30 pm	Shabbat Evening Services – Brotherhood/Social Action Shabbat
Saturday, June 18	10:00 am	Bat Mitzvah of Allison Levy
Friday, June 24	6:30 pm	Shabbat Evening Services
Saturday, June 25	10:00 am	Bar Mitzvah of Carter Weeks
Sunday, June 26	10:00 am	Bar Mitzvah of Sam Lasman-Kluger

FRIDAY SUMMER WORSHIP SCHEDULE

Friday, July 1	5:00 pm	Tot Shabbat
Friday, July 1	6:30 pm	Shabbat Evening Services- <i>Birthdays in July will be celebrated</i>
July 8, 15, 22, and 29	6:30 pm	Shabbat Evening Services
Friday, August 5	5:00 pm	Tot Shabbat
Friday, August 5	6:30 pm	Shabbat Evening Services- <i>Birthdays in August will be celebrated</i>
August 12, 19, and 26	6:30 pm	Shabbat Evening Services

BETH HAVERIM SHIR SHALOM
280 RAMAPO VALLEY ROAD
MAHWAH, NJ 07430

Rabbi Ilana Schwartzman
Rebecca McVeigh, Director of Education

Sessions of School:

Sunday, May 1
Monday, May 2
Tuesday, May 3
Wednesday, May 4

Office Closed:

May 30



To do in May and June

- *Join Rabbi Ilana for Torah Study on May 1 at 11:30 am via Zoom*
- *Explore the tales of the Torah with Torah Stories on Wednesdays, May 4 and June 1 via Zoom*
- *Have a fun Shabbat with the little ones at Tot Shabbat on Fridays, May 6, June 3, July 1 and August 5 at 5:00 pm at BHSS*
- *Celebrate Sisterhood with Sisterhood Shabbat on Friday, May 13 at 6:30 pm at BHSS*
- *Schmooze with the Library Committee's Book and (no) Bagel - "How Yiddish Changed America and America Changed Yiddish" - Sunday, May 15 at 1:00 pm at BHSS*
- *Help celebrate our Religious School teachers with Teacher Appreciation Shabbat on Friday, May 20 at 6:30 pm*
- *Spend the afternoon outdoors at the BHSS Family Fun Day - Sunday May 22 at 12:00 pm outdoors at BHSS*
- *Celebrate Shavuot and our Confirmation class on Saturday, June 4 with a special performance by Jewish bluegrass band Nefesh Mountain!*
- *Attend the Shavuot Festival/Yizkor Service on Sunday, June 5 at 10:00 am at BHSS*
- *Sisterhood will be holding their Installation Dinner on Monday, June 13 at 6:30 pm*
- *Join Brotherhood and the Social Action Committee as they led Shabbat services on Friday, June 17 at 6:30 pm at BHSS*
- *Step up to the plate at the Annual Brotherhood Boulders game on Saturday, June 18*