TEVET/SHEVAT/ADAR 5782



Rabbi Ilana's Message

A Patch in the Tuchas

I laughed out loud when I read the Hebrew because a more accurate translation might say, "Rabbi Simon would say, 'You do not have a single plant without a heavenly constellation that smacks it, saying to it, 'Grow.'" Far from the beautiful whisper of encouragement of one who is just short of divine, here we have fate slapping the flora, daring it to be more. I supposed I laugh because there are certainly many ways to encourage growth. Perhaps for some, it is through a gentle whisper and for others, it's a good *patch* in the *tuchas*.

full article on page 3

President's Message

To us and our good fortune. Be happy! Be Healthy! Long life!

...Matt and I got a redo when we were honored to be the designated wedding couple as part of religious school, where this year's curriculum focuses on Jewish life cycle events. And so it was that on the seventeenth day of Kislev, in the year 5782 (can you tell we are also studying calendars in Family School?), Matt Cole and Jen Cole commemorated their commitment to each other in the BHSS sanctuary.

full article on page 2

Director of Education

Winter is...coming here?

This is the edition of *Temple Topics* where we talk about the inclement weather we may or may not have - eventually, and how you can find out if school is canceled. So, here it is... That being said, let's hope for a mild winter or, at the very least, snowfalls that help us decide definitively one way or the other.

full article on page 4

B'NAI MITZVAH

January 29 Matthew Schlosser

THINGS TO DO:

more info on back cover and throughout

- Torah Stories All new!
- Tot Shabbat
- Torah Study with Rabbi Ilana
- Shabbat Sh'happy
- Healing Service
- Shabbat Shirah
- Tu BiShvat
- BHSS and JCO's Challah Bake







President's Message

Jen Cole

To us and our good fortune. Be happy! Be Healthy! Long life!

To us and our good fortune.

Be happy! Be Healthy! Long life!

And if our good fortune never comes,

Here's to whatever comes...

On Sunday morning, August 20, 1995, Jennifer Goldberg wed Matthew Cole. We entered marriage from different backgrounds, yet neither had an affiliation with a faith community or what could be described as firm beliefs or practices. That said, we did not want a purely "civil" service. Despite our lack of religion, we nevertheless wanted our union to feel sacred. We also wanted to be inclusive and respectful of our respective families and upbringings.

We ultimately chose an officiant from the advertisements in the back of a bridal magazine. She is a lovely woman, an ordained minister, Jewish herself (which was comforting to my family). She sat with us in her wooded home one evening, and together we designed a meaningful, if noncommittal ceremony that covered all the proverbial bases.

We walked down the aisle to a flutist's rendition of a Grateful Dead song, the lyrics of which ("If I had a song to sing, I'd sing it to you, long as you live...") appear in calligraphy on our ketubah (more artistic than kosher). We stood beneath a makeshift chuppah (or so I thought, until I recently looked closely at the photographs and realized we were more in front of it than under, due to the arch's inability to sufficiently accommodate our stature). We expressed vows, exchanged rings and read what we believed to be a Native American prayer. The blessing's indigenous nature has since been debunked (it was actually written by a Western novelist and later popularized in a Jimmy Stewart movie) but its sentiment remains ("Now you are two persons, but there is only one life before you..."). Matt stomped on a glass, we kissed, someone yelled "L'Chaim" and it all felt very official.

Several years later, friends who were seeking to craft a more individualized, interfaith service (and could not find a rabbi that was willing to participate), asked for our officiant's contact information. A quick google search revealed that while she was still conducting weddings, our minister had expanded her services and was primarily working as...wait for it...A PET PSYCHIC!

The jokes rightfully ensued. To this day my boys relay the narrative of how their mother chose their father based on the



fact that he was tall and had air conditioning, and that we were married by a medium for dogs.

If you are wondering why I am sharing this, last month Matt and I got a redo when we were honored to be the designated wedding couple as part of religious school, where this year's curriculum focuses on Jewish life cycle events. And so it was that on the seventeenth day of Kislev, in the year 5782 (can you tell we are also studying calendars in Family School?), Matt Cole and Jen Cole commemorated their commitment to each other in the BHSS sanctuary.

Our second wedding included something old (us!), something new (a simple gold band for me, after my original, less traditional ring was misplaced as it long ago ceased to fit comfortably), something borrowed (a veil from Lori Yanowitz) and something blue (our jeans). We had beautiful music and walked down the aisle to *Erev Shel Shoshanim* played by Jane Koch, the words of which are remarkably similar to our original selection (*"Let me whisper a song for you slowly, a song of love..."*). Our guests included mostly 5th and 6th graders, some of whom joined us under the chuppah and offered the seven blessings in English after Rabbi Ilana beautifully chanted them in Hebrew.

A Patch in the Tuchas

Rabbi's Reflections

Rabbi Ilana Schwartzman



I was reminded recently of a quote often attributed to the Talmud: "Every blade of grass has its angel that bends over it and whispers, 'Grow, grow." It's a beautiful quote, emphasizing how much encouragement every living thing needs, and of the spiritual elements rooting (pun intended!) for our success and progress. Still, I am often suspicious of textual quotes without definitive citations. I looked up this lovely sentiment, and, sure enough, it is not 100% accurate.

First, the citation is from *Midrash Rabba*, *Bereshit Rabba* 10:6, an important Jewish text, but not the Talmud. Second the translation is creative. I always tell my students that all translation is interpretation, but this is pushing it. For this quote, the original text reads:

*

אָמַר רַבִּי סִימוֹן אֵין לְךָ כָּל עֵשֶׂב וְעֵשֶׂב, שֶׂאֵין

לוֹ מַזָּל בָּרָקִיעַ שֶׂמַכָּה אוֹתוֹ, וְאוֹמֵר לוֹ גְּדַל

*<</td>

I laughed out loud when I read the Hebrew because a more accurate translation might be, "Rabbi Simon would say, 'You do not have a single plant without a heavenly constellation that smacks it, saying to it, 'Grow.'" Far from the beautiful whisper of encouragement of one who is just short of divine, here we have fate slapping the flora, daring it to be more. I supposed I laugh because there are certainly many ways to encourage growth. Perhaps for some, it is through a gentle whisper and for others, it's a good *patch* in the *tuchas*.

I like to think that the person who re-translated the text for merchandising understood that many people think they need nurturing rather than prodding. It's only when people really get to know each other that they really understand what motivates them. That understanding requires relationship.

I hold an abiding belief that relationships are at the center of a good life. All of us need some time alone, but it is only through community that we affect good and lasting change in the world, and—just as atoms are the building blocks of matter—relationships are the building blocks of community.

So often when I see people at the synagogue, our conversations are the

parentheses to a committee meeting or service. Now that so much of what we do has shifted to an online venue, the time we get to tend to our relationships is in shared virtual company, shortened because we don't get to walk to our vehicles together, or challenging because so much of our focus is spent on technical details. I try to be on every Zoom 15 minutes early to greet people, check in, and share. Even so, I've noticed we're not getting the quality of interaction we want, but we need it more than ever. How can we understand the needs of those around us without the time to understand their nuances?

Part of what BHSS provides is moments of connection, allowing us insight into ourselves and each other. For a moment, I want to share the voice of the whispering angel to thank and encourage all our BHSS community does. Thanks to everyone who planned, hosted, and showed up for any or all of the 8 nights of Hanukkah. Thanks to the ongoing efforts of the choir to bind soul to soul through song. Thanks to our parents, students, and teachers who stretch their creative and logistic muscles to make sure that Jewish Education continues to thrive. Thanks to the committee members and chairs who meet, plan, and act. Thanks to the friends who check in with each other, the service-goers, the volunteers, the encouragers, and the participants. Ever role and every person is vital.

If you are the kind of person who gets their motivation a different way, through a challenge or some other means, I will stop short of "smacking" you through *Temple Topics*. Instead, I will invite you to connect more deeply so that you can get what you need to push you forward. One way I would love to engage with you is through conversation. Please reach out in a moment of need, a moment of joy, or a moment of opportunity. This is your reminder that I'm here at the synagogue, looking forward to hearing from you.



From The Educator

Rebecca Bernstein McVeigh

This is the edition of *Temple Topics* where we talk about the inclement weather we may or may not have - eventually, and how you can find out if school is canceled. So, here it is: we will post a notice on the front page of our website, there will be an outgoing message on the school's voice mailbox, a notification will go up on cancellations.com (where you can

also sign up for email alerts) and we will send emails to the address we have on file for your family. I will also post on Facebook – both on the private parents' page (have you joined yet?) and on the BHSS main page. If you happen to drive to our building, you will see signs on the front and side doors announcing that there is no school. And if you registered at Remind.com you'll receive a notification.

If you feel that the weather conditions where you are may be too dangerous to travel in, even if we have not cancelled school, then let us know that you are not venturing out. We will make our best attempt to decide in time for you to plan – by 1 p.m. on a Monday or Tuesday, or by 9 p.m. the Saturday night before Sunday morning classes.

That being said, let's hope for a mild winter or, at the very least, snowfalls that help us decide definitively one way or the other.

As we greet a new secular year, thank you to all the parents who have filled out health forms each week, who have come to the building in all kinds of weather so that your children do not venture out into our busy parking lot, who make sure our students are at BHSS or online in time for Bar Mitzvah lessons and private Hebrew sessions, and who continue to support the work that we do.







Continued from page 2

Stacey Coyne had our Family School class design a beautiful ketubah which included wishes from our fellow students ("We wish you a home filled with learning, laughter and compassion") and was signed by witnesses Lauren Einhorn and Elliot Feldman. The height of the canopy, if you are wondering, was more than sufficient, as the poles were previously elongated to accommodate another tall couple (I have since learned from my Sisterhood Kindness match Sheryl Rappaport, that her husband Ira originally built the structure for their synagogue nuptials in 2000). This time around, we were blessed to have our children present to hold the poles. We even had a photographer and videographer (Thank you McVeighs!) to capture the event.

I posted pictures on social media and they were quite the hit, along with the obligatory trending hashtags that I admittedly spent way too much time composing (my favorites include #MattAndJenWedAgain and #TheColesDoubleTiedTheKnot).

We simultaneously delighted, confused and disappointed our followers. Most offered heartfelt congratulations, yet others asked if their invitation got lost in the mail. To my chagrin, there was no registry.

This time around, we did not have Matt "veil" me, because a quarter of a century later there is little need for modesty nor to confirm my identity. We are also not naive enough to even wish that the broken glass, as one of the many interpretations explains, will be the worst *tzuris* in our lives. Similarly, when we drank from the kiddush cup, we did not have to speculate if we would be blessed, as the song goes, with good fortune. We already have been, many times over.

What we know now, that we did not know then, is that one of our many blessings would be a *kehilah kedoshah*, our synagogue community, with whom we could share all of it.

Here's to whatever comes...

TRADITION AND CULTURE

Tu BiShvat: The New Year of the Trees

(Rosh Hashanah L'Ilanot)

Tu BiShvat, also known as the Birthday of the Trees, is celebrated this year beginning on Sunday evening, January 16. It is a holiday that reminds us of our connection to the earth, as we celebrate the yearly cycle for the growth of trees in Israel.

Tu BiShvat is one of four New Years mentioned in the Mishnah. In the Middle Ages, it was made to be a celebration resembling Passover. Both Ashkenazi and Sephardi communities celebrated by gathering at a home, which would be decorated with a white table cloth, candles and the holiday foods. Passages from the Talmud that related to plants and agriculture were read. Four glasses of wine would be drunk, each one accompanied by a fruit, nut or other item representing the land of Israel.

Today, we celebrate by caring for nature. For example, we can plant trees at home or in Israel, grow an herb garden or take on a cleanup campaign in our community. We will be planting seeds for a vegetable garden this spring at Oasis – A Haven for Women & Children in Paterson, NJ.

Traditionally on *Tu BiShvat* we eat foods that come from the earth, including wheat, barley (bread), grapes, figs, pomegranates, olives, apples, almonds and pears.



Tu BiShvat is a good time to remember that it is our earth to care for... and to celebrate.

Tradition & Culture has a lot of great things in the works. Updates will be on the congregational weekly emails. Make sure to check it out!

PLANT A TREE FOR TU BISHVAT



Planting trees is a beautiful way to show you care. The Jewish National Fund has been planting trees in Israel for over a century. It connects us to the land, it celebrates our joys and it literally plants a stake of hope and optimism in the future of Israel.

Every tree planted through JNF comes with a certificate of your choice, mailed to the recipient with your personal message.

There's no better time than Tu BiShvat to plant a tree in Israel!

For more information, go to the
Jewish National Fund at
https://usa.jnf.org/jnf-tree-planting-center/

BETH HAVERIM SHIR SHALOM 2021-2022

201-512-1983

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Rabbi Ilana Schwartzman	
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rabbischwartzman@gmail.com

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		7	
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Social	Action, Jonathan Theodore	917-531-0043	bhsssocialaction@gmail.com
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Tradi	tion & Culture, Marin Greene	201-725-7343	marinrene@aol.com
Youth	Group, Tai Weiss	201-446-0526	taiweiss56@gmail.com
Youth	Group, Leah Wolf	845-537-9929	555law555@gmail.com



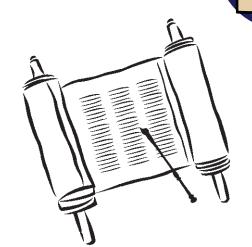
Madison Dworkin Abby Fein Hailey Feldman Lindsay Goldstein Shelby Greene Noa Kaufman Samone Kaufman Samantha Kotz Leena Lasman Emily Smith Avery Spektor Jeffrey Waldbaum Lucas Weiner

February

Ella Arum Harry Barron Gilana Brandman Samuel Cohen William Franklin Charlotte Geller Tyler Grossman Dara Kotz Samuel Lasman Cody Levine Sean Levinson Jaye Evelyn Mendel Ava Rozenblat Reid Sendroff

...will be called to the Torah...

Matthew Schlosser January 29, 2022



"Whoever saves a single life...it is as if that person had saved an entire world..."

Mishnah Sanhedrin 4:5, 37A

If you are blood type O and 18–59 years old, you could save a BHSS member's life.

Could you be a hero?

Call or email the BHSS front office for more information.

Candlelighting times:



1/7/22 – Bo 4:27 pm 1/14/22 – B'shalach 4:34 pm

1/21/22 - Yitro 4:42 pm

1/28/22 - Mishpatim 4:51 pm

2/4/22 - T'rumah 4:59 pm

2/11/22 - T'tzaveh 5:08 pm

2/18/22 - Ki Tisa 5:16 pm

2/25/22 – Vayacheil 5:25 pm



January Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
						Va'eira
2	3	4	5	6	7	8
No School	No School	No School	No School 7:30 pm Adult Choir 7:30 pm Torah Stories via Zoom		5 pm Tot Shabbat 6:30 pm Tefilot	Во
9	10	11	12	13	14	15
9 am 6th trad & FS 11:30 am Torah Study 7:30 pm Healing Svc via Zoom	4:15 pm grades K 1 2 3 6:45 pm PJ Remote Kadimah	4:15 pm grades 4 & 5 7:30 pm Exec. Comm. Mtg. 7:30 pm MMG Mtg.	4 pm Remote Class 7:30 pm Adult Choir		7:30 pm Tefilot Shabbat Shirah	B'shallach
16	17	18	19	20	21	22
No School	No School	4:15 pm grades 4 & 5 7:30 pm Board Mtg.	4 pm Remote Class 7:30 pm Adult Choir 7:30 pm GVP via Zoom		730 pm Tefilot	Yitro
23	24	25	26	27	28	29
9 am 6th trad & FS 11:30 am Torah Study	4:15 pm grades K 1 2 3 6:45 pm Kadimah	4:15 pm grades 4 & 5 7:30 pm Music Comm. Mtg.	4 pm Remote Class 6:30 pm Challah Bake		7:30 pm Tefilot	Mishpatim Bar Mitzvah of Matthew Schlosser
30	31					
9 am 6th trad & FS 11:30 am Torah Study	4:15 pm grades K 1 2 3 6:45 pm Kadimah					

February Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		4:15 pm grades 4 & 5	4 pm Remote Class 7:30 pm Adult Choir 7:30 pm Torah Stories via Zoom		5 pm Tot Shabbat 6:30 pm Tefilot	T'rumah
6	7	8	9	10	11	12
9 am 6th trad & FS 11:30 am Torah Study	4:15 pm grades K 1 2 3 6:45 pm PJ Remote Kadimah	4:15 pm grades 4 & 5 7:30 pm Exec Comm. Mtg. 7:30 pm MMG Mtg.	4 pm Remote Class 7:30 pm Adult Choir		7:30 pm Tefilot	T'tzaveh
13	14	15	16	17	18	19
9 am 6th trad & FS 11:30 am Torah Study	4:15 pm grades K 1 2 3 6:45 pm Kadimah	4:15 pm grades 4 & 5 7:30 pm Board Mtg.	4 pm Remote Class 7:30 pm Adult Choir 7:30 pm GVP via Zoom		7:30 pm Tefilot	Ki Tisa
20	21	22	23	24	25	26
No School	No School	No School 7:30 pm Music Comm. Mtg.	No School 7:30 pm Adult Choir		7:30 pm Tefilot	Vayacheil
27	28					
9 am 6th trad & FS 11:30 am Torah Study	4:15 pm grades K 1 2 3 6:45 pm Kadimah					

Eternal Lights 2021

An amazing evening of fun laughter, all while supporting BHSS. A beautiful venue, wonderful food and the warmth of friends new and old.

For 23 years Eternal Lights has helped to support all of our friends at our sacred synagogue. Whether it is for programming, education or assistance to those less fortunate, Eternal Lights ensures that everyone who wants to be a part of our Jewish community can be. This was the largest Eternal Lights event we have ever had, with 96 guests attending. We raised over \$19,000 making it over \$400,000 to date.

Our heartfelt thanks to all who supported Eternal Lights this year and in the past. It is because of all of you that our Eternal Lights continues to shine.

Your hosts,

Deborah & Jeff Klein Marci & Harvey Weinberg Jann & Marc Reissman Alexia & Elliott Feldman

Eternal Lights Benefactors:

GOLD

Alison & Norman Axelrod **JOE BERMAN** LILIYA & MARC BURSHTEYN ROBIN & BARRY CASSELL **IEN & MATT COLE** Dara & Christine Diamond Alexia & Elliott Feldman Renee & Gary Garbus DEBORAH & JEFF KLEIN IEN KRAFT RICH & ARLENE MANDEL PHIL Moss IANN & MARC REISSMAN SAM REINER ROBBY & EDDIE SAIFF RUTH & STU TURNER Gail & Ranan Wichler Lori & Ritch Yanowitz Marci & Harvey Weinberg

SILVER

Sheila & Larry Groskin Sue-Ellen Johnson Candy & Mike Kassover Gretchen & Eric Melman

BRONZE

Sydelle & David Aarons JENNIFER ALTMAN ROBYN & DAVID BARRON Jessica & Garret Bedrin IILL BEHAR Allison Berwitz Laurie & Marc Daniel Lauren & Jason Dworkin Susie Fein SHERYL & JOEL IVES FAITH KAUFMAN Donna & Adam Kotz LISA LAMSTER Milana & Barry Lieberman IEN & RON MANDLER LESLIE SAPIENZA Roni & Andy Silver **JUDY TEICH & LOIS SCHWARTZ** Lauren & Jonathan Theodore Lynn & Michael Zall KATHY & HOWARD ZUKOF LINDA & ED VOGEL Shari & Ryan Lederman LISA ESTRIN CAROLYN & SCOTT SPUNGIN Marni Steinberg & JOAQUIN RODRIGUEZ Marni & Paul Hirschorn Melissa & Erb Cooper

JENA & ROB TELL

FRIENDS OF ETERNAL LIGHTS

Maxine & Howard Abner Linda & David Schwartz Ilyse & Floyd Smith Rebecca & Rod McVeigh Marin & Daryl Greene





















SOCIAL ACTION

Shalom everyone at BHSS and a happy and healthy 2022 to everyone! Even though the days are shorter and colder, BHSS's Social Action Committee has been cooking up a selection of warm programs for everyone!

Last mid-December 2021, Ruth and Stu Turner and Jadyn Turner helped us implement a writing campaign to prominent New York State legislators who are advocates for the passage of Alyssa's Law as it has been passed in New Jersey and Florida. If passed in New York State, this law would call for the installation in every New York public school of silent panic alarm buttons linked to local law enforcement agencies. That way the police could get to the shooting scene as quickly as possible, mitigate a threat, and triage any victims. A group of volunteers from Social Action and other BHSS committees wrote and sent out 150 postcards to relevant influencers who could help pass the law. These included State Senator Elijah Reichlin, who will speak to our group on January 4 about the progress of legislating this important law.

Our second outreach initiative will be to the ultra-Orthodox

Jewish community in our midst and how we can learn more about and subsequently support each other. Lisa Estrin connected with "Footsteps", an organization supporting those who have chosen to leave this community. It suggested we all read Shulum Di's memoir "My Unorthodox Life."

Finally, to follow up our participation in Mahwah's Pride Festival last August, we will continue our outreach to the LGBTQ communities in Rockland and Bergen Counties and to those who approached us to become involved in our synagogue community.

We always welcome new members and ideas, so please don't hesitate to contact us and to participate in our monthly Zoom meetings (for now) held on the last Tuesday evening of every month.

Best wishes,

Co-Chairperson Jonathan A. Theodore (917) 531-0043 Co-Chairperson Lisa B Estrin (201) 745-2423 Vice Chairperson Lisa Glick (201) 819-9148

NOTES FROM MUSIC

Hello everyone!

I hope you noticed our Choir Flyer in the BHSS weekly newsletter asking for new singers. All are welcome, and knowledge of Hebrew is not required. Music has always been important to our congregation and what would our services be without our choir? Please contact Michelle Sherry in the office for more information and to sign up.

I also invite you to attend services on **January 14, 2022** to celebrate **Shabbat Shirah**, when we read the Song of the Sea. This is the Shabbat when BHSS traditionally honors the choir and recognizes all the effort they put in throughout the year.

Please look for details for our annual **Music Movie Night** to benefit the Center for Food Action. The date, the movie, and the venue will be announced in the BHSS weekly newsletter.

Our meetings are always on the fourth Tuesday of each month at 7:30 p.m. We are meeting via Zoom so if you would like to see what we are all about, email me at niberger@aol.com and I will send you the invitation link.



BHSS GUN VIOLENCE PREVENTION TASK FORCE

TAKE ACTION, NOT SIDES

New Jersey Gov. Phil Murphy recently urged state lawmakers to pass stricter gun violence prevention legislation before the current legislative session ends in January. The BHSS Gun Violence Prevention Committee is initiating a postcard-writing campaign to help get this New Jersey legislation passed, and we have made it easy for all New Jersey residents to participate, as well as New Yorkers who are encouraged to spread the word to their New Jersey friends!

Here is how you can help get Governor Murphy's gun safety bills passed in the current legislative session.

• Send each legislator in your district (three legislators) a postcard, **pre-printed with addresses and provided by our committee**, telling them you support these bills and you are counting on them to vote yes.

DIRECTIONS FOR HOW TO PARTICIPATE IN THE POSTCARD WRITING CAMPAIGN:

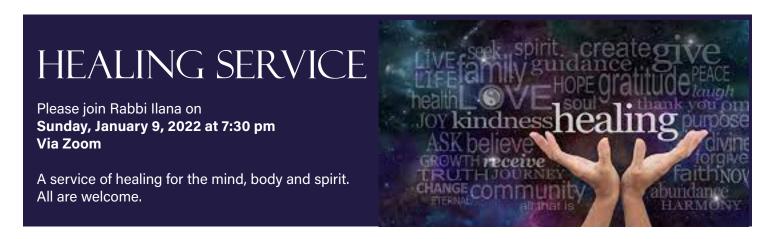
- Pick up your postcards (3 total) at the BHSS office we will provide the correct postcards for your district
- Fill in the return address with your home address
- Write on the postcard: I am counting on you to vote 'yes' on Governor Murphy's gun violence prevention bills. Thank you for your support.
- Print and sign your name
- Return postcards to BHSS office, or to Ritch Yanowitz's mailbox located at 41 Deerfield Road, Wyckoff, the office will post and send.

PLEASE RETURN THE POSTCARDS BY JANUARY 4 AT THE LATEST

Please see below for a summary of these bills

- Ensuring Firearms are Handled Safely
 - Requiring Firearm Safety Training
 - Mandating Safe Storage of Firearms
- Making New Jersey Safer
 - Banning .50 Caliber Firearms
 - Closing Loophole for Importing Out-of-State Firearms.
- Giving Law Enforcement the Tools to Address Gun Violence
 - Establishing Electronic Ammunition Sales Recordkeeping
 - Promoting Microstamping Technology
- Additional Actions
 - Regulating School Shooting Drills.
 - Holding the Gun Industry Accountable

If you have questions or comments, please contact Ritch Yanowitz at ritchyano@gmail.com or at (917) 213-7300.



BROTHERHOOD

At the end of November, BHSS Brotherhood lost another one of our own. We know that you join us in bidding farewell to our friend and brother, Abe Holtzman. Abe was a fixture at the Brotherhood for many years, rarely missing a Thursday night dinner or Sunday Raps, happily sharing his political views and engaging in debate.

Abe was a truly decent and good person. He had a love of learning, of education, of Judaism and truly loved his family, his friends and his community. May Abe Holtzman rest in peace, and may his memory always be for a blessing.

In December, Brotherhood had their annual Chanukah party at Allendale Bar and Grill. We haven't had one of these in over two years, so it was nice to get out again and see some new faces, as well as some of our existing friends. We don't have any set events yet for the upcoming year, but we will keep everyone up to date on what we are doing. We hope to have one dinner on the third Thursday of every month, and a breakfast on the third Sunday of every month. And also we are planning a roster of events, old and new.

We welcome our newest members, and invite everyone to check us out, come out, meet us and enjoy our company. We are BHSS Brotherhood, changing the world one mitzvah at a time

L'Shalom

Sincerely,

The Legion of Past Presidents and our Treasurer for Life

SISTERHOOD

"I love my husband, but it is nothing like a conversation with a woman that understands you. I grow so much from those conversations." – Beyonce

Welcome to 2022! Dare we hope that this will be the year we get back to "normal"? Much has changed for all of us—but some things remain a constant. Not long ago, the New York Times reported that women believe they can count on their friends to come through for them no matter what they may be struggling with in their lives. We are each other's support systems, shoulders to cry on, secret-keepers, listening ears and best friends. Female friends can understand you in ways men may not. Developing strong and healthy female friendships is something all women can benefit from.

Throughout the past difficult couple of years, and continuing now in this time of uncertainty, when we feel we can count on nothing, we can count on each other. This is Sisterhood at its best and BHSS's Sisterhood is a shining example. Our Sisterhood Chanukah parties have long been the stuff of legend. When the pandemic hit last year, we found ourselves, like everyone else, "on pause". We were determined that we wouldn't let 2021 end without a chance to celebrate together. So, on December 4 we gathered together to share potluck

appetizers, dinner and drinks (hot mulled wine, anyone?) at an inside and outside party. We gathered in the kitchen and in the backyard around a blazing fire pit (thanks, Bill Pearlman!) for laughter, conversation and s'mores! It may have been dark and December-y but that night was all about warmth and fun.

Sisterhood will be back over the next months with more opportunities to connect and relate with one another. Events to look forward to include our traditional **Miriam Seder** (more about that next time) and – are you ready for it? – the return of the **Dine-Around**! There will also be an outdoor wine tasting event in the spring. Watch your weekly emails for dates, times and information, and sign up as soon as you can. Many other events are in the planning stages, and we are waiting for more opportunities to safely gather.

Do you have a great idea for Sisterhood? Please be sure to contact our co-presidents or our programming chairs – because there's nothing that this bunch of Sisters can't do!

Beth Wiesner and Lisa Estrin, Co-Presidents

FROM THE SIFRYAH

The Library Committee's "Book and a Bagel" gatherings have become the centerpiece of our programming. Over the years we have met at the synagogue on Sunday afternoons to discuss the chosen book selection. Sometimes we host the authors, but most of the time it is just us readers! If you would like to be on our email list to be informed about upcoming library events, please let Michelle in the BHSS office know.

On November 14, the Library Committee had a "Book and *No* Bagel" Zoom event. Sitting in our homes we discussed The Choice by Edith Eva Eger, an Auschwitz survivor and a professional therapist. After the war she, her husband and children came to the United States. She had been given a copy of Victor Frankl's book, *Man's Search for Meaning* while studying psychology in college. Frankl stressed, "Each moment is a choice...we can always choose how we respond." She explores how we can not only be imprisoned physically, but can be imprisoned in our own minds.

Edie spent decades struggling with flashbacks and survivor's guilt, determined to stay silent and hide from the past. Thirty-five years after the war ended, she returned to Auschwitz and was finally able to fully heal and forgive the one person she'd been unable to forgive — herself. Dr Eger is still seeing patients at the age of 93.

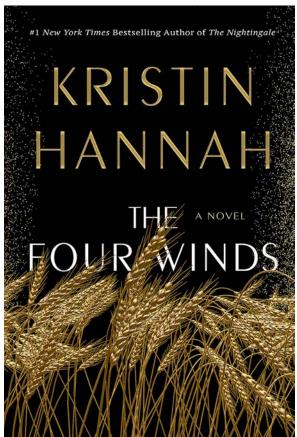
Did you not have the opportunity to publicly celebrate your coming of age as a young Jewish adult?

Or perhaps you were the teen for whom Bar or Bat Mitzvah did not have the meaning or impact you wish it had.

If this sounds like you, join our next Adult B'nai Mitzvah cohort. Together, you will learn to read Hebrew, study Torah, and learn to lead the congregation in prayer.

To sign up or for more information, call the BHSS front office.

Looking for a good book for the cold winter months? We recommend *The Four Winds* by Kristin Hannah.



"The Four Winds is a rich, sweeping novel that stunningly brings to life the Great Depression and the people who lived through it – the harsh realities that divided us as a nation and the enduring battle between the haves and the have-nots. A testament to hope, resilience, and the strength of the human spirit to survive adversity, The Four Winds is an indelible portrait of America and the American dream, as seen through the eyes of one indomitable woman whose courage and sacrifice will come to define a generation.

... a powerful American epic about love and heroism and hope, set during the Great Depression, a time when the country was in crisis and at war with itself, when millions were out of work and even the land seemed to have turned against them."

Happy Reading...BHSS Library Committee

BHSS YOUTH GROUPS

Hello everyone and Happy 2022!

We hope you had a wonderful Hanukkah with your families and loved ones. We know we did - we celebrated with our **Youth Group Hanukkah Party** on December 4!

We've also been keeping up with our **Together in a Box** sessions. We're finishing up the program in
January and many of our teens have already pledged
to stay connected with their senior buddies at the Promenade
in the coming months! We're very grateful to Gail Spencer
for helping facilitate this program with us and allowing
our teens to safely meet their senior buddies in person.

I am Brian Ritchin and I am in 11th grade. I have been on the board for three years now, as the vice president of religious and cultural each year. I enjoy being on the board because I can make a positive impact on our temple community. Furthermore, I am able to strengthen my bonds with those around me as we work together as one cohesive group.

Something I am excited for is the service that I will be in charge of planning. My favorite memory from youth group board is participating in the Purim carnival.







WHAT IS BETTER TOGETHER IN A BOX?

It's a grant program that facilitates intergenerational activities between teenagers and seniors. Our participants in grades 6-12 are taking part in leadership discussions, health and wellness sessions, Jewish food and culture experiences, and building relationships with local residents from the Promenade at Chestnut Ridge. It's been a wonderful community service experience thus far!

Look out for further information from us about our upcoming Winter events! If you have any event ideas or just want to chat, you can reach us at bhssyouth@gmail.com.

Hope we get the chance to see you soon! Rebeca and Samantha

Hi! My name is Annabel Theodore and I'm the Social Action Vice President for the BHSS Youth Group. I have always felt a deep connection to Judaism, ever since I was very young, and I am blessed that my family is so active in the BHSS community. Being in the Youth Group has allowed me to make lifelong friendships with kids who are just like me, excited to be a part of the larger Jewish community. Being on the Youth Group board has given me a chance to express my ideas on how to help build a safer, more loving Jewish community, and on a larger scale, a better world. I am so excited for the events we have coming up in the next year, including the Purim Carnival and the Midnight Run. My favorite memory of Youth Group is the movie night we had a few years ago, when I first started going to events and I knew nobody. Despite my initial shyness and worry that I wouldn't make any friends, a few people introduced themselves and I slowly became more comfortable around them. I now know some of the best people I have ever met, and we will continue to be friends for years to come. Youth Group is a place where everyone is welcome with much enthusiasm! We look forward to seeing you at some of our events and getting to know you better!

MICHELLE MITZVAH GROUP

Is it really January 2022? Wow, where did the time go? Don't we always say that? During the past calendar year Michelle Mitzvah Group continued to help out those in need around the community and we will continue to do so throughout 2022.

This past summer, the Michelle Mitzvah Group sponsored 45 students from Oasis on a field trip to the Meadowlands Environmental Center. The kids explored the natural habitat around the Meadowlands, learning about the different birds and fish and the creation of the estuaries. Despite the sweltering heat, it was still a great day outside in the wonders of nature, getting hands on learning and being out of the classroom. We look to continue the collaboration this spring, when the weather is more accommodating, with different programs. Details to follow.

Speaking of Oasis, they have completed the expansion of their facility, doubling in size (and then some) in program availability and in the ability to assist the community. They have also opened their thrift shop, The Nest, to allow for onthe-job training, as well as providing women's and children's clothing, shoes, handbags, and accessories, at deeply discounted prices.

In the first quarter of 2022, we will fulfill our initial obligation to the Michelle Mitzvah Group Scholarship Endowment in Memory of Jase Barrack at Ramapo College. Creating a scholarship provides an enduring legacy to both the memories of Jase and Michelle Appelbaum, who passed away more than 35 years ago from leukemia. It was after her death that the Michelle Mitzvah Group was established. May their memories be for a blessing.

We continue to provide meals every Sunday at the Suffern Soup Kitchen, located at the Christ Episcopal Church, in Suffern, NY. The church has a food ministry program providing meals Monday thru Saturday. For over 30 years, we have supported this endeavor to allow the members of the church attend worship.

In addition to helping Oasis and the Suffern Soup Kitchen at Christ Episcopal Church, we continue to support the following missions:

- Donating food to the Center for Food Action
- Supporting Emmanuel Cancer Foundation
- Picking up and delivering food donations

There are always ways to help, and any assistance makes a difference. Recently, when I provided the meals at the Suffern Soup Kitchen, one guest could not be more thankful for the generosity. It helped him get through a rough patch and get back on his feet. At least he knew he could come get a meal, and it was one less thing to worry about.

If you are interested in getting involved, please contact Steven Simon at 201 788-6755 or steveoum@verizon.net. Time for me to head out for my appointment to donate platelets.

B'Shalom

Steven Simon

CARING COMMITTEE

The Caring Committee has been hard at work tending to our congregants' needs. We wish to thank all those who contribute to this committee whether you donate your time or your culinary talents. The recipients of your efforts and generosity are always so very grateful.

As this health crisis continues to affect our community, the Caring Committee is making sure our members are taken care of. Especially now, we are ALL needed, and encourage you to volunteer - whether it be cooking a meal, donating restaurant gift cards, or calling to follow up on our more

vulnerable members. You would be surprised at how much you get back from devoting a little time to call and check in on someone who is not feeling well or who is simply lonely.

If you need the services of the Caring Committee or if you wish to join or volunteer, please contact

Audrey Flynn (ablandau@aol.com) or Laura Miller (mlctsmiller@verizon.net).

Contributions

Rabbi's Discretionary Fund

with thanks and appreciation

- Leslie Kirzner

Michelle Mitzvah Fund

in honor of Ruth and Stu Turner

- Anonymous

Life Fund

to Matt Kraft and family, in memory of Matt's mother
- Marci & Harvey Weinberg

in memory of Jerome Weinberg, father of Harvey Weinberg
- Harvey Weinberg

in memory of my father, David Goldfarb

- Joel Goldfarb

in memory of Sheri's father Ely Gordon and Allan's grandfather Moritz Schott

- Sheri & Allan Schott

in memory of Enid Marcus

- Joel Goldfarb

to Ed Vogel, sending all good wishes and positive thoughts
- Gail & Ranan Wichler

Mitzvah Mile Donations

- Sheryl & Joel Ives

- Harvey Weinberg

- Lisa Lamster

- Carrie Ritchin

In honor of Helene Yagoda:

Marsha Yagoda
Patti Ammerata
Agnes Taub
Florence Yagoda
Gail Spencer
Alice Klein
Gary Wenthold
Helena Moraski
Priscilla Kaplan
Eileen Dawson
Larry Rein
Helene Yagoda

In honor of Marc Daniel: - Laurie Daniel

Ramapo-Bergen Animal Refuge

in honor of Benjamin Shamosh's Bar Mitzvah in honor of Josh Heffernan's Bar Mitzvah in honor of Laila Graham-Bialer's Bat Mitzvah

Center for Food Action of Mahwah

in honor of Charlotte Barbach's Bat Mitzvah



- 11:30 am on Sundays
- Beginners welcome
- No Hebrew reading necessary
- Learn about the Torah portion of the week

via Zoom

- Relaxed atmosphere



Bring your questions!

High Holiday Appeal

Maxine & Howard Abner Carole Goodman Kim & Bill Pressman Anonymous Leona Wayser & S. Martin Gordon The Arlington family The Gottlieb family Ceil Baldwin Susan & Dennis Gralla The Barrack family Marilyn & Irwin Haberman Irma Becker Robyn & Marc Harris The Bergers Barbara Heitmann Sheryl & Joel Ives Shelley & Gary Bettman Jill Blum Sandi & Bob Jeanette Sharon Bobroff Sue-Ellen Johnson Hank Bordowitz Candy & Mike Kassover Barbara & Charles Burghardt Deborah & Jeff Klein Karen & George Charne Donna & Adam Kotz Jesse Coffel Lisa Lamster Tara & Marc Leibman Jayne Cohen Liz & Rick Cohen Veronica & Dan Lenchner Jen & Matt Cole Sherry Levitt Laurie & Marc Daniel Kathy & Peter Liebmann Laura & Tom Lindsay Stacev & Michael Davis Rebecca & Rod McVeigh Carol Diamant Maddie & Allan Melzer Diane & Jay Dickstein Laura & Mitchell Miller Don Eisen Susie & Jonathan Fein Lori & Lance Millman Alexia & Elliott Feldman Helen Milstein Phil Moss Erica & Joshua Fox Renee & Gary Garbus Lorraine & Marc Orlick Michelle & Adam Gilbert Sherri & Ron Nahum Isabel & Daniel Glim Marcy & Jeremy Nanus Joel Goldfarb Sheila Nathanson Deena & Scott Goldstein Judy & John Neumann Susan & Jeff Goldstein Jill & Bill Pearlman

Susan & Harris Reinstein Jann & Marc Reissman The Rowbottom family Janet & Andrew Schlissel Sheri & Allan Schott David Schwartz Linda & David Schwartz Stephen Seif Steven Selman Lori Herman & Ian Setless Michelle & Randy Sherry Judy & Tom Sica Roni & Andy Silver Carolyn & Scott Spungin Nancy & Jack Teichman Iena, Rob, Ashton & Sloane Tell Mel Tenenbaum Arlene Toonkel Ruth & Stu Turner The Ursaner family Linda & Ed Vogel Jewell & Stanley Waldbaum Marci & Harvey Weinberg Lynn & Gerry Weston Gail & Ranan Wichler Lori & Ritch Yanowitz Beverly & Harlan York Lynn & Michael Zall Kathryn & Howard Zukof In honor of Ronni & David Seif

-Barbara & Stacy Margolis

MAY THEIR MEMORIES BE FOR BLESSING ברונם לברכה אברונם לברכה

January Yahrzeits

ELLEN ABRAMS ALYSSA ALHADEFF Lena Bendalin Samuel Bornstein Susanne Buckler TERI COFFEL HOWARD COLE FR. GEORGE COYNE MARGARITA COYNE Kurt Daniel **ESTHER DANTO** THEODORE EPSTEIN BERDIE GELFENBEIN GLENN GELFENBEIN JOSEPH GINDIN LEA GLITMAN-ALKALAI ALVIN GOLDBERG

William Goldstein Anna Heffler MAX HEFFLER IRA HIEGER NATHAN HIEGER PAUL JEANETTE NORMAN KAHN **IANICE KAPLAN** GERALD KLEIN DR. THEODORE Leibman BERT LEVITT ABRAHAM LEVY MIRIAM LICHTENFELD Jeane Lisk JEROME MAIDENBERG NOAH MANDEL

Sylvia Mandel CELIA MEYERS MURRAY MILLER HAROLD MILLMAN MYRA MINTY NANCY MORGAN MILTON NACHINSON DAVID SALTZMAN HARRY SAULT Rona Schick LOUIS SCHLUSSEL **BEVERLY SCHWARTZ** Sydney L. Seiler ARTHUR SHERRY GERTRUDE SILVER IRVING SILVER MARGO SIMMONS

Jan Simon MILTON SITOMER JULIUS SLAVIN MARILYN SOLOMON TODD SPENCER Eva Stedman **JUDITH STEINMAN** LOUIS STERNBERG Paula Tenenbaum JACOB WEINBERG MARTA WICHLER **IACOB WIDMAN** NATHAN WIDMAN BETTY WILDMAN KARL WILDMAN HARRY ZALL **IEREMY ZALL**

February Yahrzeits

LEIZER ALPERSTEIN
BERTHA ALTER
ROBERT ANESETTI, SR.
HERMAN ASHKANAZY
FLORENCE BRESSLER
MARTIN BROWN
JETTY DENTZ
CELIA FORMAN
MARTIN FRIEDMAN

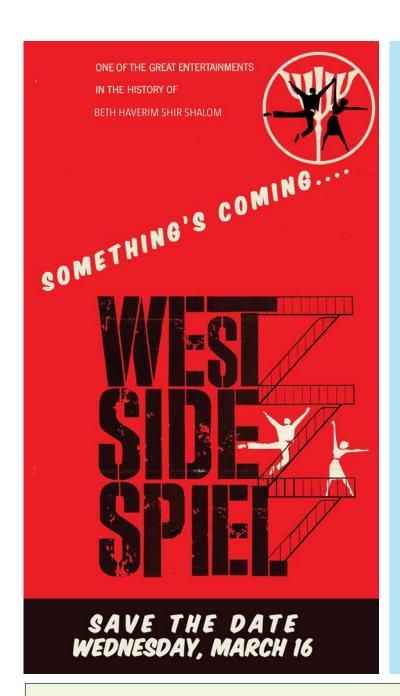
ABRAHAM KIRSHNER
GLORIA KIRSHNER
NOEL LAMSTER
MILDRED LANDAU
BESS LEVENE
THELMA LEVITT
SHIRLEY MARKS
DINA MARX
GEORGE MENDELSOHN

GLORIA MENDELSOHN
DOROTHY NACHINSON
SEYMOUR OVENTHAL
TOBY PUTTERMAN
SAMUEL ROTH
JOEL SANKEL
MANDEL STEIN
ANDREA GREEN SWAN
LEONARD ZINN

Yizkor Appeal ~~

Norman Schlissel, Lenore Schlissel, Bernard Maidenberg in loving memory of our Jase - the Barrack family - Janet & Andrew Schlissel Blanche Lambert, Ruth and Morris Abner Hans and Kate Neumann - Maxine & Howard Abner - Judy & John Neumann Carol Dubin and Robert Pfeiffer - Jill Blum Mark Cohen - Jayne Cohen Ava Gottlieb Leah and Eugene Reinstein, Estelle Weinberg, Jeoff - the Gottlieb family Weinberg, Howard Weinberg - Susan & Harris Reinstein Stephen Golub - Isabel Glim Morton Fuchs, David York, Joseph Rothenbucher - Beverly & Harlan York Edith and Morris Roth, Gertrude and Paul Jeanette - Sandi & Bob Jeanette Fred "Chip" Bargetzi - Candy & Mike Kassover Noel Lamster, Linda Goldfarb, Terri Coffel - Lisa Lamster Alfred and Corinne Baum - Kathy & Peter Liebmann Linda Goldfarb - Joel Goldfarb George Orlick, Stanley and Rona Schick - Lorraine & Marc Orlick Joel Becker - Irma Becker Ethel Saltzman, David Saltzman, Marion Friedman, Jerrold Arons, Saundra Arons, Audrey and Jerome Weinberg Samuel Bornstein - the Arlington family - Marci & Harvey Weinberg Manny Ansin, Margo Simmons, Ruth Ansin Irving Goodman - Carole Goodman - Helen Milstein Barbara Cassell, Sondra Wells, Stanley Wells Alice and Edward Brickman - Carol Diamant - the Cassell family Paul Levitt, Eva Stedman, Saul Stedman, Beatrice Levitt - Bernice Widman Medici Laura Medici Fleming Benjamin Levitt, Thelma Levitt - Sherry Levitt Linda and Harvey Lenchner - Dan & Veronica Lenchner Myron Newman - Laura & Tom Lindsay Israel and Selma Kriegel, William and Annette Waldbaum Michael Nanus, Esther Strickler - Marcy & Jeremy Nanus - Jewell & Stanley Waldbaum Paula Tenenbaum Jeremy Zall - Lynn & Michael Zall - Mel Tenenbaum Ada Austrian Charlie Romano, Vernon Taylor, Leon and Dorothy Auerbach - Robyn & Marc Harris - Marilyn Taylor Sue Iskowitz - Sheryl & Joel Ives Jesse and Annette Sills, William and Hattie Gallard, Dieter Ehlermann - Joanne & Lee Ehlermann Allen Nudelman, Gertrude Silver - Roni & Andy Silver Barbara Moss, Esther Moss, George Moss, Bea Moss, Sarah Blacher, Victor Levy, Esther Pesin, Irving Pesin

- Phil Moss





Wednesday, January 5 at 7:30 p.m. via Zoom

Torah Stories, our innovative approach to sacred Jewish text, invites individual congregants and visitors to share their personal and professional insights into the relationships, events, and narratives from our sacred literature. It is a personal approach to the stories that help define our Jewish lives.

Join us in January as writer, musician, performer and Torah teacher Alicia Jo Rabins leads us as we dive deep into the story of **Miriam**, starting with the Song of the Sea.

Miriam is celebrated for her leadership and prophecy throughout Exodus. But later in the Torah, as the Israelites wander in the desert, God strikes Miriam with leprosy, and she is exiled from the camp for seven days.

- How does this episode fit into the rest of Miriam's life?
- · How might she feel about this experience?
- How can this story guide us through challenging moments in our own lives?



Alicia Jo Rabins has written award-winning collections of poetry, as well as created and performed in Girls in Trouble, a musical piece about the complicated lives of Biblical women. She lives in Portland, Oregon.

Zoom details to follow.

Next session, Wednesday, February 2 at 7:30pm via Zoom

Tot Shabbat!

Fridays, January 7 and February 4 at 5 p.m.

For children ages birth-kindergarten and their families. Masks required for all attending.

Do a craft, hear a story, sing songs... everything you love about Tot Shabbat!

Rabbi Ilana and Director of Education Rebecca McVeigh look forward to celebrating Shabbat with you and your tots!









Good & Welfare

from and for the congregation

Condolences to:

Marilyn Israel on the death of her son, Lawrence

Cynthia Holtzman on the death of her husband, Abe Holtzman

R'fuah Sh'leimah

(For a full and speedy recovery)

Ed Vogel Stu Turner



Welcome New Members:

Jennifer Kruter and family, Westwood, NJ

Edward & Natalie Spektor and family, Upper Saddle River, NJ

Seth & Lacey Forman and family, Hewitt, NJ





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Worship Schedule

ALL SERVICES WILL BE INDOORS UNLESS OTHERWISE NOTIFIED

Friday, January 7	5:00 pm 6:30 pm	Tot Shabbat Shabbat Evening Services
	=	nuary will be celebrated
Friday, January 14	7:30 pm	Shabbat Shirah
Friday, January 21	7:30 pm	Shabbat Evening Services
Friday, January 28	7:30 pm	Shabbat Evening Services
Friday, February 4	5:00 pm 6:30 pm <i>Birthdays in Fo</i>	Tot Shabbat Shabbat Evening Services ebruary will be celebrated
Friday, February 4 Friday, February 11	6:30 pm	Shabbat Evening Services
	6:30 pm Birthdays in Fo	Shabbat Evening Services ebruary will be celebrated



Mark your calendar for April 1 - 2, 2022

The retreat is back with a new look in a not-so-new place - BHSS!

Services, learning, laughter, and song. Exciting new chugs (workshops) and old favorites. If the synagogue can't get to the retreat... the retreat will come to the synagogue.

Hope you'll join us for the 2022 Stay-treat!

BETH HAVERIM SHIR SHALOM 280 RAMAPO VALLEY ROAD MAHWAH, NJ 07430

Rabbi Ilana Schwartzman Rebecca McVeigh, Director of Education

Sessions of School:

Sundays: January 9, 23, 30, February 6, 13, 27 Mondays: January 10, 24, 31, February 7, 14, 28 Tuesdays: January 11, 18, 25, February 1, 8, 15 Wednesday: January 12, 19, 26, February 2, 9, 16 Office Closed:

February 21



- Take a deep dive into the tales of the Torah with the all-new Torah Stories on
 Wednesdays, January 5 and February 2 at 7:30 pm via Zoom
- Bring the little ones to Tot Shabbat Fridays, January 7 and February 4 at 5:00 pm at BHSS
- Join Rabbi Ilana for Torah Study via Zoom January 9, 23, 30 and February 6, 13, 27 at 11:30 am
- Find comfort in the Healing Service at BHSS via Zoom Sunday, January 9 at 7:30 pm
- Sing along with Rabbi Ilana and the BHSS Choir at Shabbat Shirah on Friday, January 14 at 7:30 pm at BHSS
- Become one with nature, and plant a tree to celebrate Tu Bishvat on Sunday, January 16
- Make your very own challah from scratch with friends and family at the first annual BHSS/JCO Challah Bake on Wednesday, January 26 at 6:30 pm
- Save the Dates for Purim's West Side Shpiel on Wednesday, March 16, and the BHSS Congregational Stay-treat on Friday and Saturday, April 1 and 2