

TEMPLE



TOPICS

ELUL 5779 ~ TISHRI/CHESHVAN 5780

SEPTEMBER/OCTOBER 2019

Rabbi Ilana's Message*Setting Your Default*

We don't only decide who and how to be when we are young. We decide every day. The truth is that all of us make choices every day how to behave. Those choices, act by act, make up our identities and reputations. The upcoming holidays are Judaism's way of saying to us, "You have to decide what kind of person you want to be."

full article on page 3

President's Message*When was the first time you were a leader?*

I was around 11 years old. In my neighborhood down the street from my house was an empty lot. My friends and I played softball on that empty lot every chance we had. One day we got word that the land had been sold to a builder and instead of a softball field there would be a house.

full article on page 2

Educator's Message*Awesome Days*

From the beauty of the white Torah covers, curtains, and lectern pads, to the sounds of our choir and Cantor Perper, to Rabbi Ilana's sermons, our lay leader speakers, and the joy of seeing our friends for possibly the first time in a few months, to quote the Lego Movie, everything is awesome.

full article on page 4

**B'NAI MITZVAH**

September 7	Emily Alpert
September 7	Andrew Levinsohn
September 14	Kate Dweck
September 21	Jake Bugni
September 21	Stephen Weiner
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October 5	Noah Weiss
October 12	Adam Buchalter
October 12	David Abramson
October 19	Leo Wunder
October 19	Matthew Glim
October 26	Jacob & Hana Hayes

THINGS TO DO:

more info on back cover and throughout

Torah Study

Tot Shabbat

Spiritual Walk w/Rabbi Ilana

Sisterhood Welcome Event w/Speaker

Build the Sukkah w/Brotherhood

Enjoy Pizza in the Hut

Shalom Sukkat

Enjoy Simchat Torah w/new students

Spiritual Walk w/Rabbi Ilana, pets welcome



President's Message

Judy Teich

Shana Tovah BHSS Family

Hey, I can't believe 5780 is upon us and that I am writing my first *Temple Topics* article as president of Beth Haverim Shir Shalom. I am truly honored and humbled to be at the head of the table with an incredible group of people who are so passionate about our community. Thank you for this opportunity!

I had the pleasure of attending two URJ (Union for Reform Judaism) seminars in March and April. The first seminar was the Shallat Rabbinic Transition Program, a two-day retreat focused on building strong, effective working relationships with clergy through shared learning. The second program was the URJ Scheidt Seminar which provided incoming and first-year congregational presidents the opportunity to learn, network, and worship with presidents from congregations of different locations and sizes. In May and June the BHSS leadership team participated in a URJ on-line learning series focused on governance and leadership training.

So you can probably surmise, I love to learn, whether it is attending seminars, participating in online training or reading books. There is nothing like sharing what I have learned and putting those ideas into practice. You will be hearing more about 21st Century Governance, leadership development, transformation and relationship building in the months to come.

At the Scheidt Seminar, we were asked the question, "When was the first time you were a leader?" I was around 11 years old. In my neighborhood down the street from my house was an empty lot. My friends and I played softball on that empty lot every chance we had. One day we got word that the land had been sold to a builder and instead of a softball field there would be a house. I remember how frustrated and upset we

*When was the first time
you were a leader?*

were! I took it upon myself to start a petition to save our field from the developers. My friends and I went door to door asking for signatures ... the house was built anyway. Nonetheless, I felt we were doing something really important and meaningful for our neighborhood. We had our 15 minutes of fame when The Journal News published an article about "The Sycamore Street Gang" on July 29, 1969.

We are all leaders in one way or another and I would love to hear about your leadership story. When was the first time you were a leader? Share your stories with me. I want to get to know you. Email me at: judy.teich@gmail.com.

Looking forward to seeing you soon. Shana Tova from my family to yours.

CHECK YOUR HIGH HOLIDAY TICKETS

ORANGE ticket is for the service
beginning at 8:15 am on both
Rosh Hashanah and Yom Kippur
mornings

LIME ticket is for the service
beginning at 11:45 am on both
Rosh Hashanah and Yom Kippur
mornings

Setting Your Default

Rabbi's Reflections

Rabbi Ilana Schwartzman



A friend of mine told me he and his girlfriend had broken up. I knew they'd had issues, but I was surprised. He explained to me that every now and again he would express his unhappiness at the way she treated him. She would belittle him, be short with him, and treat him differently in private and public. When he objected, she would change...but only for a little while. He went on to say that while it was good that she would change when she thought about it, he needed her default to be the kindness and goodness she seemed to only manage for fits and spurts. He was willing to leave the relationship for someone who wouldn't slip back into nastiness.

His situation made me consider my relationships. Was I the kind of person whose default position was goodness or did I need to be reminded? To be honest, at the time, I wasn't sure. I decided not to wait to have someone else remind me; instead, each day I would try to remind myself, "receive all [people] with a pleasant countenance" (Pirkei Avot 1:15). My thought was that if I fixed kindness to my face, the rest of me would follow suit.

I am not always as kind as I would like to be. I still daily remind myself to be patient with myself and others. I still have to make apologies for things I say that are hurtful. But I have decided that kindness is a priority for me.

Every now and then, when I am working with a bar or bat mitzvah student, someone will say to that student, "You have to decide what kind of person you want to be." We say this, in general, because the student has done (or likely hasn't done) something to prompt us, and because we think of them as still in the process of forging their identities.

We don't only decide who and how to be when we are young. We decide every day. The truth is that all of us make choices every day how to behave. Those choices, act by act, make up

our identities and reputations. The upcoming holidays are Judaism's way of saying to us, "You have to decide what kind of person you want to be." This is our opportunity to survey our lives and to change. Are we as kind as we would like to be? Are we as responsible as we would like to be? Are our passions and values determining our behaviors and commitments?

On these High Holidays, we can decide to stay the course we are on or we can decide to change our default settings. Once we choose, then we can figure out how to make those choices manifest in our lives. The choices are ours. We cannot decide how life will treat us, but we can decide how to train ourselves to respond. Each response, each encounter builds up our personality. In the same way that repetition builds a muscle, it can strengthen an attribute. We can begin by showing a kind face to others and day by day allow that kindness to sink deeper and deeper into our being, until kindness is who we are. This High Holy Day season, I invite you to consider—are you the kind of person you want to be?

If the answer is, "Not yet." I invite you to come talk to me. Let's figure out the first step towards making lasting change.





From the Educator's Office

Rebecca McVeigh

Awesome Days

As I write, we are still in the middle of summer. I hope everyone is getting a little relaxation, sun (but not too much), fun with family and friends, and ice cream. When my family and I were on our annual vacation to Cape Cod this summer, it feels like we had ice cream every day. And, although a constant diet of the stuff wouldn't be a part of anyone's healthy lifestyle, ice cream has come to feel like a vacation to us!

The High Holidays arrive at the end of September, so religious school starts before them this year. If you look at our schedule of sessions, you will easily see where they are – a pretty big gap in classes from September 29 through October 15. With this in mind, we will be asking all the students who are studying Hebrew (and adults listening to them!) to make a special effort to practice during this break.

In Hebrew, the High Holidays are referred to as *Yamim Nora'im*, as you'll see on your service tickets when you get them (ask a student to help you with the Hebrew). This is usually translated as "Days of Awe" but.....by Hebrew grammar rules (of which I'm an unapologetic fan/nerd) this translation is inaccurate, as any of my adult Hebrew students will tell you. Without going into detail, it really means "awesome days".

Certainly, Days of Awe is a great way to think of it; when we are in awe of something, or it is awe-inspiring, that's a good thing. In Hebrew, that word for "awe" is also used in a negative sense, as in fearsome. I suppose there's an element of fear, too. We are asking for forgiveness, hoping that happens before the "closing of the gates" during our *N'eilah* service, turning inward to examine when we might not have been our best selves. And that can be scary.

But I like Awesome Days so much better. While there are some uncomfortable aspects to this time of year, both physical and spiritual (think fasting and repenting), the High Holidays are certainly awesome. From the beauty of the white Torah covers, curtains, and lectern pads, to the sounds of our choir and Cantor Perper, to Rabbi Ilana's sermons, our lay leader speakers, and the joy of seeing our friends for possibly the first time in a few months, to quote the Lego Movie, everything is awesome.

I do love the High Holidays. I love planning with Terry Sitomer for the children's programming, I love chanting Torah, I love greeting you in the lobby, and I love that my entire family (including my granddaughter) comes to the closing service on Yom Kippur before we (very) informally break the fast at our house. But more than that, I love welcoming you all back to school (on September 8, 9 or 10)!

Rod, Andrew, Alex, Ari, Jackie, and Rose join me in sending our best wishes for happy and healthy Awesome Days!

Rebecca Bernstein McVeigh, Director of Education

DID YOU KNOW?

Our kindergarten, first, and second grade classes are **FREE** of charge to all BHSS member families this year. It's a great opportunity to have your younger child become acquainted with our building, clergy, Jewish holidays and customs in a warm, welcoming environment. There is crafting, singing, gaining familiarity with Hebrew, learning about Israel, holidays, "tours" around the building, meeting and "interviewing" our staff, practicing to be a "mensch" and many other experiences – all packed into an hour and a half on Mondays from 4 to 5:30 p.m.

There's no attendance requirement, since we understand that very young children have an off day or another obligation from time to time! In addition, if you want to carpool with a family who has a third grader attending from 4 to 6 p.m. (or even if you just want to have more than an hour and a half to run errands or grab coffee), there is a half hour of enrichment available at a very reasonable fee that allows for dismissal at 6 p.m.

And for your friends who are not yet members: **they can enroll** their children in these three grades as well at a reasonable cost. Our early years' programming are some of the most fun years; this is a great opportunity to get started AND have your children learning and doing Jewishly with their friends.

Why wait for your child to begin their Jewish learning experience? Come and see what we're all about!



September Birthdays

Emily Alpert

Alana Bendayan

Jared Bendayan

Leni Berkowicz

Charlotte Birenbach

Zachary Freeman

James Hyman

Skyler Kaplan

Emily Levin

Nicole Levinson

Jessica Levinson

Avery Roberts

Joely Ross

Ethan Ross

Zachary Schnelwar

Henry Weiner

Abby Weintraub

Andrew Weishar

Noah Weiss

Sydney Wolfe



Guidelines:

No Pork, No Shellfish

Please honor the month's milk or meat designation; *parve* (neither meat nor dairy) dishes always welcome! You only need to make one batch/recipe's worth.

Everyone will have a chance to have a taste of each recipe.

Everything needs to be prepared at home; we will not be reheating or cooking at BHSS.

Bring 20 copies of your recipe - or email to temple and we can copy for you!

October: Starting Fresh - After the High Holy Days, we come in with a blank slate. Try a recipe you've always meant to try, but haven't gotten to.
Meat Dish Tuesday, October 29, 7:30-8:30 pm

November: If the Pilgrims were Jewish.... what would they have made for their Thanksgiving?
Dairy Dish Wednesday, November 20, 7:30-8:30 pm

December: The Oil Lasted 8 Days! Bring in a fried dish or a dish that requires oil. This month we welcome your non-member friend as well to participate!
Dairy Dish Wednesday, December 18, 7:30-8:30 pm

January: Where are you from? A dish that represents your past.
Meat Dish Tuesday, January 28, 7:30-8:30 pm

February: Best of Bubby-- What is the comfort food that has been passed down in your family?
Meat Dish Wednesday, February 19, 7:30-8:30 pm

March: Spring is almost here! Bring a dessert that represents spring. This month we encourage cooking with kids; bring them along to share in the fun!
Dairy Dish Tuesday, March 24, 7:30-8:30 pm

April: What's for Seder? Bring a *pesadich* (kosher for Passover) dish.
Dairy Dish Wednesday, April 22, 7:30-8:30 pm

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Charlotte Barbach

Harper Bedrin

Leah Behar

Aria Bell

Adam Buchalter

Jaden Bugni

Jake Bugni

Cora Einhorn

Brooke Dylan Einhorn

Jack Fein

Benjamin Goldstein

Laila Graham-Bialer

Griffin Heit

Wade Henry Mendel

Skylie Prizel

Matthew Schlosser

Justin Silver

Malcolm Silverman

Miles Swerdloff

Sydney Weiner

Eli Wunder

Leo Wunder

Andrew Zaky

Jacob Zaky

Candlelighting times:

September 6 Shof'tim 7:02 pm
September 13 Ki Teitzei 6:50 pm
September 20 Ki Tavo 6:38 pm
September 27 Nitzavim 6:27 pm

October 4 Vayeilech 6:15 pm
October 11 Ha-azinu 6:03 pm
October 18 Chol Hamoed Sukkot 5:53 pm
October 25 B'reisheet 5:43 pm



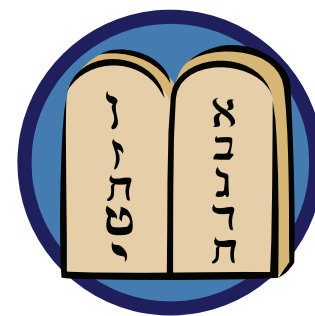
September Calendar

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
	Office Closed	7:30 pm Ritual Comm.	7:30 pm Adult Choir 7:30 pm MMG		6:30 pm TGIS Thank Goodness It's Shabbat! Family Service	Shof'tim 8:15 am Torah Study 10 am Emily Alpert & Andrew Levinsohn
8	9	10	11	12	13	14
9 am FS & 6th	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 7:30 pm Exec Comm	7:30 pm Adult Choir		5:15 pm Tot Shabbat 7:30 pm Tefilot	Ki Teitzei 8:15 am Torah Study 10 am Kate Dweck
15	16	17	18	19	20	21
9 am FS & 6th 2 pm Sis'hood Event	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 7:30 pm Board Mtg.	7:30 pm Adult Choir		7:30 pm Tefilot	Ki Tavo 8:15 am Torah Study 10 am Jake Bugni & Stephen Weiner 9:00 pm S'lichot
22	23	24	25	26	27	28
9 am FS & 6th	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 7:30 pm Ritual Comm. 7:30 Music Comm.	7:30 pm Adult Choir		7:30 pm Tefilot	N'tzavim 8:15 am Torah Study 10 am Jordana Reissman
29	30					
No School 7:30 pm Erev Rosh Hashanah	No School Office Closed Rosh Hashanah (check tickets for service times)					

October Calendar

Sunday	Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5
		Office Closed 9:15 am Rosh Hashanah Day 2 No School	7:30 pm Adult Choir		6:30 pm TGIS Thank Goodness It's Shabbat! Family Service	Vayeilech 8:15 am Torah Study 10 am Noah Weiss
6	7	8	9	10	11	12
No School 7 pm Healing Service	No School	No School Office Closes 3 pm 7:30 pm Kol Nidre	Office Closed Yom Kippur (check tickets for service times)		7:30 pm Tefilot	Ha-azinu 8:15 am Torah Study 10 am David Abramson & Adam Buchalter
13	14	15	16	17	18	19
No School 6:00 pm Pizza in the Hut 7 pm Erev Sukkot Service	Office Closed 9 am Sukkot Festival Service No School	No School 6:45 pm Exec. Comm. 7:30 pm Board Mtg.	7:30 pm Sisterhood Program		5:15 pm Tot Shabbat 6:30 pm Picnic in the Hut 7:30 pm Tefilot	Chol HaMoed Sukkot 8:15 am Torah Study 10 am Matthew Glim & Leo Wunder
20	21	22	23	24	25	26
9 am FS & 6th 11:30 Group Class 7 pm Simchat Torah- Consecration	No School Office Closed 9 am Simchat Torah/Yizkor	4 pm School 4/5 6:30 pm Group Class 7:30 pm Music Comm.	7:30 pm Adult Choir		7:30 pm Tefilot	B'reisheet 8:15 am Torah Study 10 am Hana & Jacob Hayes
27	28	29	30	31		
9 am FS & 6th 9:30 am Library Trip 11:30 Group Class	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 6:30 pm Group Class 7:30 pm Ritual Comm.	7:30 pm Adult Choir			

...will be called to the Torah...



Emily Alpert – September 7, 2019

Lives in Suffern, New York. Mother, Meredith, Father, Steven, Brother, Jack, 11..... is an 8th grader at Suffern Middle School Her interests include soccer and drawing. "I hope to be a doctor of some sort; I love helping people. This experience will definitely make an impact on my life; religiously and better self-worth once I've done it. For my community service I had a donation box in the Education lobby that held pet supplies given to animals in need at the Hi-Tor shelter."



Andrew Levinsohn – September 7, 2019

Lives in Upper Saddle River, New Jersey. Mother, Trish, Father, Robert, Brother, Eric, 11 is a 7th grader at Cavallini Middle School His interests include running, loves dogs and going to the beach. "I would love to see equality for all people in my lifetime. I feel excited to become a bar mitzvah, just as my family members and ancestors before me have. I worked to help raise money for an animal shelter, so they could provide a home for dogs and cats until they are adopted."



Kate Dweck – September 14, 2019

Lives in Suffern, New York. Mother, Carrie, Father, Jan, Sister, Sophie, 17, Brother, Tanner, 14 is an 8th grader at Suffern Middle School Her interests include dance, art, swimming and camp. "I'm very excited to show my friends and family all my Hebrew learning and become an adult in the eyes of Judaism. My dad is a Hospice nurse for Rockland County, and I want to make people who are suffering and nearing their end of life feel joy and comfort. I am creating baskets for them filled with necessary items to help them be happier."



Jake Bugni – September 21, 2019

Lives in Woodcliff Lake, New Jersey. Mother, Jackie, Father, Scott, Sister, Jaden, 9 is a 7th grader at Woodcliff Middle School His interests include basketball, skateboarding and collecting sneakers. "I would like to become a sports agent when I'm older. I am looking forward to becoming a bar mitzvah and to carry on this tradition that has been going on for so many generations. For my community service I spent time with underprivileged children and I'm collecting sneakers to donate to them."



Stephen Weiner – September 21, 2019

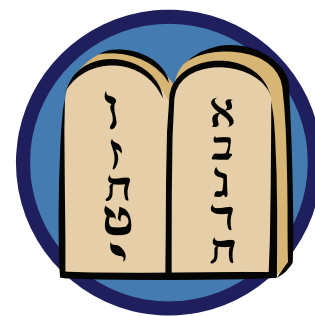
Lives in Upper Saddle River, New Jersey. Mother, Kimberly, Father, Neil, Brother, Henry, 11 is an 8th grader at Cavallini Middle School His interests include baseball, basketball, tennis, reading and current events. "I'd like to be a lawyer. I am excited for my bar mitzvah and the beginning of my adult Jewish life. For my community service, I volunteered at Southern Paws, a dog rescue in Ringwood."



Jordana Reissman – September 28, 2019

Lives in Woodcliff Lake, New Jersey. Mother, Lisa, Father, Jon, Brother Dylan, 15, Sister, Charlie, 10 is an 8th grader at Woodcliff Middle School Her interests include basketball, soccer, music and hanging with friends. "I am excited to celebrate this milestone with my family and friends. I volunteered at the Jewish Home helping elderly who do not have families and collecting food and distributing to families in Newark for Thanksgiving as a part of Project NEST (No Empty Stomachs Today)."

...will be called to the Torah...



Noah Weiss – October 5, 2019



David Abramson – October 12, 2019

Lives in Upper Saddle River, New Jersey. Mother, Gayle, Father, Rob, Sister, Madeline, 17 is an 8th grader at Cavallini Middle School His interests include playing sports, mostly basketball, also enjoys fantasy football. "I want to be able to help people. I may want to pursue a career in medicine. I am excited to deliver my Haftarah and celebrate with family and friends. I collected and donated clothing and household goods to Shelter Our Sisters, a social services organization aimed at combating domestic violence."



Adam Buchalter – October 12, 2019

Lives in Mahwah, New Jersey. Mother, Cindy, Father, Gary, Brother, Logan, 17 is a 7th grader at Ramapo Ridge Middle School His interests include basketball, bass guitar, soccer and hanging out with friends. "When I grow up I want to be a basketball sportscaster. I feel very honored to go up on the bima and become a bar mitzvah because I will feel more connected to the Jewish community. I will be selling bracelets and key chains made by the people of Guatemala. All profits go to organizations that help homeless dogs and cats in Guatemala."



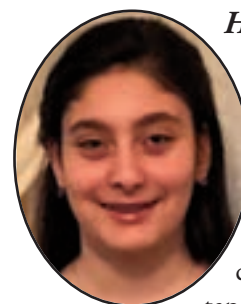
Matthew Glim – October 19, 2019

Lives in Airmont, New York. Mother, Isabel, Father, Daniel is an 8th grader at Suffern Middle School His interests include playing baseball, golf and basketball. "I would like to become a doctor to help out other people. I feel that my bar mitzvah is a milestone and an accomplishment in my Jewish life. For my community service I chose to work with Meals on Wheels' Blizzard box program. These blizzard boxes are delivered to seniors in cases where normal food deliveries are halted due to weather-related or other emergencies. The boxes are an assortment of non-perishable food items that are packed into gift-wrapped shoe boxes."



Leo Wunder – October 19, 2019

Lives in Ridgewood, New Jersey. Mother, Larisa, Father, Rob, Brother, Jonah, 15, Brother, Eli, 10 is a 7th grader at Benjamin Franklin Middle School His interests include track, karate, football, riding bikes with friends, nature, swimming, hiking and adventure! "I want to have a great seventh grade year. I'm excited and nervous, and happy to be part of this Jewish community. I am collecting new and used shoes for an organization called Soles4Souls, that gives shoes and funds to communities in need. It feels great to make a difference. 'Give Shoes, Give Love'."



Hana Hayes – October 26, 2019

Lives in Montebello, New York. Mother, Jessica, Father, David, Brother, Jacob, 13 is an 8th grader at Suffern Middle School Her interests include dance, listening to music and hanging out with friends. "I want to continue to improve my skills in ballet, tap, and hip hop. I feel excited and also a bit nervous. My service project will focus on increasing my knowledge and life experience with different kinds of organizations that help people."



Jacob Hayes – October 26, 2019

Lives in Montebello, New York. Mother, Jessica, Father, David, Sister, Hana, 13 is an 8th grader at Suffern Middle School His interests include baseball and hanging out with friends. "I would like to succeed athletically, academically and beyond. I feel proud because I have worked hard to become a Jewish adult. My community service project includes volunteering with a variety of organizations to gain experiences outside of my everyday life."

Join us for a
Spiritual Walk on Sunday, September 15 beginning at 7:30 a.m.
at the Ramapo Valley Reservation, weather permitting.



Continue your personal High Holiday journey as you and join us for an
observance of S'lichot at BHSS on September 21 beginning at 9 p.m.

Sukkot

Sunday, October 13:
Join Brotherhood for
Pizza in the Hut ~ 6 pm -
please RSVP to the temple office
and **Erev Sukkot Service** ~ 7 pm

Monday, October 14:
Sukkot Festival Service ~ 9 am



Simchat Torah & Consecration - a Night of Dancing, Singing (and sweet treats!)

Help us welcome our new students
Join with your friends and family parading
with our torah scrolls

Sunday, October 20 beginning at 7 p.m.



Ritual Committee

Change is good. It is a chance to regroup, learn from the past, and use those lessons learned for a better future. With summer behind us, a new roster of lay leaders at BHSS is gearing up, and I am thrilled to be one of them.

As Judy Teich begins her term as president of BHSS, it is my honor to join Debbie Royal as co-chair of the Ritual Committee. Let's face it ...Judy's a hard act to follow, but I am excited to join Debbie and the extremely dedicated members of this committee for all things ritual. With the High Holidays fast approaching, we have hit the ground running.

For those who don't know me, my husband Randy and I became members of Reform Temple of Suffern in 2004, and we have embraced the community that came to be BHSS. Over the years, I have sung with the adult choir, acted as Board Trustee and co-chaired the Search Committee that resulted in Rabbi Ilana Schwartzman becoming our leader. The work I have done with this community has strengthened my spirituality, Jewishness, and love for the friends I have made here.

With the promise of a new year come many opportunities to volunteer. The first step? SHOW UP. For example, the ritual committee meets on the first Tuesday evening of each month. If you're looking for a way to give back to BHSS, SHOW UP to a meeting. New faces are always welcome! SHOW UP to a choir rehearsal, sisterhood or brotherhood event, cook a meal for the caring committee, or lend a hand tending to the community garden. Showing up for others is really showing up for ourselves - inviting new opportunities that are wholly gratifying.

Here are some important upcoming dates to keep in mind:

- September 15 - Spiritual Walk (no pets)
- September 21 - S'lichot
- September 29 - Erev Rosh Hashanah
- September 30 - October 1 – Rosh Hashanah
- October 8 - Kol Nidre
- October 9 - Yom Kippur
- October 13-14 - Sukkot
- October 20-21 - Simchat Torah
- October 27 - Spiritual Walk (pets invited)

We look forward to seeing you at temple during the High Holidays and beyond. All you have to do is SHOW UP! Debbie and I wish you and your families a happy, healthy and sweet New Year!

Michelle Sherry
Co-Chair, Ritual Committee

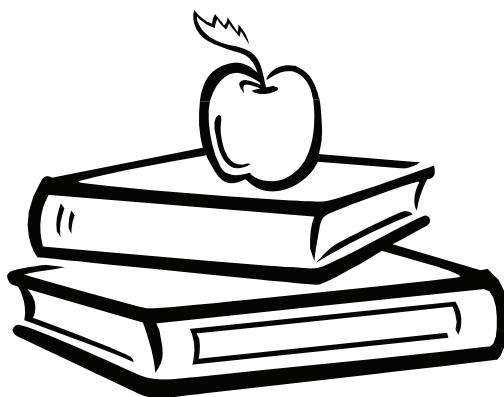
EDUCATION

Welcome back to school, BHSS members! We are so happy to welcome you all back for another great year of religious school!

On behalf of the Education Committee, I would like to wish you all a very happy Jewish new year and a meaningful fast! We all look forward to seeing you at services, religious school, the book fair, tot Shabbat, youth group events, or under the sukkah!

SAVE THE DATES

for our annual **Book Fair** – lots of choices for all ages, from baby to adult – great Jewish selections and always new cookbooks. **From December 6 – 10** find your holiday gifts or just stock up for children, grandchildren, and yourself!



Shana Tova,
Lauren Einhorn, Education Committee Chair



Sisterhood News

Welcome back to carpools; welcome back to religious school; welcome back to busier days and cooler evenings-in other words, welcome to September! Here at Sisterhood, we are excited to welcome you back to another year of camaraderie, service, learning and fun.

This year kicks off on an important and timely note: Our opening program, set for Sunday, **September 15, from 2:00-4:15 p.m.**, is a discussion of **Advocacy for Reproductive Rights**. We are proud to have Rabbi Marla Feldman, Executive Director of Women of Reform Judaism as our guest speaker. We'll be discussing Judaism's position, as well as what we can do as individuals and as a community to protect our freedoms. This event is free and open to all BHSS members and Sisterhood members from neighboring congregations. Bring your friends to participate in this vital learning experience. RSVP to Lisalams@optonline.net by September 5.

For the second year in a row we'll celebrate Sukkot together, with **Sukkat Shalom: Yoga for Every Body**. Mark your calendars for **Wednesday, October 16** in the indoor sukkah in the social hall, from 7:00-9:00 p.m., to find your own "inner sanctuary." Bring your own yoga mat, or use one of ours. Chair yoga available for those who prefer. \$10 per person includes light refreshments. RSVP to Lisalams@optonline.net by October 10, but your check is your reservation.

November brings the beginning of our year-long service project to **"Get Out the Vote 2020"**. As we celebrate the end of the centennial of women's suffrage, let us all help

spread the word that women can change the world! Watch your emails and the bulletin board at BHSS for more details, but don't miss this chance to make real change.

And speaking of social action, at each of our events this year, we will ask you to contribute to the community. At our Reproductive Rights event in September, we will be accepting baby items (except diapers), such as lotion, pacifiers, wipes, and gift cards to Kohl's or Target. Please help if you can.

At our Yoga Night, we'll be asking you for yoga pants, t-shirts and flip flops for the clients of the Center for Safety and Change in New City (formerly the Family Shelter). Get together with a friend, and make somebody's day!

Sisterhood has lots more in store, so keep your eyes out for more announcements. But there are never too many good ideas. Do you have one? Contact us at BHSS or by email and let us know.

Please become a part of our sisterhood, and join in the many programs and events we have in store. Your BHSS membership packet contains a form to join Sisterhood, and please know that your dues support the work we do as we, in turn, support our temple community and the community at large. Questions? Please reach out to our Membership co-chairs, Lauren Theodore and Carrie Fleischman.

Our sisters are our strength.

Wishing you lovely holidays and a wonderful autumn season,
Linda Vogel and Mona Sussman

Caring Committee

The Caring Committee would like to extend our thanks to all those who cooked, baked, drove, called, and just plain cared during these last several months. The recipients of your efforts and generosity are always overwhelmed and touched. They know that for whatever time you gave them, they were in your thoughts and prayers.

To all those on the receiving end of kindness, if you are able to "pay it forward" we are always happy to welcome you to the Caring Committee family. You can then know the feeling of giving to our Beth Haverim Shir Shalom congregants.

The summer and the nice weather is coming; however the Caring Committee doesn't take a vacation - certainly not a long vacation. We are needed year-round and encourage you to volunteer to cook meals, drive members to doctors' appointments and/or synagogue, call, or attend *shiva* services.

Please contact Candy Kassover (candy1951@optonline.net) or Laura Miller (mlctsmiller@verizon.net).

Thank you.

Candy Kassover, Co-chair, Caring Committee
Laura Miller, Co-chair, Caring Committee

Social Action

BUY 1, GIVE 1 School Supply Drive: Are you going shopping in the next couple of days? Can you pick up a few things for children and families that can't afford the necessary school supplies? Paper, notebooks, pens, pencils, scissors, crayons, coloring books etc. will all be helpful. If you are buying your child/ren a supply, can you buy an extra or two for children in need?

The Social Action committee will be collecting these school supplies on September 15 in front of BHSS. We hope we can **FILL THE TRUCK** that will be parked in front of the sanctuary. There will also have a box in the school wing lobby Monday-Wednesday of that week (9/16-18).

Our committee will be donating these supplies to several organizations in the area, Oasis and KIND (Kids in Need of Defense). We are grateful for the congregation's support in our efforts to assist these children in need!

SAVE THE DATE: "Clean, Pray, Learn" on Sunday November 3 12:30 – 3:30 pm. BHSS president Judy Teich, Rabbi Ilana, and the Social Action Committee invite your entire family to join in a congregation-wide community service event. We will be learning from our clergy leaders and from local historians, and we will be caring for some of our neglected corners of our amazing property.

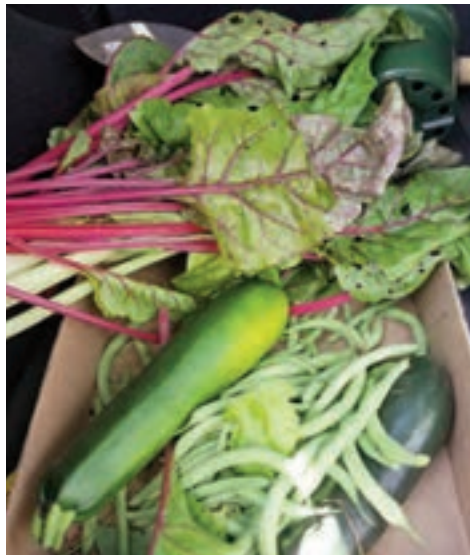
We will remind you of these important endeavors in the weekly emails.

Community Garden

Our garden has been a great success – as I write, the season is half over! Lots of rain this spring, and now very hot weather has produced bumper crops of many vegetables. Kale, peppers, beans, Swiss chard and peas are being harvested and delivered to food pantries by our volunteer gardeners. The fresh produce supplements donations of canned and boxed food.

More vegetables are growing. Tomatoes, cucumbers and summer squash are part of the next harvest.

Roberto has been a great help to our efforts. He installed new sprinkler heads and when we caught a baby skunk in a trap set for a hungry woodchuck, he helped again. Thank you Roberto!



In addition to the donations of fresh produce, please continue to help us feed the needy with your donations of non-perishable food to your local community food pantries. Summertime is an especially tough time, with food pantry levels at a seasonal low and children are home, missing the free meals schools would ordinarily provide.

Sending a big shout out and gratitude to the great team of volunteer gardeners; you are doing a wonderful job!!

- Jill Blum



From the *Sifriyah*

Holocaust-related movies, literature, plays, and museum exhibits have been seemingly inexhaustible, numbering well into the millions, even though these events took place well over 50 years ago. One might ask why these genres still hold sway over a much diversified population. Perhaps these vehicles might be a way to prevent future evil in the world, to teach about human rights, or to address prejudice and discrimination. Surely, there are even more reasons that motivate young and old to wade into one or more Holocaust-related genres.

And so, when Jane Simon alerted her colleagues at *Sifriyah* that the Museum of Jewish Heritage was sponsoring the largest exhibition about Auschwitz in North America, we all became excited and committed to offering a field trip to the museum. We were further motivated by Sheryl Ives, who had visited the exhibition. She said, "Although I had been to Auschwitz in Poland, this exhibit was very comprehensive and captured the horrors of the concentration camp."

On October 27, our trip will become a reality. Approximately, 50+ visitors will leave our temple to take a docent-led tour of the exhibit. They will become a part of history, assessing its importance then and now.

The exhibit, officially named "Auschwitz. Not long ago. Not far away." features over 700 objects and photographs never displayed in North America previously. They include the personal items of both survivors and victims, including a child's shoe and sock found in 1945 and suitcases taken from those deported to Auschwitz. Rudolf Hess's desk is also on display. He was the longest serving Auschwitz commandant.

Unfortunately, hope for a world without future evil is not to be. However, this exhibit reminds us to be on the alert for prejudice and hate. As Bruce Ratner, the museum's board of trustees chairman said, "While we had all hoped after the Holocaust that the international community would come together to stop genocide, mass murder, ethnic cleansing, these crimes continue." As we know as a community, our times demand vigilance and a constant fight against anti-Semitism and other forms of prejudice.

May this exhibit heighten our sensitivities. May we all share our experience with our temple friends and relatives. May we all work to create a better world.

Join us for stories, singing, and snacks with our clergy and educator and a taste of Shabbat with your little ones!

Parents, Grandparents, Aunts, Uncles with children ages birth to 5 (siblings welcome too.)
Fridays from 5:15 to 6 p.m. (see dates below)

Tot Shabbat



Join us for Tot Shabbat followed by dinner.

Friday, September 13

Summer's not over yet!

Hot dogs & tater tots dinner

And on

Friday October 18

Fall Favorites!

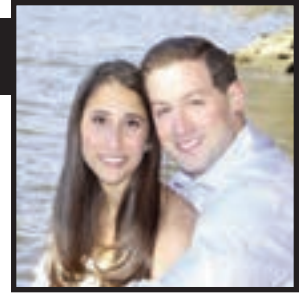
Pasta & Mac n'Cheese dinner

Please RSVP to the temple office, 201-512-1983

Other dates: November 15, December 20, January 10, February 14, March 13, April 17, May 15, June 12

Youth Programming

Brittany and Aaron Punim,
Directors of Informal Youth
Programming



With summer coming to a close in just a few weeks, Aaron and I are excited to begin another great year of youth programming for grades K-12. All events are accessible on the BHSS website under the Youth Group's Committee page and if you haven't already signed up, please fill out a membership form as we would love to have your child participate! Membership forms can also be found on the Youth Group page and can be mailed, faxed, or delivered to the synagogue office. If you have any questions please feel free to contact us at punimbhss@gmail.com and we look forward to seeing everyone in September! We hope you have a relaxing rest of the summer and wish you a wonderful start to another school year.

The events planned for each group are listed below, with the exception of our senior youth group, who will meet to plan their year early in September. But, in the meantime, our 9th through 12th graders can look forward to the Purim Carnival, the Midnight Run, creative service, community service events, and providing a delicious dinner for our Tot Shabbat families!

K-1-2:

October 27, 2019 – Movie "Night" – 1:00 to 2:30 p.m.

December 15, 2019 – Chanukah Craft – 1:00 to 2:00 p.m.

Menschmakers:

September 8, – Kickoff Event –

Apple Picking & Pie Baking – 1:00 to 4:30 p.m.

October 20 – Community Service TBA – 1:00 to 2:30 p.m.

Junior Youth Group:

September 7, 2019 – Pool Party and Pizza – 2:00 to 5:00 p.m.

October 5, 2019 – Pajama Party and Board Game Night – 7:00 to 9:00 p.m.

Michelle Mitzvah Committee

In early September I get to fly to Arizona, and later Colorado, to visit some friends and enjoy a little R & R. Flying to the Southwest area reminds me of the first time I traveled there back in 2005 when I helped my friend move by driving him from Ramsey all the way to Phoenix. He didn't really ask me; I volunteered. I thought it would be cool to drive cross country, so, I did.

Earlier this year, I had to assign the schedule for the Suffern Soup Kitchen and the Sunday "Lunches with Love" program at Christ Episcopal Church. Considering it was during Passover and there may have been difficulties finding a volunteer, I decided to provide the meals for Easter Sunday. While I don't eat ham, I cooked one to provide the meals - I wanted a little challenge (I guess I'll be busy October 8-9 for this). I also put myself on the schedule for Sunday, September 29. I'll make brisket for that day.

Volunteering provides us all with a challenge and also provides us with the opportunity to have a little fun. Michelle Mitzvah Group provides such challenges and opportunities. We provide meals at the Suffern Soup Kitchen, pick up and

drop off food at the Center for Food Action, mentor young women at Oasis, care for children at Oasis (when mom is attending classes), support families facing pediatric cancer through the Emmanuel Cancer Foundation, assemble "blessing" bags to give to the homeless during Midnight Run, and assist the Youth Group with Midnight Run. We do it all. As the new school year approaches, if you are looking to get involved, look no further than the Michelle Mitzvah Group. We are always looking for volunteers and, just like the circus, we accept "ladies and gentlemen and children of all ages." It can be challenging, rewarding, and a little fun. Correction: A LOT OF FUN!

We meet the second Tuesday of every month, 7:30 p.m. at the synagogue. For any questions, please contact Steven Simon via email at steveoum@verizon.net or call/text 201-788-6755.

B'Shalom
Steven Simon
Michelle Mitzvah Group Chair

Brotherhood

Shalom, and L'Shana Tova! Welcome to the 2019-2020 season at BHSS!

The Brothers in the 'hood wish all our friends and family L'Shana Tova...may your New Year be sweet, joyful, healthy and happy.

Brotherhood will be setting out this year on a mission. Let's be honest...we always have a mission...but this year? It's all about support.

These days, there is a lot of strife all around us. Each and every one of us in our community, and communities all around are feeling some level of struggle – emotional struggle, financial and economic, physical...and the constant barrage of horrible things happening in the world constantly streaming in on television, on our smartphones, on the web, and on the radio doesn't do much to make us feel stable, comfortable, or even happy.

So, this year (and always), Brotherhood's mission is to reach out to each and every one of us and offer an outlet, a hand, an ear. Let's help each other heal, stabilize and grow. So how do we do this?

Come out to one of our events, come to a board meeting, come to a dinner or a breakfast. Help us build the sukkah...or take it down. BHSS Brotherhood is here.

BHSS Brotherhood. Not 2.0, not Reboot...but just BHSS Brotherhood. Helping to change the world, one mitzvah at a time.

Upcoming Events

September 8 – We'll be waiting to greet you and happy to tell you a little bit about Brotherhood, answer questions, etc. Look for us right after school!

September 19 – 7:30 PM – Brotherhood first dinner at Overseas Asian Bistro at Indian Rock, Suffern, NY

October 6 – 9:00 AM – Come Build A Sukkah! – Our annual call for all hands on-deck to help assemble the BHSS Sukkah. Bagels will be provided...although communing with your fellow Jew and a bunch of power tools is incentive enough! Bring your tools...

October 13 – 5:45 PM – Pizza in the Hut! Annual event, Erev Sukkot...come break bread (and cheese and sauce...or no cheese, or gluten free...) and then celebrate Sukkot!

October 27 – 9:00 AM – Come Take Down A Sukkah! Sure, building it was fun, but now we have to put it away...come out and help us! Bring your tools...

October 27 – 12:00 PM – First Brotherhood Raps at Panera, Ramsey...after we take down the sukkah, come out for Brunch!

Music Committee

Welcome to another year of programming that is sure to entertain our whole congregation. Our favorites, **Movie Night** and **Coffeehouse Cantors**, will be back. **Jewsical**, a new program, with The Reform Temple of Rockland, will be a first for us. Stay tuned for more details!

I would like to invite you to our meetings on the last Tuesday of each month at 7:30 p.m. where we laugh, have a good time and plan the events for you to enjoy. Attendance to all the meetings is not a requirement; neither is musical talent, just camaraderie!

If you are interested in joining the Adult Choir, please contact Cantor Perper. He is always looking for new voices.

Knowledge of Hebrew or music is not a requirement. Willingness to learn and dedication is. Rehearsals are on Wednesday nights.

The Music Committee and I would like to wish our entire congregation *L'Shana Tova U Metukah!* A Sweet and Happy New Year!

Do you have suggestions for what you would like to see? Email me any time at niberger@aol.com and let's chat. I'd love to hear from you!

Musically yours,
Nora Berger

Good & Welfare

from & for the congregation

Condolences

to **Marilyn Taylor-Romano**, on the death of her husband, Charles Romano
to **Marilyn Taylor-Romano**, on the death of her dear friend, Ramza Worm
to **Lisa Pavon**, on the death of her father, Irving Fitterman
to **Ken Shamus**, on the death of his father, Martin Shamus
to **Stacy Fishkin**, on the death of her father, Mitchell Pariser
to **Elise Crouch**, on the death of her father, Jesse Hershman
to **Norman Axelrod**, on the death of his father, Stanley Axelrod
to **David Hayes** on the death of his grandmother, Janice Kamm

R'fuah Sh'leimah

(For a Full and Speedy Recovery)

Joel Becker

Barbara Burghardt

Beth Wiesner

Mazal Tov

to **Sarah and David Adelson** on the marriage of their son Steven to Larissa Kassianos
to **Deborah and Jeff Klein** on the engagement of their daughter Sydney to Seth Cohn

Special Mazal Tavs and Thank Yous

Mazal tov to our confirmation class of 5779:

Max Cohen, Brady Cole, Robin Falkow, Max Pavon, Jason Ritchin, Heather Romoff, Luke Savoy

***Yasher Koach* to our Summer service leaders!** Thank you for beautiful Shabbat evening services.

Irma Becker, Rebecca Bernstein McVeigh, Stacey Coyne, Jane Koch, Lisa Lamster,

Nancy & Al Levene, Debbie Royal, Linda Vogel, Jane Young

Special Thank You:

to **Jessica, Jordan and Cate Weinberger** for helping make the *Donate Your Bat Mitzvah Dress* a huge success!

to **Jill Blum and all the volunteers** on a plentiful and beautiful BHSS community garden!

Welcome New Members!

Robin & Jay Bell and family, Mahwah

Michelle & Andrew Taub and family, Suffern

Darren & Danielle Berkowicz and family, Woodcliff Lake

Lauren & Jason Dworkin and family, Woodcliff Lake

Abby & Zach Smith and family, Woodcliff Lake

Stacey & Justin Geller and family, Woodcliff Lake

Joel Goldfarb, Mahwah

Jennifer & Jason Kaplan and family, Mahwah

Irina & Yair Kissin and family, Upper Saddle River

Julia Kaplun & Jonathan Schlosser and family, Suffern

Amy & Milton Kaufman, Newburgh

Marcy & Jeremy Nanus and family, Upper Saddle River

Dana & Martin Weeks and family, Suffern



Our family is so extremely grateful to our BHSS community for their support and compassion during this exceptionally difficult time for our family. Each caring gesture, kind word, thoughtful card, and meaningful donation, all in memory of our Jase, are and continue to be, truly heartwarming and comforting to us.

*With warmest appreciation and thanks,
Lisa Barrack*



Celebrate 21 years of Eternal Lights

*More than a Synagogue
More than a school
A sacred community
From Generation to Generation*

*Please join our Rabbi, Cantor and fellow congregants
and keep our Eternal Lights burning*

Thursday, November 14, 2019

7:00p.m.- Cocktails

8:00p.m.- Dinner

The River Palm Terrace

Mahwah, NJ

*Through your generosity Eternal Lights
continues to ensure the growth of our Synagogue
benefiting all of our congregants*

*Event Chairpersons
Deborah & Jeffrey Klein*

Please reply by October 28, 2019

September Yahrzeits

HELEN ALLMAN	DOUGLAS FREEMAN	DONALD LEOPOLD	IRWIN SELMAN
CAROLINE ALPERT	HERBERT FREITAG	JOSEPH LETCHER	MARION SILVER
RUTH ANSIN	HARVEY GELFENBEIN	JULIUS LEVINE	PAULINE SMITH
IRVING ARFIN	MORRIS GILSTON	RALPH LITTMAN	REBECCA STONE
JACK BERENS	LLOYD GOLDFARB	ESTHER LONOW	LOREN TEDROW
STEPHEN BERENS	MUTTET GORDON	DOROTHY LORANGER	JEAN TRIEBITZ
SELMA BERMAN	MORTON GREENE	CLARA LYNN	CELIA TURNER
EDITH BLUMENTHAL	MYRON GREENZWEIG	MAGGIE MCVEIGH	JACK TURNER
EDWARD BRICKMAN	ABE HYMOWITZ	BARBARA MOSKOWITZ	SUSAN P. VELLONE
SANFORD CASK	BENJAMIN JACOBS	SEYMOUR MUNY	PEARL WALLISON
MARION COHEN	GERTRUDE JEANETTE	JONAS PALANT	ESTELLE WEINBERG
SHERRY COHEN	HOWARD KAPLAN	EUGENE REINSTEIN	BENJAMIN WEINER
BUDDY COLEMAN	ROBERT KASSOVER	HARRY ROSENZWEIG	RUTH WEISKOP
SIDNEY DEMSKY	ESTHER KRAMER	URI RUDACH	BERTHA WEISSER
BURT ERLMAN	FANNIE KURSMAN	ETHEL SALTZMAN	MARCIA WITT
MONA FINKELSTEIN	NATHAN KUSHER	RUTH SCHOENFELD	CHARLES YOUNG
AUGUSTA FRANK	DINA LEITNER	LILLIAN K. SEILER	

October Yahrzeits

STEVEN ABEL	MOLLIE GILSTON	HARVEY LENCHNER	HARRIET SHRENSEL
KAY APPELBAUM	LAUREL GLUCK	HATTIE LEVY	DOROTHY SICHELMAN
FLORENCE ARFIN	AUDREY GOLDEN	IRVING LICHTENFELD	HERB SIEGEL
FLORENCE ASHKANAZY	LINDA GOLDFARB	PAUL MANDEL	ISIDOR ROBERT SIEGEL
LAWRENCE ATLAS	JOSEPH GOLDSTEIN	THERESA MCFADDEN	RICHARD SILVERMAN
DOROTHY AUERBACH	MORRIS GOODMAN	MILTON MILLER	SYLVIA SILVERSTEIN
ADELE AXELROD	BILL GREEN	CEIL MOSER	JULIA SIMON
PHILLIP BLACKMAN	NINA GREENBERG	BARBARA MOSKOWITZ	JACK SPIELER
GUSSIE BLUMENFELD	BARRY GREENE	ESTHER MOSS	JACK SPRUNG
CECILE BYALICK	SYLVIA BARISH GROSCHIN	BOB NISENBAUM	MORTON STEIN
LEWIS BYNE	FANNIE GRUBMAN	HERMAN OSHEROWITZ	DORA THEODORE
AARON HARRY CRAMER	FRANCINE HELLERMAN	NANCY PIVAR	WALTER TITCOMB
FRANCES DUCHARME	SARAH ISKOWITZ	IRVING POSNER	WILLIAM WALDBAUM
FRANTISEK LEOPOLD	BERTHA ISRAEL	IDA RAPPAPORT	ROSA WEINBERG
EISENGER	GRETA ISRAEL	JACOB ROBINOVITZ	CHARLES WEISKOP
ALLAN EISENSTEIN	RICHARD JANSEN	RUTH ROSENZWEIG	JOSEPH WENIG
ISOBEL EPSTEIN	SAMUEL KAPLAN	JOSEPH ROSSANT	JULIUS WICHLER
BERNICE FISHKIN	SEYMOUR KIRZNER	LILLIAN SAULT	ABRAHAM WIESNER
MILDRED FONDILLER	ALBERT KLEIN	PHIL SCHOENFELD	HELEN WISNEWSKI
CHARLOTTE FREDERICKS	LEOPOLD KLEIN	SHELDON SCHOLL	DANIEL ZAHM
MOLLIE GARBUS	BENJAMIN LASS	ANNELIESE SCHOTT	MILT ZAHM
RALPH GILBERT	DALIA LEIBOWITZ	JESS SHIRVAN	

Contributions

Rabbi's Discretionary Fund

in memory of Jase Aaron Barrack

- Sheila & Larry Groskin
- Carole Goodman
- Susan & Wayne Keller
- Candy & Michael Kassover
- Sheryl Thailer
- Nina & Arnold Wasserman
- Kim Pontone
- the Weiss family
- Linda & David Schwartz
- Marci & Harvey Weinberg
- Lisa Lamster
- Sisterhood of Beth Haverim Shir Shalom
- the Library Committee
- Joyce & Stephen Weinberg
- the Wichler Family
- Roni & Andrew Silver
- Jane Simon
- Kathy & Peter Liebmman
- Gail & Al Schlosser
- the Nimerofsky family
- Laurie & Marc Daniel
- Irma & Joel Becker
- Sheri & Alan Schott
- Kristi & Richard Steinberg
- Dede & Rick Levene
- Ruth & Stu Turner
- Lynn & Michael Zall
- the Flynn family
- Susan & Harris Reinstein
- Jill Blum
- Mona & Jeff Lefkowitz
- Marilyn & Irwin Haberman
- Elyse Victor Berman & Joe Berman
- Bonnie & Rich Berens
- Rhonda & Marty Lonow
- Leslie Sapienza
- Lauren, Jonathan & Anabel Theodore
- the Gurian family
- Sue & Wayne Keller
- the Sawyer family
- Sheryl Thailer
- Nina & Arnold Wasserman

with thanks and appreciation

- Joel Goldfarb

in honor of your installation

- Isabel & Daniel Glim
- Marilyn & Irwin Haberman
- the Wichler family
- Gail & Al Schlosser

with thanks and appreciation

- the Pavon family

in honor of Noah's Bar Mitzvah with thanks and appreciation

- the Arum family

in honor of the Bar Mitzvah of Noah Arum

- Marilyn & Irwin Haberman

in honor of our grandson Noah Arum becoming a Bar Mitzvah

- Arleen & Ken Bernstein

to Alison & Norman Axelrod, in memory of Stanley Axelrod

- Marci & Harvey Weinberg

with thanks and appreciation - in honor of Hannah's Bat Mitzvah

- the Altman family

with thanks and appreciation

- Arlene & Rich Mandel

thanks for all you did for us!

- Marilyn Taylor

Cantor Discretionary Fund:

in memory of Irving Fitterman, father of Lisa Pavon

- Dorothy & Michael Cohen

with thanks and appreciation

- the Pavon family

in honor of our grandson Noah Arum becoming a Bar Mitzvah

- Arleen & Ken Bernstein

with thanks for the beautiful Yom Hashoah concert service at Beth Rishon

- Ilyse & Floyd Smith
- Sheila & Larry Groskin

in memory of Saul Lessen, Sheila's father

- Sheila & Larry Groskin

with thanks & appreciation

- the Schlissel family

Contributions

with thanks and appreciation - in honor of Hannah's Bat Mitzvah
- *the Altman family*

thanks for all you did for us!
- *Marilyn Taylor*

Life Fund

in memory of Betty Sankel, mother of Sheryl Ives, and sister-in-law Susan Ives
- *Sheryl & Joel Ives*

in memory of Werner Schott, Father of Allan Schott
- *Sheri & Allan Schott*

in memory of Robert Theodore, father of Jonathan Theodore
- *Lauren, Jonathan & Annabel Theodore*

in honor of the Bar Mitzvahs of Jane Simon's grandson and Marilyn Bernstein's grandson
- *the Library Committee*

in memory of Mitchell Pariser, Father of Stacey Fishkin
- *Barbara Lacher*

in memory of Jase Aaron Barrack
- *Barbara Lacher*
- *Brad Bofford*

in memory of Stanley Axelrod, father of Norman Axelrod
- *Terry Sitomer*
- *Margo Winning*

in memory of Devra Freelandier
- *Lynn & Michael Zall*
- *Peggy Ross*

in memory of Allen Nudelman
- *Diana Nudelman*
- *Roni & Andrew Silver*

in memory of Hans Neumann and Ruth Silverman
- *Judy and John Neumann*

in memory of Lee Johnson and Jerome Johnson
- *Sue-Ellen Johnson*

in memory of William Weinberg, Helene Weinberg, Joseph Cliff, Sally Paris, Lawrence Weinberg and Ida Cliff
- *Joyce & Stephen Weinberg*

in memory of Charles Sankel
- *Sheryl & Joel Ives*

to Ranan and Gail Wichler, in honor of Julie and Adam Kaufman's Wedding
- *Evelyn & Jim McGilloway*

in memory of Morris Roth and Edith Roth
- *Sandi & Robert Jeanette*

in memory of Harry Meyers
- *Pearl and Bob Meyers*

in memory of Brian Brandremer
- *Paula Tenenbaum*

in memory of Sadie Miller
- *Carole Goodman*

in memory of Rene Kupchin
- *Marilyn & Irwin Haberman*

in memory of Florence David
- *Marilyn & Ira Bernstein*

in memory of Janice Schwartz
- *David Schwartz*

in memory of Audrey Golden
- *Laurie & Marc Daniel*

to Felicia Goldfarb, in memory of Jacob Goldstein
- *Lisa Lamster*
- *Joel Goldfarb*
- *Carrie Ritchin*

Prayer Book Dedication Fund

in loving memory of Linda Goldfarb
- *Joel Goldfarb*

in memory of Jase Aaron Barrack
- *Leslie & Howie Kirzner*

Tree of Life

in honor of the marriage of Julie Wichler and Adam Kaufman on May 26, 2019
- *Gail & Ranan Wichler*

in honor of the marriage of Leah Wichler and Jonathan Spooner on October 6, 2018
- *Gail & Ranan Wichler*

Contributions

Ramapo-Bergen Animal Refuge

(donated by their families in honor of the following simchas)

Bat Mitzvah of Samantha Grossman

Center for food Action of Mahwah

(donated by their families in honor of the following simchas)

Bar Mitzvah of Noah Arum

Bar Mitzvah of Zachary Bibi

Bar Mitzvah of Jesse Dann

Refer a Friend or Family Program

Introducing the BHSS Refer a Friend or Family program.

Help us grow our community and share all that BHSS has to offer by referring a friend or family to join our synagogue. Here's how:"

How it works:

- For each family/friend referral, the referring member will receive a **\$360 dues credit**.
- In order to refer a family, please contact Iris Greenberg or Lisa Barrack in the office with the friend/family you are referring.
- If the family joins within **6 months of referral**, you are eligible for the credit.
- The credit will be issued in the form of a check which will be distributed during the month of December of the current year.

FAQs:

What if multiple members refer the same friend/family?

If this occurs, the credit may be split between a maximum of two referring families.

What if I don't want the dues credit for the referral?

We ask that you accept the credit and then donate it back to the synagogue to an area that is meaningful to you.

Can I refer someone who has previously attended synagogue events?

Yes! However, the spirit of the program is for new introductions.

If the prospective member is already a part of our formal weekly mailing list, this will not be considered an introduction.



 FEBRUARY 28 - MARCH 1 @ URJ CAMP HARLAM
BHSS CONGREGATIONAL RETREAT 2020

ENJOYED BY SINGLES, COUPLES, FAMILIES – ALL AGES AND INTERESTS

**I GET BY WITH A LITTLE HELP
 FROM MY FRIENDS**

Look out for new chugs - there will be something for everyone: movement, songs, drum circle, art, food, study, games, crafting, campfire and much more!

Come for Informal Services and Inspiring Song Sessions!

Retreat Shabbat services count toward Bar / Bat Mitzvah attendance requirements.

Come for the weekend or Saturday only!

Many thanks to the BHSS Endowment for significantly underwriting the cost of the retreat! Space is limited, so sign up soon! Registration is on a first-come, first-served basis. Need-based, confidential assistance with retreat fees is available - contact Rabbi Ilana privately (rabbischwartzman@gmail.com.)

Let's ***Come Together*** for the 2020 BHSS Retreat from the evening
 of February 28 through Sunday morning, March 1.

Baby You Can Drive My Car or take a
Yellow Submarine and take the ***Long and Winding Road***
 to Camp Harlam for this ***Magical Mystery*** Weekend.

Don't be the ***Fool on the Hill*** who doesn't RSVP.

Make sure to ***Get Back*** to us with your RSVP.

You can reach us ***Eight Days a Week***.

We will ***Twist and Shout*** with Rabbi and Cantor.

We hope you will join us. ***ALL TOGETHER NOW!***

BHSS RETREAT REVIEWS!

The reviews are in and last year's BHSS Congregational Retreat was a success!
Join us this year...

Our family has attended the Congregation retreat many times. It is always a time to relax, reflect, and hit the reset button. I love how we split into groups—and you can really do as much or as little as you want—and then we come back together to be joined in music and worship. Each year I have met new people or deepened already existing friendships. I am not a girl who likes “roughing it”, and Camp Harlam is just that for me—the beds are minimal, the food is nothing to write home about, but the tranquility and the joy that fills my heart when I participate in services—I especially enjoy the Havdalah service, makes up for it. It is fun to see people in a different setting. And you learn about people's hidden talents too. Don't miss Jackie and Shannon's campfire and S'Mores fest! Amy Littman and her husband did a wine tasting chug that taught me a great deal about wine. There is music, movement, religion, crafts, food arts and more to choose from each year. Each year that we go, I have a special memory that I carry with me. Attending the retreat makes me feel closer to the congregation and our community. I highly recommend attending.

5 stars!!!



We didn't know what to expect when we signed up for the Retreat. Well, the experience exceeded our expectations! There were so many fun activities. We couldn't believe all the details the Retreat Committee considered when they planned this awesome weekend. Everyone made us feel comfortable and we left the weekend with an amazing sense of community. We can't recommend this Retreat enough!

The Retreat was awesome. My family and I have been coming since the very first retreat, and each year it gets better and better. This past year may have topped all the others...

The theme of Dr. Seuss was great...we all grew up with Dr. Seuss, and by bringing his themes and literature and applying it to Jewish Spirituality was genius.

The choices of Chugim were great - I always enjoy choices of musical, participatory, and creativity. The Teen Challenge, where the kids all went out into the cold and played Gaga was a great option so there is something for everyone.

I would like to see a Chug choice for creative writing, or poetry or something like that...I think we had one once...

Overall, the Retreat offers people an inexpensive opportunity to experience camp for the weekend, and to commune with your fellow congregants. Looking forward to more and more...

It was great!

Attending BHSS retreat helped me gain valuable insight on the Jewish faith. The people that I met were all smart, energetic, and warm/sincere. The services before each meal was meaningful and impressive and the music/activities were creative. If anyone is considering attending, JUST GO! You will not regret it.

S'lichot at BHSS

Saturday, September 21

9:00 – 11:00 pm

Judaism in the Law
and in the Sanctuary



9:00 – 10:00 pm

Micah Schwartzman

Director of the Karsh Center for Law and Democracy and the Joseph W. Dorn Research Professor of Law at the University of Virginia, Professor Schwartzman is a scholar who focuses on law and religion, jurisprudence, political

philosophy and constitutional law. He will lead us on an exploration of separation of Church and State including, but not limited to the question of religious freedoms around the question of vaccinations.

10:00 – 11:00 pm

S'lichot Services

We will begin with Havdalah and continue to prepare for the High Holy Days. Join Rabbi Ilana Schwartzman, Cantor David Perper, and the BHSS Choir, as we introduce the melodies and themes of the Days of Awe.

Sisterhood Opening Program

GUEST SPEAKER

RABBI MARLA FELDMAN,

Executive Director, Women of Reform Judaism



ADVOCACY FOR REPRODUCTIVE RIGHTS:

What Judaism says- what has been done, what is being done
and what can we do as a congregation and community

Sunday, September 15

2:00 – 4:15 pm at Beth Haverim Shir Shalom

280 Ramapo Valley Road, Mahwah, NJ

RSVP to Lisalams@optonline.net by 9/5/19

The entire congregation as well as area Sisterhoods are invited to join us for this event
Meet and greet from 2 – 2:30 pm with light refreshments

Rabbi Feldman begins at 2:30pm

The Center for Hope and Safety (formally Shelter Our Sisters) is seeking baby needs EXCEPT DIAPERS,
such as pacifiers, baby wipes, lotion, changing pads etc. or Kohl's/Target gift card.

Please bring what you can.

Dedicate a Mishkan T'filah Shabbat Prayer Book!



Dedications can be made in honor or in memory of a loved one.

Please send with a \$36 donation (via check or credit card) to
Beth Haverin Shir Shalom

Dedication made by:

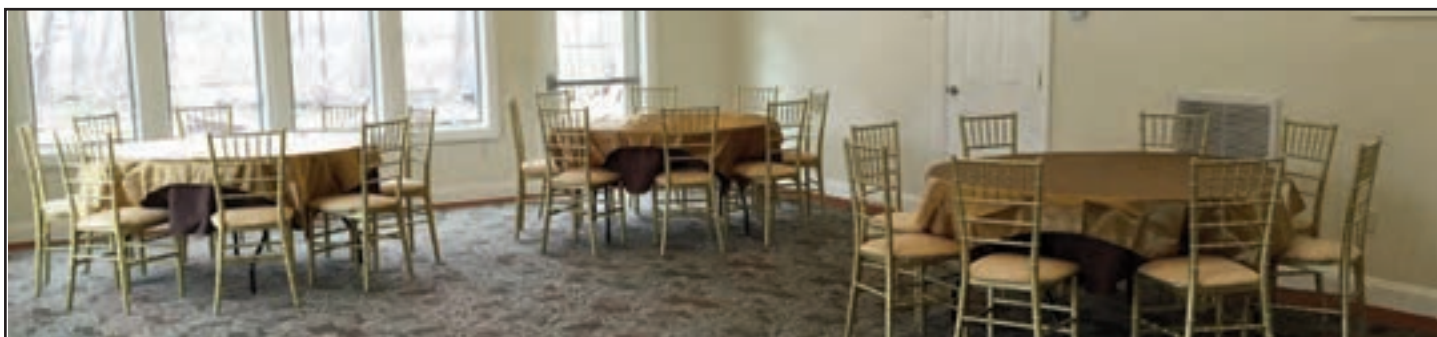
Dedication to read (Circle one):
In Honor or In Memory of:

A label will be placed in a siddur acknowledging your generous donation.



Our beautiful space, The *Ulam*, is available for your next event!!

Are you having a meeting? A small intimate gathering? Birthday, Anniversary, Graduation or Extended Kiddush?
Please call the office for more information on renting out this space.



Contribution Opportunities at Beth Haverim Shir Shalom

Name: _____ Tel #: _____

Address: _____

Brick Fund (Minimum donation \$ 5.00 for each) \$ _____

In honor/memory of _____

In honor/memory of _____

Life Fund (Minimum donation \$18.00 for each) \$ _____

In honor/memory of _____

In honor/memory of _____

Tree of Life (Minimum donation \$100.00 per leaf) \$ _____

In honor of _____

In honor of _____

Sustaining Membership (Minimum donation \$250.00) \$ _____

Building Fund (voluntary) \$ _____

Robbie Kriser Fund \$ _____

Rabbi Discretionary Fund \$ _____

Cantor Discretionary Fund \$ _____

Educator Discretionary Fund \$ _____

Barbara Weiss Scholarship Fund \$ _____

Michelle Mitzvah Group \$ _____

TOTAL \$ _____

Other/Special - Please contact us to discuss further opportunities

___ Kehilah Campaign ___ Yahrzeit Tablet ___ Eternal Lights

___ Other _____ ___ "Wish List" of Furniture, Fixtures and Equipment

Payment Information:

Check No: _____ Credit Card: ___ Visa ___ MasterCard ___ American Express

Credit Card Info: _____ exp. date _____

Please send this form along with check or payment info to:

Beth Haverim Shir Shalom – 280 Ramapo Valley Road · Mahwah, NJ 07430

SUKKAT SHALOM YOGA FOR EVERY BODY!

Join Sisterhood on
WEDNESDAY, OCTOBER 16
IN THE INDOOR SUKKAH
7 – 9 PM

Michelle Palumbo from Body Positive Works
will help us find our inner sanctuary

\$10 per person. Light refreshments served

Bring a yoga mat if you have one.
(Extra mats will be available if you don't.)
All yoga positions can be modified
for those who prefer to sit in a chair

RSVP to Lisalams@optonline.net by October 10
Check must be received before event to reserve your spot

Center for Safety and Change (formerly Rockland Family Shelter) in
New City, NY needs yoga pants and t-shirts in all sizes S, M, L, XL
and or flip-flops of all sizes. Please bring what you can to help.



Body Positive Works is an integrative, body positive wellness center
in Saddle River, NJ (Co-Founder Jen Kraft is a BHSS member).
For more information please visit www.bodypositiveworks.com



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GIFT CARDS

Meeting friends at Panera? Sipping Starbucks? Do you shop at ShopRite, Stop & Shop, Acme or Fairway? Support BHSS with this easy, ongoing fundraiser by buying gift cards to use at these and dozens of other stores and restaurants!

They also make wonderful gifts for teachers, coaches, birthdays, anniversaries and any holiday!

Please contact Lisa Lamster at
(lisalams@optonline.net) or 201-760-1935
with any questions or to order cards today!

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Adult B'nai Mitzvah - Spring 2021

For more information on becoming
an Adult B'nai Mitzvah, please contact the
synagogue office, 201-512-1983.

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NEW & PROSPECTIVE CAMPER WEEKEND FOR SUMMER 2020!



EISNER, CRANE LAKE,
6 POINTS SCI-TECH

For current 2nd-5th graders

Saturday, October 19 - Sunday, October 20, 2019
at Eisner & Crane Lake Camps



SPORTS & GAMES • CAMPFIRE & S'MORES • CELEBRATE SHABBAT
ARTS & CRAFTS • MAD SCIENCE • HIKING & CAMP TOURS
MAKE LOTS OF NEW FRIENDS!

201.722.0400

<https://urjnortheastcamps.org/eisner-crane-lake-new-prospective-camper-weekend/>

Come join the unofficial

BHSS Bicycle and Hiking Club

We ride on Sundays at 9 a.m. and sometimes at 8 a.m. when the weather warms.
We like the rail to trail best, but sometimes ride on the road.

We mostly ride the Monroe - Goshen rail to trail
and sometimes find other trails to ride as well.

We always end with food, coffee and conversation. When we can't cycle we hike.
Good company - good conversation - cycling, hiking and fun.

Give a shout out to Michael Feldman at jurisfeld@gmail.com.
See you soon!



Worship Schedule

Friday, September 6 6:30 pm
 TGIS Shabbat Evening family service
 Oneg Shabbat Hosts: the Alpert and Levinsohn families
Birthdays in August & September will be celebrated

Saturday, September 7 10:00 am
 B'nai Mitzvah of Emily Alpert and Andrew Levinsohn

Friday, September 13 7:30 pm
 Shabbat Evening service
 Oneg Shabbat Hosts: the Dweck family

Saturday, September 14 10:00 am
 Bat Mitzvah of Kate Dweck

Friday, September 20 7:30 pm
 Shabbat Evening service
 Oneg Shabbat Hosts: the Bugni and Weiner families

Saturday, September 21 10:00 am
 B'nai Mitzvah of Jake Bugni and Stephen Weiner
 Pre-S'lichot Program 9:00 pm
 Havdalah & S'lichot Service
 of Forgiveness *at BHSS* 10:00 pm

Friday, September 27 7:30 pm
 Shabbat Evening service
 Oneg Shabbat Hosts: the Reissman family

Saturday, September 28 10:00 am
 Bat Mitzvah of Jordana Reissman

Sunday, September 29 7:30 pm
 Erev Rosh Hashanah service

Monday, September 30 Rosh Hashanah services
Please refer to High Holiday tickets for service schedule throughout the day

Tuesday, October 1 9:15 am
 2nd Day Rosh Hashanah service

Friday, October 4 6:30 pm
 TGIS Shabbat Evening family service
 Oneg Shabbat Hosts: the Weiss family
Birthdays in October will be celebrated

Saturday, October 5 10:00 am
 Bar Mitzvah of Noah Weiss

Sunday, October 6 7:00 pm
 High Holiday Healing Service
Led by Rabbi Ilana Schwartzman & Cantor David Perper

Tuesday, October 8 7:30 pm
 Kol Nidre service

Wednesday, October 9 Yom Kippur services
Please refer to High Holiday tickets for service schedule throughout the day

Friday, October 11 7:30 pm
 Shabbat Evening service
 Oneg Shabbat Hosts: the Buchalter and Abramson families

Saturday, October 12 10:00 am
 B'nai Mitzvah of Adam Buchalter and David Abramson

Sunday, October 13 7:00 pm
 Sukkot Festival service

Monday, October 14 9:00 am
 Sukkot Morning service

Friday, October 18 7:30 pm
 Shabbat Evening service
 Oneg Shabbat Hosts: the Wunder and Glim families

Saturday, October 19 10:00 am
 B'nai Mitzvah of Leo Wunder and Matthew Glim

Sunday, October 20 7:00 pm
 Simchat Torah/Consecration service

Monday, October 21 9:00 am
 Simchat Torah Yizkor service

Friday, October 25 7:30 pm
 Shabbat Evening service
 Oneg Shabbat Hosts: the Hayes family

Saturday, October 26 10:00 am
 B'nai Mitzvah of Jacob and Hana Hayes

BETH HAVERIM SHIR SHALOM
280 RAMAPO VALLEY ROAD
MAHWAH, NJ 07430

Rabbi Ilana Schwartzman
Cantor David Perper
Rebecca McVeigh, Director of Education

Sessions of School:

Sundays: September 8, 15, 22 & October 20, 27
Mondays: September 9, 16, 23 & October 28
Tuesdays: September 10, 17, 24 & October 22, 29

Office Closed:

Monday, September 2
Monday, September 30
Tuesday, October 1
Tuesday, October 8 *office closes at 3pm*
Wednesday, October 9
Monday, October 14
Monday, October 21

To do in September and October



- *Torah Study Shabbat mornings, 8:15 am*
- *Tot Shabbat Friday, September 13 & October 18 at 5:15 pm*
- *Spiritual Walk Sunday, September 15, 7:30 am, Ramapo Valley Reservation, no pets please*
- *Sisterhood Guest Speaker, Rabbi Marla Feldman, Sunday, September 15 2:00 pm*
- *Help Brotherhood build the Sukkah, Sunday, October 6, 9:00 am*
- *Enjoy Pizza in the Hut, Sunday, October 13, 6:00 pm, rsvp strongly encouraged*
- *Decorate the Sukkah during the Oneg following Erev Sukkot service Sunday, October 18*
- *ShalOM Sukkat with Sisterhood, Wed, October 16, 7:00 pm*
- *Celebrate our new students, Simchat Torah/Consecration service Sunday, October 2, 7:00 pm*
- *Spiritual Walk Sunday, October 27, 7:30 am, Ramapo Valley Reservation, pets welcome!*