

## TEMPLE



## TOPICS

ADAR I/ADAR II/NISAN 5779

MARCH/APRIL 2019

## Rabbi Ilana's Message

### Sparking Joy!?

Some things take time before we can truly appreciate them....Judaism teaches us that we must explore a whole life and a whole history, not just the joyful parts. Over the next few months we will celebrate Purim and Passover—stories that may bring us joy, but that also recall hardship, oppression, and slavery. *full article on page 3*

## President's Message

### Moses, Matzah Balls & Outstretched Arms

The temperature has plunged to single digits ... but I am comforted by the knowledge that spring is coming, and along with it, my favorite holiday, Passover. Turns out, I am in good company. According to recent polls, Passover is the most celebrated of all Jewish holidays, with more than 70% of American Jews partaking in a ritual Seder meal. *full article on page 2*

## Educator's Message

### An Ode to Passover

Every once in a while, we spent Rosh Hashanah at my other grandparents' little apartment in Brooklyn. I would walk to their shul, Congregation Sons of Israel in Bensonhurst, with my great aunts, we'd sit up in the balcony, and occasionally the rabbi would look up from his prayers to yell "shush" to the women.

*full article on page 4*

**Donate to the CFA each time  
you come to synagogue!**

Help us "fill the CFA truck" all year long!

## B'NAI MITZVOT

March 2	Taylor Marder
March 2	Noah Rostolder
March 16	Emily Fox
March 16	Noah Wachtel
March 23	Raiden Furst
April 6	Rachel LaCorte
April 27	Jesse Dann

## THINGS TO DO:

*more info on back cover and throughout*

Torah Study  
Library Committee movie  
Miriam Seder  
Brotherhood Seder  
Purim Carnival  
Purim Shpiel  
BHSS Community 2nd Night Seder  
Library Book & A Bagel



## SAVE THE DATE

Yom HaShoah Commemoration	May 1
Sisterhood Shabbat	May 10
Rabbi Ilana Installation Shabbat	May 17
Teacher Appreciation Shabbat	May 31
Shavuot/Confirmation Service	June 8
Brotherhood Reboot Shabbat	June 14
Pride Shabbat	June 28





## President's Message

Jen Cole

## Moses, Matzah Balls & Outstretched Arms

The temperature has plunged to single digits and this afternoon's snow squalls created quite the commotion at the second grade pickup line, but I am comforted by the knowledge that spring is coming, and along with it, my favorite holiday, Passover. Turns out, I am in good company. According to recent polls, Passover is the most celebrated of all Jewish holidays, with more than 70% of American Jews partaking in a ritual Seder meal. People are understandably drawn to the powerful narrative of the Haggadah. As Union for Reform Judaism (URJ) President Rick Jacobs describes, it is "the master story of the Jewish people going from degradation to redemption, and it mirrors our own personal journeys." Rabbi Jacobs continues to explain that when asked about their core Jewish identity, many Reform Jews cite the core commitments of 'standing up for equality, pursuing justice and standing up for the rights of the marginalized.' He notes that if that there is no ritual that teaches these tenets more than Passover. Even if you don't love storytelling and social justice, Passover has matzah balls, so what is not to love?

For me, the deep connection to Passover begins and ends with Moses. A confession: I have always, and I do mean always, had a thing for Moses.

Let me explain.

Psychologists have long attempted to unveil how our personalities develop and have devised all sorts of tests and techniques to assess and identify our traits. They've included true/false inventories, ambiguous inkblots, in-depth psychoanalysis, etc. One early analyst, Alfred Adler, placed early childhood recollections as prime importance. He suggested that the key to unlocking the origin of an individual's personality could be discovered by understanding one's earliest complete memory.

And you guessed it, my first discernible memory is of Moses.

I was about three years old, attending the local Jewish preschool when I overheard *Moreh* someone-or-other talking to my mother about her concern about the fact that although I was doing well academically, I was incredibly shy, never spoke, and displayed no interest whatsoever in socializing or interacting with other children (my how things change!).

Instead, I spent all of my free time playing with a Moses doll.

Why this was a problem requiring a parent-teacher conference is another story altogether, but to this day I can vividly recall that doll and how much I enjoyed pretending to discover him floating down the river, for me to find and care for and love.

While admittedly Adler's theory may be too simplistic to be complete, and I won't bore you with all the details, I am certain that the allure of the Moses doll was rooted in my need to re-enact this ancient adoption story so as to process, understand and ultimately accept my own.

In a familiar passage from Exodus, we learn that God delivers us from bondage and redeems us with an outstretched arm. There is a perhaps lesser known midrash from the Babylonian Talmud, about Pharaoh's daughter, who remains unnamed in the Torah, but due to her compassion eventually earns the name "Batya" meaning "daughter of God." It is said that when Batya spotted Moses floating down the water, there was an unbridgeable distance between her and the basket. She reached out nonetheless, and her arms were miraculously lengthened to 60 *amot* (cubits), enabling her to pull Moses to shore. She raised him as her own despite knowing his true Hebrew origin.

What a beautiful image that is painted here, with so much to unpack and so much we can learn about taking risks, seeing past religious and ethnic differences, reaching out to each other, again and again, even if disappointment seems inevitable. How much more we could accomplish with outstretched arms.

Contemporary psychologists who study memory, have questioned Adler's assertions and have provided alternative perspectives. Professor John Kihlstrom at University of California Berkeley suggested that it is not so much that our memories make us, but that we make our memories. That is, as adults we select the elements of our childhood recollections that most align with our present needs and conceptions of ourselves.

As for me, my crush on (obsession with?) Moses certainly didn't end in nursery school but followed me throughout the

*Continued on next page*

## Sparking Joy!?

# Rabbi's Reflections

Rabbi Ilana Schwartzman



Like many of you, I too watched the first episode of Marie Kondo's *Tidying Up* on Netflix. I like the idea of having a place for everything and everything in its place. I like the idea of surrounding yourself with only things you love. The concept behind the KonMari method is that you only keep things in your home that "spark joy." Everything else gets binned. And it turns out that enough people have watched the show and tried the method that thrift stores have been inundated!

In addition to "Kondo"-ing their spaces, people have also been applying the method to their lives more generally. More and more articles have been popping up like: "You Can Now Declutter Twitter the Marie Kondo Way," "Why You Should Marie Kondo Your Friendships," and "Marie Kondo's approach for investing." Given that I'm not even completely sold on the home aspect of the technique, I'm not sure I can buy into extending it into the rest of my life. For example, let's take the utensil drawer in my kitchen. I don't know that a can opener, any can opener, is really going to spark joy for me. Or any vegetable peeler for that matter. But there are things we have because we need to have them, not because they make us joyful. Granted, I have only seen one episode (I don't think I'm apt to watch more), but these were not issues addressed.

Nevertheless, if you are interested in minimizing the stuff in your home to those things that immediately spark joy, go for it! Enjoy! I don't know how you will open your cans or peel your vegetables—please let me know. Even so, I would think twice about applying the rule of only "sparking joy" too broadly to our lives in general. Some things take time before we can truly appreciate them. Other aspects of our lives require dedication or help us grow by making us productively uncomfortable. We should not excise our lives of everything hard, uncomfortable, or challenging.

Joy is only one aspect of a full life. If we spurn and reject anything that it takes time to appreciate, learn from, or that makes us unhappy; we also avoid life lessons like compromise, acquiring tastes, and facing reality. Judaism teaches us that we must explore a whole life and a whole history, not just the joyful parts. Over the next few months we will celebrate Purim and Passover—stories that may bring us joy, but that also recall hardship, oppression, and slavery. Embracing these experiences gives us a stronger Jewish identity and hopefully makes us a more empathetic people. Our history is not a tidy one, but it is a full one worth celebrating, embracing, and making space for in our lives.

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### *President's Message - continued*

years. In college, I wrote my final thesis on Freud's struggle with Judaism, detailed in Moses and Monotheism. Then, I completed my post-doctoral internship at...wait for it...Mount Sinai Medical Center (where else?!?!). I even provided treatment for one of the actors in Cecil B. DeMille's Ten Commandments.

I have found the story of Moses to be one that has clear application to both my personal and professional lives. Consider that Moses begins his life in Egypt, the Hebrew word for which is "*mitzrayim*," meaning "a narrow confining place." It might be said that each and every one of us confronts our personal Egypt. Although we've likely never been physically enslaved as the Hebrews were, we are nonetheless restricted: perhaps physically by disabilities, illnesses, addictions; emotionally by grief, fears or insecurities; socially by narrow-mindedness or prejudice, too much or too little ego; or our constraints might be financial or spiritual. As

a practicing psychologist, I have often seen my goal as helping clients identify their limitations, whatever form they are in, and helping them to live fuller, unrestricted lives. In Bruce Feiler's book, *America's Prophet*, he concludes: "Moses' gift and his legacy...is that he proposes an alternative reality to the one we face at any moment. He suggests that there is something better than the mundane, the enslaved, the second-best, the compromised. He encourages people to be restless, and revolutionary."

I encourage us all to be inspired by Moses' life and his legacy. Let us, in this season especially, think of the ways in which we can live more free lives and move toward our personal and collective promised lands, and remember how much more we can do when we reach out to each other with outstretched arms.



## From the Educator's Office

Rebecca McVeigh

## An Ode to Passover

When my son Ari became bar mitzvah, his Torah portion was Emor. Out of all the topics in that portion, he decided to speak about Passover, his favorite Jewish holiday. I am not sure if it a coincidence that it is also my favorite Jewish holiday.

Holidays for me are linked to places and people. At Chanukah we had my dad's latkes and my mom always separated out whose gifts were whose by the color of the wrapping paper, or numbers, or something else creative.

For the high holidays I wore my new (ugh – wool) skirts and tights, and they dismissed the children from the sanctuary before the rabbi's sermon. The year my Pop-Pop died I remember Simchat Torah (my only memory of Simchat Torah) at my grandparent's synagogue outside of Philadelphia. I confess to say that I don't remember celebrating Purim at all, or Shavuot. Because I attended a Jewish camp for a few years, I vaguely remember Tisha B'Av. Every once in a while, we spent Rosh Hashanah at my other grandparents' little apartment in Brooklyn. I would walk to their shul, Congregation Sons of Israel in Bensonhurst, with my great aunts, we'd sit up in the balcony, and occasionally the rabbi would look up from his prayers to yell "shush" to the women. We'd come and go throughout the day to prepare food, and it was so very different from my Reform Jewish synagogue on Cape Cod, but so very interesting!

We celebrated Passover in Bensonhurst, and those years were the ones I remember the best – and why Passover is my favorite holiday. My grandpa taught me to make *charoset* at his tiny kitchen table, and my aunt taught me to make matzah ball soup, chopped liver, and her (actually, all of my female ancestors' on that side of the family) Passover sponge cake. There was a long table (or maybe a series of tables – I wasn't into logistics back then) that spanned their living room, dining room, and entryway.

The kids sat at one end and the "adults" at the other. I was in charge of bringing the water pitcher and bowl so my grandpa could wash his hands. I remember a stiff sofa upholstered in green velvet and a phone with a really long cord, so that when my great-aunts and uncles called from wherever they lived (Florida) to wish everyone a Happy Passover, we could all

talk. My dad's first cousins, identical twins named Buddy and Bobby, sat at our end of the table and made jokes throughout the Seder. Like the rabbi in the shul, my grandfather would occasionally "shush" our end of the table, but it all made for idyllic memories for me. The food, the conversations, the furniture, the family, even the smells of that little apartment building on Cropsey Avenue; these experiences are the foundation for my love of Passover. My children know these stories, and eventually our granddaughter Rose will know the stories (and learn to make matzah balls!)

I don't know if my cooking of those recipes and encouraging levity around our table reflect my (subconscious or otherwise) determination to recreate Grandpa's Seder. I don't know if my actions caused Passover to become Ari's favorite holiday, but I hope so.

My sons were taught about Passover at BHSS, just like your children are learning now. Even so, there are intangible things we cannot teach - the stories, sights, sounds, smells and tastes of their family, YOUR family's Passover experience – those things will give them the ability to make it their own.

May your own Passover traditions, old and new, enrich your family's life, and may you continue to tell the stories of your past and make new stories that your children can carry into the future.

Wishing you a sweet Pesach,

- Rebecca McVeigh, Director of Education

**BHSSTY Presents**

**PURIM CARNIVAL**

**Sunday, March 17**

**11:30: Purim Mini Spiel**

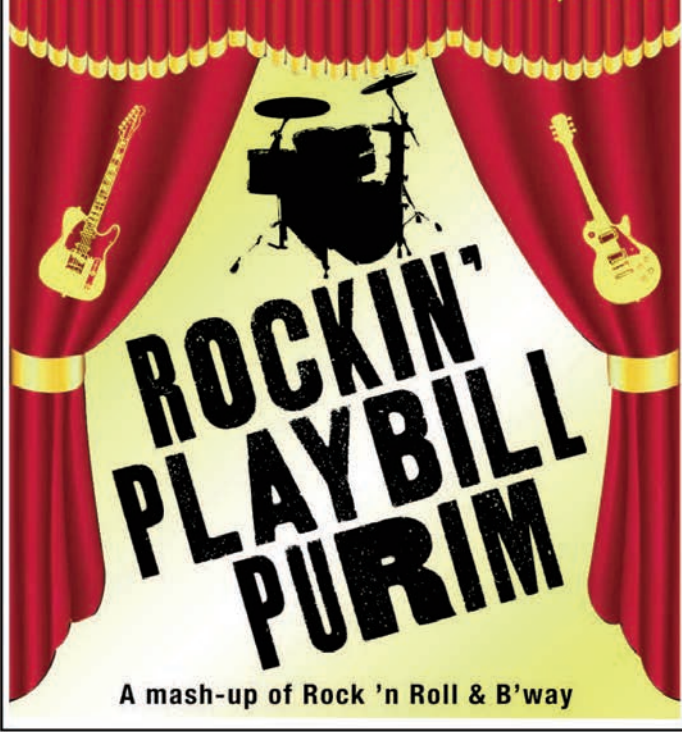
**11:45 - 1:45 pm:**

**Carnival and CFA Food Drive**

# PLAYBILL

BETH HAVERIM SHIR SHALOM PROUDLY PRESENTS

WEDNESDAY MARCH 20, 7PM.



## ROCKIN' PLAYBILL PURIM

A mash-up of Rock 'n Roll & B'way

All are welcome to participate!  
First rehearsal Sunday March 3, 5:00 pm.

# Coffeehouse Cantors

Featuring Cantor Perper and Friends



**Saturday,  
April 13,  
7:00 pm  
at  
Beth Haverim  
Shir Shalom**

**Delicious Snacks and Desserts!  
Fabulous Entertainment!**

**Tickets \$18 - Call BHSS office in advance  
(201) 512-1983 or pay at the door.**

This event will be in remembrance & celebration  
of our Coffeehouse friend Cantor Ilan Mamber.

We will be also be raising funds for  
**Friends of Yad Sarah**, an Israeli organization  
who supplies those in need with  
medical equipment, wheel chairs, walkers etc.



## GIFT CARDS

Meeting friends at Panera? Sipping Starbucks? Do you shop at ShopRite, Stop & Shop, Acme or Fairway? Support BHSS with this easy, ongoing fundraiser by buying gift cards to use at these and dozens of other stores and restaurants!

**They also make wonderful gifts for teachers, coaches, birthdays, anniversaries and any holiday!**

Please contact Lisa Lamster at (lisalams@optonline.net) or 201-760-1935 with any questions or to order cards today!



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*Rachel LaCorte*

*Theodora Leibman*

*Taylor Marder*

*Zack Slater*

*Eli Swerdloff*

## Candlelighting times:

March 1 – 5:29 pm – Vayacheil  
 March 8 – 5:37 pm – P'kudei  
 March 15 – 6:44 pm – Vayikra  
 March 22 – 6:52 pm – Tzav  
 March 29 – 6:59 pm – Sh'mini

April 5 – 7:07 pm – Tazria  
 April 12 – 7:15 pm – M'tzora  
 April 19 – 7:22 pm – Pesach I  
 April 26 – 7:30 pm – Pesach VIII



# March Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					3:30 pm Book Fair 6:30 pm TGIS Thank Goodness It's Shabbat! Family Service PJ Shabbat	Vayachel 8:15 am Torah Study 10 am Taylor Marder & Noah Rosolder
3	4	5	6	7	8	9
8:30 am Book Fair 9 am FS & 6th 11:30 Group Class	3:30 pm Book Fair 4 pm School K-3 6:45 pm Kadimah	3:30 pm Book Fair 4 pm School 4/5 6:30 pm Group Class 7:30 pm Ritual Mtg.	7:30 pm Adult Choir		7:30 pm Tefilot	P'kudei 9 am Torah Study
10	11	12	13	14	15	16
9 am FS & 6th 11:30 Group Class 7 pm Healing Svce.	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 6:30 pm Group Class 7:30 pm Exec. Comm 7:30 pm MMG	7:30 pm Adult Choir		5:15 pm Tot Shabbat 7:30 pm Tefilot	Vayikra 8:15 am Torah Study 10 am Emily Fox & Noah Wachtel
17	18	19	20	21	22	23
9 am FS & 6th 11:30 Group Class 11:30 am Mini Shpiel 11:45 am Purim Carnival	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 6:30 pm Group Class 7:30 pm Board Mtg.	7 pm Purim Shpiel		7:30 pm Tefilot	Tzav 8:15 am Torah Study 10 am Raiden Furst
24	25	26	27	28	29	30
9 am FS & 6th 11:30 Group Class 1 pm <i>Denial</i> Movie 1 pm & 2 pm YG Spiritual Walk	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 6:30 pm Group Class 7:30 pm Music Comm.	7:30 pm Adult Choir		7:30 pm Tefilot	Sh'mini 9 am Torah Study
31						
9 am FS & 6th 11:30 Group Class						

# April Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 6:30 pm Group Class 7:30 pm Ritual Mtg.	7:30 pm Adult Choir		6:30 pm TGIS Thank Goodness It's Shabbat! Family Service Girl Scout Shabbat	Tazria 8:15 am Torah Study 10 am Rachel LaCorte
7	8	9	10	11	12	13
9 am FS & 6th 11:30 Group Class 5 pm Interfaith Seder	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 6:30 pm Group Class 7:30 pm Exec Comm. 7:30 pm MMG	7:30 pm Adult Choir	6 pm Sis'hood Miriam Seder	5:15 pm Tot Shabbat 7:30 pm Tefilot	M'tzora 9 am Torah Study 7 pm Coffeehouse Cantors
14	15	16	17	18	19	20
No School	No School	No School Board Mtg.	7:30 pm Adult Choir	7:30 pm Brotherhood Men's Seder @ Peshwari Grill	NO SERVICE FIRST SEDER	Pesach 8:15 am Torah Study 10 am Passover Svce 6 pm 2nd Night Seder
21	22	23	24	25	26	27
No School	No School	No School 7:30 pm Music Comm Mtg.	7:30 pm Adult Choir		9 am Passover Yizkor Service 7:30 pm Tefilot	Pesach 8:15 am Torah Study 10 am Jesse Dann
28	29	30				
9 am FS & 6th 11:30 Group Class 1 pm YG @ Horse Rescue 1 pm Book & A Bagel	4 pm School K-3 6:45 pm Kadimah	4 pm School 4/5 6:30 pm Group Class				

## ...will be called to the Torah...



### ***Taylor Marder – March 2, 2019***

Lives in Montebello, New York. Mother, Christina Fernandez, Father, Robert, Brothers, Jared, 18, Ethan, 16, and Benjamin, 6, Sister, Brinkley, 4 ½ months ..... is a 7th grader at Suffern Middle School ..... Her interests include spending time with family and friends and playing travel soccer and basketball. “I enjoy being around pets and hope one day to become a veterinarian. I am very excited to become a bat mitzvah. Currently I am working with Southern Paws Rescue where I help take care of the animals.”



### ***Noah Rostolder – March 2, 2019***

Lives in Mahwah, New Jersey. Mother, Aldine, Father, Jeff, Sister, Eliya, 15 ..... is a 7th grader at Ramapo Ridge Middle School ..... His interests include baseball, basketball, and spending time with his dog Annie. “I hope to be a professional baseball player. I’m excited to celebrate with my family and friends and carry on Jewish traditions in my life. For my community service I volunteered with the Mahwah All Stars.”



### ***Emily Fox – March 16, 2019***

Lives in Upper Saddle River, New Jersey. Mother, Jamie, Father, Steven, Sisters, Sami, 14, and Nikki, 10, dog KC ..... is a 7th grader at Cavallini Middle School ..... Her interests include dancing and basketball. “I want to help people or animals. I feel proud and accomplished that I have achieved something this big and special. I volunteered at Southern Paws, a dog rescue organization, where dogs/puppies are rescued and brought north and adopted. I cleaned cages, bathed dogs, and played with them, all to get them ready for adoption. I really enjoyed this.”



### ***Noah Wachtel – March 16, 2019***

Lives in Mahwah, New Jersey. Mother, Kacey, Father, Matt, Sister, Addyson, 11 ..... is a 7th grader at Ramapo Ridge Middle School ..... His interests include building things out of Legos, clay, and magnets, and enjoys golfing and skiing. “I want to be an architect or a surgeon. ‘Who you are tomorrow begins with what you do today.’ – Tim Fargo. I’m looking forward to this huge milestone in my life and seeing what is to come. I am collecting items from the wishlist at the Ramapo-Bergen Animal Refuge. I want to help animals in need and make them more comfortable while they wait for their forever home.”

### ***Raiden Furst – March 23, 2019***



### ***Is your child having a bar or bat mitzvah?***

Form and photograph should be received by the synagogue by the 1st of the month as follows:

For a May or June date, by April 1  
*Thank you for your cooperation.*

## ...will be called to the Torah...



### ***Rachel LaCorte – April 6, 2019***

Lives in Suffern, New York. Mother, Stacy , Father, Dagan, Sister, Allison, 9 ..... is a 7th grader at Suffern Middle School ..... Her interests include swimming, cooking, lacrosse, and theater. "I'd like to be a chef. I am excited to be called to the Torah as a bat mitzvah and share all that I have learned. I am thrilled to support Experience Camps, an overnight camping program for grieving children, by making baskets of toys and games for each bunk."



### ***Jesse Dann – April 27, 2019***

Lives Upper Saddle River, New Jersey. Mother, Suzanne , Father, Larry, Sister, Brooke, 15 ..... is a 7th grader at Cavallini Middle School ..... His interests include water skiing, building, and technology. "I'd like to be the founder of a company and CEO. I am nervously excited about my bar mitzvah. For my community service I will be helping at Elijah's promise and providing food for people in need."

## Education Committee

It's (almost) spring, and that means **BOOK FAIR TIME!** Come support our school, and shop the Scholastic Book Fair for great books! There will be a wonderful selection of books from pre-readers through adult, as well as great Jewish cookbooks, craft books, journals, and more! Scholastic sends us a special supply of Jewish board books, story books, and teen books as well as the cookbooks, so stop in!

The hours\* are:

Friday, March 1 - 3:30 - 6:30 p.m. (shopping available before services!)  
and 7:30 - 8:30 p.m. for browsing only

Sunday, March 3 - 8:30 a.m. - 1:00 p.m.

Monday, March 4 - 3:30 - 8:30 p.m.

Tuesday, March 5 - 3:30 - 6:45 p.m.



\*If a weekday morning, for example, is more convenient for you, contact the synagogue office to see if we can open up the fair just for you!

In addition to any books your family would like to purchase, please consider donating \$5 (or more) which the Education Committee will use to purchase books from the fair to donate to Oasis: A Haven for Women and Children. (Donations can be dropped off at any time the synagogue is open.) Not in the market for books for yourself? We hope you'll still consider donating - we'll do the shopping for you!

From the entire Education Committee, we wish you and your families a very happy Passover!

- Lauren Einhorn, Chair, Education Committee

## Brotherhood 2.0

Brotherhood updates. Simple. Winter was cold outside, but warm in our community - Brotherhood is on the rise! Back in December we co-sponsored an awesome party with Sisterhood, and in January, we had a great Brotherhood "mini-Raps" while at the BHSS retreat...and those who weren't on retreat had a Raps at home. In February we had our monthly dinner, this time at Sarina's Afghan Cuisine in Suffern. As we are continuing our Asian food theme, this time around we decided to pick a Halal place and invite some of our Muslim friends to join us! At the time of this writing, the dinner hasn't happened yet, so look one of us up, and ask us how it went...Great, I'm sure...

So, why is Brotherhood on the rise? Over the past several months, we noticed several new faces joining us at our monthly dinners and Raps. We are planning some regular events, but creating a few new ones – our Annual Bike Ride is in June this year, our annual Boulders game will be over Father's Day weekend, as usual...but this year? Instead of the Ulam, we are having our annual Men's Seder at Peshwari Grill in Mahwah. And we are looking to add even more... summertime events, comedy club, and maybe something over Chanukah!

So, what we are asking of you, our fellow brothers of BHSS, whether you are a member of BHSS Brotherhood or not is this: Come to a board meeting. Come out and help us plan an event of your choosing. Come to a dinner or a breakfast,

and meet some of us...come out and help us cook and sell food at the Purim Carnival, or grab a pair of tongs at one of our BBQs. Come to a baseball game, or just show up at Brotherhood Shabbat. Do one thing to get a bit more involved in our group and in our synagogue...there is so much we do to support BHSS and each other... but there is so much more we can do!

Looking forward to seeing more and more new faces as well as many of our familiar faces! Check out our dates below...

L'Shalom!

--Jonathan A. Theodore,  
Current Past President

**Thursday, March 21** – Brotherhood Dinner –  
Allendale Bar and Grill, 7:30 PM

**Sunday, March 24** – Brotherhood Raps –  
Panera Bread, 10:00 AM

**Thursday, April 18** – Brotherhood Men's Seder –  
Peshwari Grill, 7:30 PM

**Sunday, April 28** – Brotherhood Raps –  
Yes...it's after Passover! – Panera Bread, 10:00 AM

## Music Committee

Hello everyone!

We want to thank all of you for making **BHSS Got Talent** such a success! Our congregation is so much fun and full of great people wanting to share something of themselves with their BHSS friends. We couldn't have done it without you. **YOU WERE ALL AMAZING!**

Please save the date of **April 13 at 8:00 p.m.** when we present **Coffeehouse Cantors**. Cantor Perper and his friends will be performing again. Tickets will be available for \$20.00 at the door or via RSVP to the synagogue office. This year we will be supporting *Friends of Yad Sarah*. It is a very special charity in Israel that assists the elderly to age "in place" by supplying rehab equipment, caregiver support, and other

support for the homebound. I encourage you to look at their website [www.friendsofyadsara.org](http://www.friendsofyadsara.org) for more information. Their work is unique to the entire state of Israel!

On a last note, I would like to invite you join us at a Music Committee meeting in the synagogue library. Our meetings are on the last Tuesday of each month at 7:30 p.m. Attendance to all the meetings is not a requirement, and neither is musical talent! E-mail me any time at [niberger@aol.com](mailto:niberger@aol.com) and let's meet. I'd love to hear from you!

Musically yours,  
Nora Berger

## Four Mitzvot of Purim

There are four basic mitzvot established by the Mishnah, the first Rabbinic law code, based on the text of the Book of Esther. Following the salvation of the Jews, Mordecai decreed the everlasting observance of the holiday, and Esther confirmed his ordinance:

### **Esther 9:29-31**

<sup>9:29</sup> Then Queen Esther daughter of Abihail wrote a second letter of Purim for the purpose of confirming with full authority the aforementioned one of Mordecai the Jew. <sup>30</sup> Dispatches were sent to all the Jews in the hundred and twenty-seven provinces of the realm of Ahashuerus with an ordinance of “equity and honesty.” <sup>31</sup> These days of Purim shall be observed at their proper time, as Mordecai the Jew—and now Queen Esther—has obligated them to do, and just as they have assumed for themselves and their descendants the obligation of the fasts with their lamentations. [I.e., the Jews are to celebrate this festive holiday in addition to their commemorations of national tragedies.]

### **1. Reading the Megillah (*Mikra Megillah*)**

*And Esther’s ordinance validating these observances of Purim was recorded in a scroll (Esther 9:32).*

Each year, we retell the story of Purim, found in the Megillah (which is the same as the biblical book of Esther). As this story is one of overturned fortunes and unexpected endings, our recitation of the story is often humorous, honoring the festivity of the holiday.



### **2. Festive meal (*Se’udat Purim*)**

*They were to observe [these days of Purim] as days of feasting and merrymaking... (9:22).*

Purim is a time for feasting and making a day of gladness. Purim is a time for special foods such as *hamantashen* (cookies filled with poppy seeds or jam) and *kreplach* (dumplings).

### **3. Sending gifts to friends (*Mishloach Manot*)**



*...for sending gifts to one another... (9:22)*

On Purim, Jews across the kingdom of Persia celebrated their freedom, and they continue to share in that joy every year. Sending gifts to friends, often baskets of food and treats, is a practice intended to increase everyone’s joy, both the sender and the receiver.

### **4. Sending presents to the poor (*Matanot L’evyonim*)**

*...and [sending] presents to the poor (9:22).*

The festivities of Purim are not reserved only for those who can afford them. Giving money or other gifts to those who are in need allows the spirit of the holiday to spread to every corner of the community.

## SISTERHOOD'S MIRIAM'S SEDER

*Why Is This Night Different From All Other Seder Nights?*

At all other Seders, we hear the stories of our forefathers, but the voices of our mothers are silent.  
*This night they will be heard!*

THURSDAY APRIL 11 at 6:30 PM



RSVP by April 1, 2019

RSVP to Lisa Lamster Lamster [lisalams@optonline.net](mailto:lisalams@optonline.net)  
\$36 members, \$40 non-members, \$25 children (under 13)

Please mail a check payable to Sisterhood of BHSS to the temple  
Please contact Lisa Lamster at above email  
if you would like to Venmo your payment.

## Community Second Night Seder



*Why is tonight different than all other nights?*

For the answer to this question and much more come to the

BHSS Community Second Night Seder

April 20 at 6 pm

\$40 adult, \$18 child under 13

RSVP by 4/12

## Caring Committee

The Caring Committee would like to extend our thanks to all those who cook, bake, drive, call, and just plain care for our congregants. The recipients of these efforts and generosity are always overwhelmed and so appreciative. Caring Committee knows it is what this congregation does best!

To all those receiving this kindness, if you are able to "pay it forward" we are always happy to welcome you to our Caring Committee family. You can then know this wonderful feeling of "helping, giving, and caring"!

The winter and inclement weather will soon be here. We are

needed year 'round and encourage you to help drive members to doctors' appointments, and/or synagogue services. We also need volunteers to cook meals or shop for our members who are not able to go outside.

Please contact Candy Kassover ([candy1951@optonline.net](mailto:candy1951@optonline.net)) or Laura Miller ([mlctsmiller@verizon.net](mailto:mlctsmiller@verizon.net)).

Thank you.

Candy Kassover, Co-chair, Caring Committee  
Laura Miller, Co-chair, Caring Committee

# Sisterhood News

What's better on a cold, cold morning than snuggling in your PJs? Thanks to all of you who have helped Sisterhood share that pleasure with our Bergen County neighbors through our PJ Drive for Oasis! With your help, we collected more than 100 pairs of PJs for toddlers, kids and teens. We were also able to deliver \$520 in gift cards to the Battered Women's Shelter, from your generous contributions at the Chanukah party. It's so wonderful when BHSS comes together to help our community!

Have you ever wanted to know more about the practice of ritual bathing? Join us for fun and learning at Mimosas in the Mikvah! While we won't be immersing, we will be sipping, snacking and hearing about an important tradition that many of us have never experienced. We will be gathering on Sunday March 3 at the Monsey Mikvah on Viola Road. Cost is \$18 per person. RSVP to Debbie Falkow (debalkow@hotmail.com) by Friday 3/1.

April brings our annual Miriam Seder, another chance for sisterly bonding, and a celebration of women's part in Jewish history. You won't want to miss Rabbi Ilana's debut as our Seder leader. The cost will be \$36 for members, \$40 for non-members and \$25 for children under b'nai mitzvah age. RSVP by April 1 to Lisa Lamster at lisalams@optonline.net to reserve your spot, as this event always sells out!

Don't forget to rush on over to Board and Brush: a wonderful evening of painting and imbibing! Those of you who came to BHSS a couple of years ago for this event may still have their "objets d'arts" hanging in their homes, and still have room for more. If you weren't there last time, you missed a great time! Join us on Thursday, May 16 from 7:00-10:00 p.m. The location is: 119 E. Main Street, Ramsey. The cost will be \$35 per person. For more information, contact Debbie Falkow at debalkow@hotmail.com

With the busy spring we have coming up, we've postponed Dine-A-Round to the fall of 2019, so practice your Fall Cuisine favorites. We'll stay in touch as plans get firmed up. Have you Zumba'd your way to health with BHSS yet?

Zumba is every Monday in the Ulam. Follow the emails and bulletin boards for more details.

Last call to be fabulous! The Cher Raffle winner will be called at the Purim shpiel. Don't miss your chance to win two floor aisle seats for Cher's Friday, May 3rd show at the Prudential Center. Like all of us, Cher is an American Icon—and you don't want to miss seeing her!

With such great programming planned, all we need to be amazing is YOU!

Leslie Sapienza and Sheryl Thailer,  
Sisterhood Co-presidents

## Sisterhood of BHSS Concert Raffle



## CHER @ THE ROCK

Friday, May 3 at 8 pm  
Prudential Center, Newark NJ

1st Prize - 2 Floor Aisle Tickets  
2nd Prize - Cher Bible & CD  
3rd Prize - Cher CD  
Drawing held at the BHSS Purim Shpiel

### Donation \$25

Contact Jane 201-264-8810 or peppersault@gmail.com  
Winner need not be present to win



*Jack Alpert*

*Juliet Bedrin*

*Zachary Bibi*

*Zachary Braunstein*

*Jenna Finkelshteyn*

*Ilana Reese Gilbert*

*Carson Greenberg*

*Luke Hollander*

*Tabatha Jachts*

*Andrew Kotz*

*Victoria Laddy*

*Max Nierenberg*

*Gabriel Reinstein*

*Jordan Shamus*

*Dylan Slater*

*Remi Slivka*

*Parker Slivka*

*Tyler Strauss*

*Jason Weintraub*

## SAVE THE DATE Yom HaShoah

7:00 pm  
Wednesday, May 1

Please join us for our Yom HaShoah Commemoration service. The guest speakers are Gertrude Theodore and Elise Chmielewski.

## Ritual Committee

As the long winter draws to a close, there is much to look forward to in the spring of 2019 at BHSS.

**Tune in** with the fabulous BHSS Purim Shpielers as they join Rabbi Ilana and Cantor Perper in celebrating **Rockin' Playbill Purim** on Wednesday, March 20 at 7 p.m.!

**Soak in** the comfort of community in an intimate worship setting at one of our upcoming healing services, scheduled on Sundays, March 10 and June 16 at 7 p.m.

**Participate in** the community Passover 2nd Seder on Saturday, April 20 at 6 p.m. The seder will be catered by Rosebud Caterers, and is \$40 per adult and \$18 per child under age 13. RSVP to the office by Friday, April 12.

**Share in** the spirit of community and audacious hospitality. Please consider our **Passover Plus One and Greeter** programs.

Passover Plus One helps to make sure that no one in our community is alone for the holiday. If you have room at your Seder table on Friday, April 19, or if you are in need of a Seder to attend, please contact Iris in the office.

Please note that BHSS will NOT have a Friday night service on **April 19**. There will be a Saturday morning Shabbat festival service on Saturday, April 20, and the Passover Yizkor service will be held on Friday April 26 at 9 AM. Whether you celebrate with us or with family and friends, the Ritual Committee wishes you a meaningful and joyous holiday!

As a member of *any* BHSS committee, you have the opportunity to **represent** your committee as a greeter at an upcoming Shabbat service. Thanks to the Ritual Committee and Sisterhood for serving as greeters in January and February, and thanks in advance to Brotherhood and Social Action for greeting in March and April! If you are NOT a member of a committee, we still invite you to participate as a greeter! You can sign up any time at <http://signup.com/go/34HKK4>.

**Partake in** BHSS's second annual Pride Shabbat service on Friday, June 28 at 7:30 p.m. This very special service is a wonderful opportunity for us to celebrate the diversity within our congregation as well as the surrounding community. If you would like to participate in the planning of this special service, please contact Debbie at [dsroyal@optonline.net](mailto:dsroyal@optonline.net).

On behalf of the Ritual Committee and the entire BHSS community, we would like to extend a heartfelt thank you to Willard Allman for his generous donation of an additional one hundred new *Mishkan T'filah* prayer books for our congregation to enjoy for years to come.

With gratitude,

Debbie Royal and Judy Teich,  
Ritual co-chairs

# Contributions

## Rabbi's Discretionary fund

thank you for guidance, leadership and assistance. And in honor of Breanna becoming a bat mitzvah!

- Breanna Bofford & the Bofford family

with thanks and in honor of Justin Diamond becoming a bar mitzvah

- the Diamond family

with thanks and appreciation and in memory of Howard Leibowitz

- Judy Leibowitz

## Cantor's Discretionary Fund

with thanks for a wonderful Shabbat Shirah!

- Ethel Rosen & Stu Kirshner

to Gail Spencer and family, in memory of Louis Stiglitz

- Sheryl Thailer

- Joyce & Stephen Weinberg

with thanks & appreciation and in memory of Louis Stiglitz

- Marilyn Stiglitz

with thanks and appreciation and in memory of

Howard Leibowitz

- Judy Leibowitz & family

with thanks for your teaching and making me laugh.

And in honor of becoming a bat mitzvah!

- Breanna Bofford & the Bofford family

with thanks and in honor of Justin becoming a bar mitzvah

-the Diamond family

## Brick Fund

to Jane Simon, in memory of Victor Simon

- Sheryl Thailer

to Rebecca Lory, in memory of Ellen Walker

- Sheryl Thailer

## Life Fund

to Terry Sitomer and family, in memory of your dear sister Myra Minty

- Marci & Harvey Weinberg

in commemoration of the yahrzeit of Paul Jeanette

- Sandi & Bob Jeanette

in commemoration of the yahrzeit of George Paris

- Joyce & Stephen Weinberg

in commemoration of the yahrzeit of Nancy Morgan

- James Morgan

in commemoration of the yahrzeits of William and Sophie Eisenstein

- Paula & Mel Tenenbaum

to Lisa Pavon and family, in memory of your dear mother Beverly Fitterman

- Dorothy, Michael & Max Cohen

in commemoration of the yahrzeit of Irene Bernstein

- Marilyn & Ira Bernstein

in commemoration of the yahrzeit of Rose Jacobson

- Joyce & Stephen Weinberg

in honor of the marriage of our son AJ to April Kletke

- Alison & Norman Axelrod

in memory of Janice Kaplan

- Alison & Norman Axelrod

in commemoration of the yahrzeits of Celia Meyers and Marilyn Solomon

- Pearl & Bob Meyers

in commemoration of the yahrzeit of Esther Goodman Zaslow

- Carole Goodman

in commemoration of the yahrzeit of Beverly Schwartz

- David Schwartz

# Contributions

## High Holy Day Appeal

James Morgan  
Anonymous

## Yizkor Appeal

*in loving memory of*

Nancy Morgan  
Barbara Moskowitz

*-James Morgan  
-Ronald Moskowitz*

*Anonymous*



## Tree of Life

In honor of the Bat Mitzvah of Breanna Bofford

## Prayer Book Dedication Fund

to Andrew Moskowitz and family, in memory of  
Barbara-Lee Moskowitz *- Sharon Weerth*  
*- Lyndsay, Russell, Alexis & Max Weerth*  
*- Julie, Matthew, Leah & Ian Weerth*

## Animal Shelter of Oakland

*(donated by his family in honor of the following simcha)*

Bar Mitzvah of Noah Wachtel

## Center for food Action of Mahwah

*(donated by their families in honor of the following simchot)*

Bar Mitzvah of Benjamin Mandler  
Bat Mitzvah of Alex Begleiter  
Bar Mitzvah of John Dowd  
Bar Mitzvah of Michael Weishar  
Bar Mitzvah of Justin Fox  
Bat Mitzvah of Breanna Bofford  
Bar Mitzvah of Justin Diamond  
Bat Mitzvah of Adriane Heit

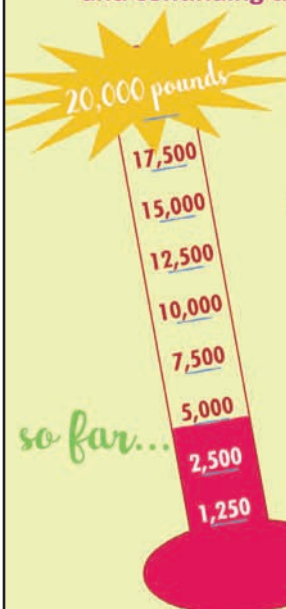
## Jewish Family Services of Rockland

*(donated by their families in honor of the following simchot)*

Bar Mitzvah of Benjamin Mandler  
Bat Mitzvah of Hazel Schindler

## Center for Food Action FOOD DRIVE

We take pride in our support of the  
Center for Food Action,  
starting the year with High Holidays  
and continuing throughout the year.



### TWO ways to contribute:

Bring bags of food when you  
come to services.

### OR... let us do the shopping for you!

Write a check to "BHSS Scrip"  
and we will purchase gift cards  
for ShopRite or Stop & Shop.

Your donations translates to

approximately:  
\$10 = 5 lbs. of food  
\$18 = 10 lbs. of food  
\$25 = 15 lbs. of food

We look forward to  
hitting 20,000 pounds  
of food this year!

For questions,  
email: ritchyano@gmail.com.

Let's Burst This Bubble!



## Social Action Committee

### *Every day at BHSS is "Mitzvah Day"*

Social Action Committee's current mitzvah is trying to help our neighbors in California. As many of you know Rabbi Diamond's congregation, Temple Adat Elohim, was hit very hard with last November's wild fires. Some of the congregants are still trying to put their lives back together. We are collecting gift cards to send to show our support of their recovery. Social Action is collecting cards from:

- Bed, Bath & Beyond
- Target
- Home Depot.

If you'd like to support BHSS while supporting Adat Elohim, all three cards can be purchased from BHSS's gift card program. Lisa Lamster can help you purchase the gift cards; you can text her at 201-230-1936 or email her at [lisalams@optonline.net](mailto:lisalams@optonline.net). The BHSS office will collect the cards and Social Action will mail them to Rabbi Diamond. We appreciate your donations!

The Social Action Committee is working on our next project: B.R.E.A.D, which stands for **B**aking **R**econnect **E**ducate **A**rt and **D**iversity. Exactly what might help with the Anti-Semitic, Anti-Islamic, and Anti-Immigrant sentiment in our communities? We will be working to bring together congregations from diverse religious points of view - Hindu, Islamic, Catholic, Sikh, and Protestant to celebrate our religious connections to Bread and Art. Know anyone who might want to join us? Mark your calendar for either 9/22 or 9/15, which will be BHSS' BREAD Festival. More information to follow.

In the meantime, the BHSS *Community Garden* will begin again in April. Want to adopt a plot? We are looking for families and congregants that would like to garden and donate their produce to the Center for Food Action or the soup kitchen at Christ Episcopal Church in Suffern. This is a fabulous family project for b'nai mitzvah families. Please email us at: [whitneyspeer@msn.com](mailto:whitneyspeer@msn.com)

How are you going to express YOUR mitzvah today? Can we help you in doing that? Ideas, comments can go to: [whitneyspeer@msn.com](mailto:whitneyspeer@msn.com).

Whitney Speer, Social Action Chair

Join us for stories, singing, and snacks with our clergy and educator and a taste of Shabbat with your little ones!

**Who:** Parents, Grandparents, Aunts, Uncles with children ages birth to 5 (siblings welcome too.)

**When:** Fridays from 5:15 to 6 p.m. (see dates below)

## Tot Shabbat



Open to members and non-members alike – bring your friends.

We'll share a little challah and grape juice before we go, wishing each other a sweet Shabbat of rest and peace

**March 15, April 12  
May 10, June 14**

## From the *Sifriyah*

### *Sifriyah is bustling with activity.*

We begin by enthusiastically inviting congregants to attend our March 24 program featuring discussion of the movie *Denial* and the current concern about growing antisemitism worldwide. Many of you have seen the movie *Denial* or perhaps have read Deborah Lipstadt's book, *History on Trial: My Day in Court with a Holocaust Denier*. David Irving, denier, accuses Lipstadt of libel and thus began a legal battle for historical truth. This was a war over the facts of how six million Jews were killed in the Holocaust. It was also a battle over how history is recorded, the honesty of facts, and even the strength of our memories. The author of the book upon which the movie is based, Deborah Lipstadt, said, "Many would like to stand up to anti-Semites. I had the chance to do it."



If discussion of the movie/book were not enough, the library has also arranged for a special speaker, Bella Friedler Miller, Holocaust survivor, to share her story. At only seven years of age when WWII broke out in 1939, her world in the small town of Boryslw in Eastern Poland crashed. At first, Bella was hidden by Christians and then hidden underground in a forest in Eastern Poland. However, captured, she spent two weeks' time in a cattle car to Auschwitz-Birkenau; upon arrival, she and her mother were separated from her father and brother, who were never to be seen again. Although she was liberated in January of 1945 by the Russian army, the moment had to be bitter sweet: her father and brother were no longer a part of her life. For her survival she credits the strength and courage of her mother. Bella is dedicated to telling her story about her life in concentration camps and in displaced persons camps after liberation, having had conversations with Steven Spielberg, people at Yale University, and many others -including this book's (*Denial*) author, Deborah Lipstadt. She will definitely add many rich layers to our discussion.

Do you wonder about all those signs in the library, the ones covering the shelves and asking you to refrain from adding or removing books from those areas? Despite appearances, they represent hard work and progress. Spearheaded by Art Kieres, the Library Modernization Project is proceeding with changes which will lead to better ways to deliver services to our readers. So far, we estimate that about eighty percent of our books have been digitalized. Future modernization will include the ability to self-checkout and the ability to research the synopsis of a book. Stop in and see our work in progress.

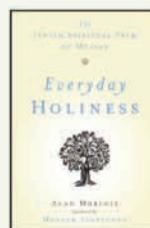
Many years ago, a rabbi in Bergen County had a vision and hope that Jews in the county would read a book with Jewish content. From this dream, One Book One Community was born. For the past seven years, BHSS has participated in the program. Each year, One Book One Community recommends a book. This year the selection is *Among the Living*, a novel by Jonathan Rabb. In 1947, Ytzhak Goldah, a camp survivor, arrives in Savannah to live with his only surviving relatives. Having suffered greatly in Europe, he is saddened and astonished to find a fractured world in Savannah. He encounters perplexing religious, racial, and romantic situations which actually make this an engrossing book, one in which Rabb questions identity and belonging. In a gala culminating event on June 6, the author will discuss his book and answer questions. This event is truly a literary celebration. More details will follow.

JOIN US FOR MUSSAR!! ENOUGH WITH THE ESOTERIC, LET'S GET DOWN TO PRACTICE!! BRINGING JEWISH VALUES AND CONCEPTS TO LIFE IN OUR EVERYDAY LIVES!! HUMILITY, PATIENCE, ORDER, EQUANIMITY, HONOR, TRUTH, AND MORE!!

THURSDAYS (PLACE TBD)

7:30PM-9PM

3/14, 3/28, 4/4, 4/18, 5/2, 5/16, 5/30 AND 6/13



"The study and practice of Mussar is for me an integral part of my understanding of Jewish leadership. I am anchored in my day through this practice; it is a Jewish framework for reflection and personal growth. To take advantage of this kind of practice, to embody it so that it becomes ours to live and to teach, is of inestimable value to share and develop the spiritual growth possible within a congregation."  
—Steven Spielberg, President of the American Conference of Cantors

\$90 INCLUDES THE BOOK, MATERIAL AND THE CLASS.

THURSDAYS AT 7:30 PM

CONTACT:

LISA BARRACK AT BETHHAVERIM@OPTONLINE.NET

TO SIGN UP

OR LISA ESTRIN AT LBESTRIN@AOL.COM

OR 201-745-2423 FOR INFORMATION.

## *Good & Welfare* from & for the congregation

### *Condolences*

to **Laurie Selfon** on the death of her grandfather, Sidney Solomon  
to **Lisa Pavon** on the death of her mother, Beverly Fischman Fitterman  
to **Dawn Shirvan** on the death of her mother,  
and **Terry Sitomer** on the death of her sister, Myra Minty  
to **Janet Schlissel** on the death of her uncle, Jerome Maidenberg  
to **Janet Schlissel** on the death of her great aunt, Esther Danto  
to **Janet Schlissel** on the death of her father, Bernard Maidenberg  
to **Randy Popowitz** on the death of her father, Howard Leibowitz

*R'fuah Sh'leimah*  
(For a Full and Speedy Recovery)

**Ceil Baldwin**  
**Harold Berger**  
**Barbara Burghardt**  
**Leslie Sapienza**  
**Allan Schott**  
**Beth Wiesner**

### *Mazal Tov*

to **Debbie Royal** on the engagement of her daughter Liza to Adam Pugh  
to **Marci & Harvey Weinberg** on the birth of their grandson, Jacob Asher  
to **Alison and Norman Axelrod** on the marriage of their son AJ to April Kletke  
to **Alison and Norman Axelrod** on the engagement of their daughter Sydney to Jeremy Colvin  
to **Jane Simon**, on her installation as president of the Ramsey Volunteer Ambulance Corps  
to **Judy Teich**, on the marriage of her son Kenny to Abby Ritman

### *Welcome New Members!*

Deborah & Martin Shames and family, Upper Saddle River, NJ

### *Special Wish List Donation Thank You*

On behalf of Rabbi Ilana, Cantor Perper and the Board of Trustees we are proud and excited to thank two members who have gifted two wonderful wish list items to BHSS:

The first gift is a total *upgrade to our current streaming equipment* (high-end HD camera) which will be installed over the couple of months. This was graciously given by our long-time member **Jane Simon** and her late husband of blessed memory, **Jan Simon**. We are grateful for this most generous gift.

The second gift is another *hundred (100) Mishkan Tefilah prayer books* given so generously by our member **Mr. Willard Allman**. We are very thankful!

Passover begins this year with the first seder on April 19.

Many families will also celebrate a second seder on Saturday night, April 20.

Join your friends at BHSS for a congregational second seder!

Information is located in this issue of Temple Topics. RSVP is a must!

## The Four Questions

(or, 1 question and 4 answers!)

מָה נִשְׁתַּנָּה הַלַּיְלָה הַזֶּה מִכָּל הַלַּיְלוֹת?

*Mah nish'tana halailah hazeh mikol haleilot?*

Why is this night different from all other nights?

שֶׁבֶּכֶל הַלַּיְלוֹת אָנוּ אוֹכְלִין חֶמֶץ וּמֶצֶה. הַלַּיְלָה הַזֶּה כָּלוּ מֶצֶה:

*Sheb'chol haleilot anu och'lin chameitz umatzah. Halailah hazeh kulo matzah:*

On all other nights we eat leavened products or matzah. On this night all of it, matzah.

שֶׁבֶּכֶל הַלַּיְלוֹת אָנוּ אוֹכְלִין שָׂאֵר יִרְקוֹת. הַלַּיְלָה הַזֶּה מָרּוֹר:

*Sheb'chol haleilot anu och'lin sh'ar y'rakot halailah hazeh maror:*

On all other nights we eat all vegetables. On this night bitter herbs.

שֶׁבֶּכֶל הַלַּיְלוֹת אֵין אָנוּ מִטְבִּילִין אֶפִּילוּ פַּעַם אַחַת. הַלַּיְלָה הַזֶּה שְׁתֵּי פַּעָמִים:

*Sheb'chol haleilot anu mat'beeleen afilu pa-am echat. Halailah hazeh sh'tei f'amim:*

On all other nights, we don't dip our food even once. On this night we dip twice.

שֶׁבֶּכֶל הַלַּיְלוֹת אָנוּ אוֹכְלִין בֵּין יוֹשְׁבִין וּבֵין מְסֻבִּין.

הַלַּיְלָה הַזֶּה כָּלָנוּ מְסֻבִּין:

*Sheb'chol haleilot anu och'lin bein yosh'vin uvein m'subin. Halailah hazeh culanu m'subin.*

On all other nights we eat sitting or reclining. On this night we all recline.



# Michelle Mitzvah Committee

As I write this, the bitter cold of the polar vortex is gripping the Tri-State area and so it is important to make sure you have plenty of hot beverages - coffee, tea, hot chocolate - and chicken soup to warm you up. And after the outside temperatures rise, it's still important to keep your heart warm. While food and beverages are one way, another surefire way is to help out with Michelle Mitzvah.

Michelle Mitzvah and Beth Haverim Shir Shalom are designating April as "Emmanuel Cancer Foundation Month." The Emmanuel Cancer Foundation provides New Jersey "families facing the crisis of pediatric cancer a place to turn for comfort and support through professional in-home counseling and a uniquely tailored package of assistance- all free-of-charge."

There will be plenty of opportunities to help out. There will be food drives at local supermarkets and collection baskets at the synagogue to help with all the donations. In addition, on Friday, March 15 Michelle Mitzvah will help collect food donations at the "Bash at the Brickhouse." As guests enter the gala, we will collect food donations - similar to the High Holidays. If anyone has a mini-van or (large) SUV, their vehicle and cargo space would be greatly appreciated.

And don't miss Friday, March 22, as we will have Caitlin Yanowitz (social worker with Emmanuel Cancer Foundation and daughter-in-law of BHSS Past President Ritch Yanowitz) speak during Shabbat Services about all the great work ECF does.

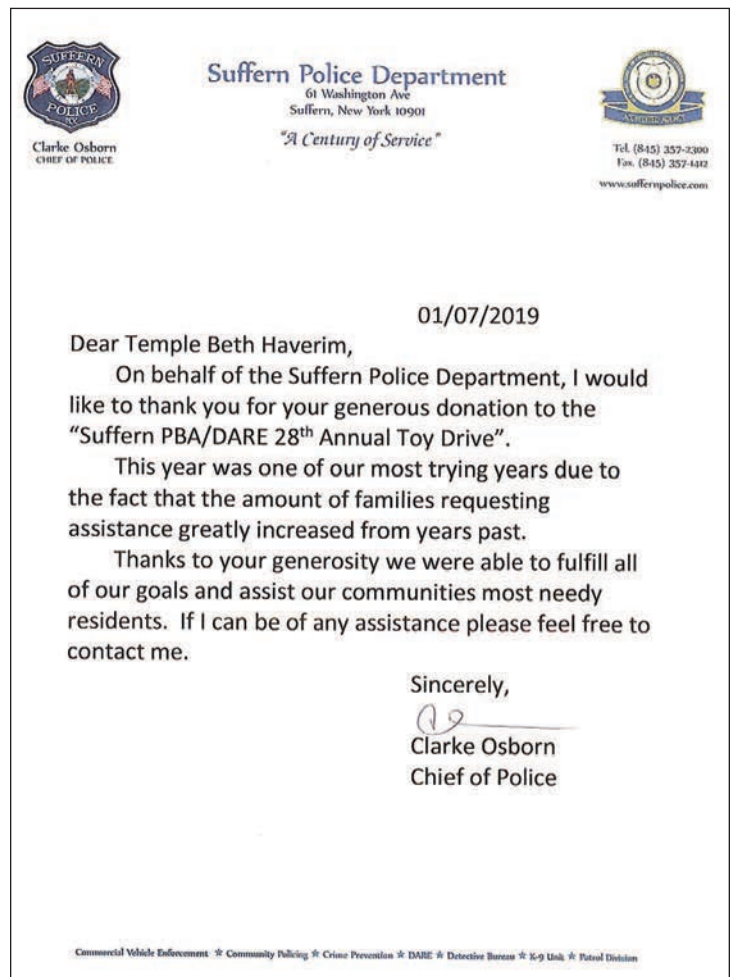
For more information, you can go online to [www.emmanuelcancer.org](http://www.emmanuelcancer.org), or contact proud papa, Ritch Yanowitz at 917-213-7300 or [ritchiano@gmail.com](mailto:ritchiano@gmail.com).

One thing the cold and snow of February bring is the eternal optimism of the upcoming baseball season as pitchers and catchers report to spring training. What better way to have fun and help out childhood cancer research by running a 5K in Yankee Stadium, in support of Damon Runyon Cancer Research. You get to run two laps around the field AND see yourself on the JumboTron! "On your mark, get set, GO..." on Saturday, May 11, 2019. For information, go to [www.damonrunyon.org/get-involved/events](http://www.damonrunyon.org/get-involved/events) or contact me at [steveoum@verizon.net](mailto:steveoum@verizon.net) or cell 201- 788-6755.

While helping to support Emmanuel Cancer Foundation and the Damon Runyon Research may be considered "hot chocolate and chicken soup" there is still the traditional way of keeping warm - binge watching your favorite shows and being under the blankets. That includes the Michelle Mitzvah Group's ongoing initiatives such as providing meals at the Suffern Soup Kitchen, food deliveries and donations to the Center for Food Action, and volunteering at OASIS in Paterson. Michelle Mitzvah Group meets the second Tuesday of every month, 7:30 p.m. at the synagogue. For more information, please contact Steven Simon at 201 788-6755 or [steveoum@verizon.net](mailto:steveoum@verizon.net)

Keep Warm! B'Shalom.

Steven Simon  
Michelle Mitzvah Group Chair



# Youth Programming



Brittany Punim,  
Director of Informal  
Youth Programming

Our **Menschmakers** had a great day at Color Me Mine in February, and BHSSTY led a Beatles - themed Shabbat Service. Thank you to everyone who came. Both the Menschmakers (grades 3 - 5) and **Junior Youth Group** (grades 6 - 8) have a spiritual walk with Rabbi Ilana scheduled in March and don't forget the Purim Carnival! In addition to the carnival, BHSSTY (grades 9 - 12) will do community service with a Midnight Run and volunteer at the Bergen County Horse Rescue in April.



Before, above, and after, right,  
at Color Me Mine



## *Dedicate a Mishkan T'filah Shabbat Prayer Book!*



Dedications can be made in honor or in memory of a loved one.

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Dedication made by:

---

Dedication to read (Circle one):

In Honor or In Memory of:

---

A label will be placed in a siddur acknowledging your generous donation.

# MAY THEIR MEMORIES BE FOR BLESSING זכרונם לברכה

## *March Yahrzeits*

MORRIS ABNER	STEWART GROSSMAN	AL LOEW	FRANCES SIEGEL
SHELBY ALTER	ARTHUR GUNTHER	MARTHA MAIER	LOUIS SIEGEL
NORMA ATLAS	WALTER HARTWICH	NORMAN MOSKOWITZ	BARBARA SPITZER
MAUREEN BOYLE	DINA HEIBLUM	IRWIN ORSHALICK	SHEILA STARK
ALICE BRICKMAN	THELMA HERSHMAN	JARDENA PAVLOVEC	SUSAN STERN
MYRON BUCHALTER	ROY ISRAEL	ARNOLD PELLER	SYDNEY STOLLER
ISRAEL CHARNE	ROY W. KAMM	HARRIET POPOWITZ	ROSE SURKES
BETTY COYNE	HELEN KASSOVER	MARTIN POPOWITZ	NICK SUSA
JETTY DENTZ	DORA KOHN	ANNA PREMSLAAR	EDWARD TAPP
MONTY DWECK	SEYMOUR KRICHMAR	MERRIE RABIN	MARIA TITCOMB
ALFRED EREKI	PEARL LACHER	LEAH REINSTEIN	FANNY TREPPER
SHEILA LEVITT ESTRIN	SEYMOUR LANDAU	MELVYN ROMOFF	MARTIN TREPPER
LARRY FELDMAN	LEE LANDIS	BERNARD ROSENBERG	FLORA VOGEL-LIRTZMAN
HERMAN FIELDS	JACK LAZAR	MOLLIE ROSENZWEIG	NORMA WACHTEL
PAUL FISHER	JULIETTE LESSEN	SOL SCHLOSSER	RHODA WEIN
YOLA GEWELB	FRANK LEVENE	GERRY SCHOLL	LAURIE WEINBERG
MITCH GOLDMAN	IRVING LEVINE	DIANE SCHORR	MIRIAM WEINBERG
BARBRA GOLUB	RUTH LEVINE	IRA SCHULMAN	ESTHER WEINSTEIN
AVA GILLIAN GOTTLIEB	SHIRLEY LEVINE	LOUIS SCHULMAN	ROBERT WOLFF
HENRY GREENBERG	BEATRICE LEVITT	TESS SEGAL	SARAH WUNSCH
ESSIE GREENZWEIG	PINCHAS LIPSON	ANN SEIDNER	DANIEL REED YOUNG
SAMUEL GROSSMAN	SOL LIRTZMAN	HAROLD SENZEL	

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### ***Bronze Benefactors***

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Linda & Ed Vogel

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Gayle & Steven Weiss  
Marci & Harvey Weinberg  
Ranan & Gail Wichler  
Lori & Ritch Yanowitz

### ***Friends of Eternal Lights***

Shelley & Gary Bettman  
Cindy & Gary Buchalter  
Barbara & Charles Burghardt  
Dorothy & Michael Cohen  
Donna & Adam Kotz  
Clare & Paul Lipson  
Sandi & Bob Jeanette  
Gerri & Lee Squire

## *April Yahrzeits*

DOROTHY ADLMAN  
NATALIE ADLMAN  
ABRAHAM APPELBAUM  
IBN ART  
LEON AUERBACH  
IRVING BECKER  
LORETTA BECKER  
GLORIA BELL  
ANNA BERKOWITZ  
BARNET BERNSTEIN  
SHERWOOD BOFFORD  
RICHARD BOYLE  
PHYLLIS COHEN  
GREG DUCHARME  
JESSE ELLMAN  
EILEEN FELDMAN  
BEATRICE FRIEDMAN  
RUTH FRISHBERG  
MORTON FUCHS  
IRVING GLICK  
JACOB GROSKIN  
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PHILIP HEIBLUM  
ALFRED HERTZ  
NORMA HITTMAN

YONA HOLTZMAN  
ZIPORA HOLTZMAN  
JACK HOMNICK  
MICHAEL HOZER  
BENJAMIN ISKOWITZ  
ISADORE ISRAEL  
ROBERT KARASIK  
HELEN KLAPPER  
GERTRUDE KLEIN  
HELEN KUNEGO  
ELAINE LANDAU  
DAVID LEITNER  
FRANCES LEVENE  
BENJAMIN LEVITT  
ERIC LIEBMANN  
JUAN HANS LOWENSTEIN  
EVELYN MARCUS  
ISIDORE MOSER  
BARBARA MOSS  
BEATRICE LERNER MOSS  
MARY NEWHOUSE  
MARILYN NIMEROFSKY  
JOSEPH OPPENHEIM  
THELMA OVENTHAL  
SALLY J. PARIS  
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MARION PLOTT  
JOY POLLACK

PHYLLIS POLLACK  
SHLOMO POUSTY  
NATHAN ROCKER  
JOSEPH RUDELL  
LUDVIK SAPSOVIC  
LIBBY SCHLOSSER  
BETTY SCHOTT  
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IRWIN THAILER  
JACOB THAILER  
SARAH THAILER  
LAWRENCE WEINBERG  
PAUL WEINBERG  
ELYSE WEISSER  
HELLA WEXLER  
DAVID YORK

## BHSS Wish List

\*All items must first be presented to the Executive Committee\*\*

### Sanctuary/Ritual

Automatic projection screen	\$8,000
Updated projector for sanctuary	\$8,000
New laptop/software for sanctuary	\$1,000

### Religious School

3 Smart TVs	\$1,500 each
School lobby monitor	\$1,500

### Other

External lighting (outside arched sanctuary windows)	\$5,000
---	---------

*All pricing is approximate*



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I will help you put one foot in front of the other when you are overwhelmed, exhausted, stressed or sad.

*If you are downsizing and need assistance making decisions about your belongings.*

*If a loved-one is transitioning to a care facility and the family home must be sold.*

*If you have sold your home and time is not on your side.*

*If you are just too busy to de-clutter but need to create space.*

### Where I am most helpful:

- Listening to your needs and creating solutions
- Implementing logical and effective processes
- Organizing Closets / Storage Rooms / Pantries
- Organizing Kitchens / Bathrooms / Garages

I will work tirelessly for you.  
I am good at what I do.  
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*Are you having a meeting? A small intimate gathering? Birthday, Anniversary, Graduation or Extended Kiddush?*  
Please call the office for more information on renting out this space.



## *A Poem for the 20th anniversary of Eternal Lights*

When I look around this room  
There's so much that I see  
Passion, commitment, community  
A group of people  
Who come together to share  
Laughter, friendship

And reasons to care  
About our fellow congregants  
At Beth Haverim Shir Shalom  
For many it's our Jewish roots  
Another place we call home

Just like our Ner Tamid over our Ark  
Eternal Lights illuminate  
And continues to spark  
The kindness and generosity  
Of all of you here tonight  
Your continued support  
Makes you our Eternal Light  
The Axelrods, Wichlers, Weinbergs,  
Moss, Saiffs, Smiths and Kleins too  
Veterans of this event  
For twenty years it's true

We are a little older  
Wiser you will agree  
Some of us a little greyer  
Just look at my husband  
Not me

Kassovers, Yanowitz  
Leaders as well  
Sheryl Thailer, Joe Berman  
Let's not forget  
Garbus and Mandels

The Levines, Coles and Arlingtons  
Help light the way  
So does Lisa, Iris  
And the McVeighs

So many supporters  
Barbara Lacher, Lois Schwartz and  
Judy Teich  
Janet Moskowitz, the Rostolders,  
Gayle and Steven Weiss  
The Theodores and Vogels  
Who are also new,

Jane Simon, Lisa Lamster,  
Ruth Turner and Stu

With Leslie Sapienza, Sue-Ellen  
Johnson,  
The Zalls and Cassells  
Eternal Lights will continue to shine  
Because of your commitment as well

New Friends old friends  
Traveling near and far away  
From London to Mahwah  
Landed the McGillowsays

But then the snow came  
On our original day  
We had to postpone  
And they couldn't stay

We welcome Rabbi Ilana  
Our newest brightest beam  
Alongside our awesome Cantor  
With Faith and Art  
An amazing team

And although it's been  
A very short time since Rabbi's  
been on the scene  
She has won the hearts of everyone  
And so has her daughter Sabine

Symbolizing God's forever presence  
Eternal Light shines bright  
Like the commitment and dedication  
Of each one of you  
Here tonight

We may be small in numbers  
But we are huge in heart  
Everyone here tonight should be proud  
to be a part  
Of not just a fundraiser of twenty years  
turning

But because we are the reasons  
Our Eternal Lights keeps on burning

Thank you for being here  
And supporting our cause  
On behalf of myself and BHSS

Please give yourselves  
A round of applause

And when you look around this room  
I hope what you will see  
Is a sense of pride  
Jewish shtolz  
Within our community

And to our supporters  
Who could not attend,  
Thank you for being our  
Eternal Light friends

Linda and David Schwartz, Bettmans,  
Cohens, Buchalters too  
We appreciate the contributions  
And all that you do,

The Schlissels, Jeanettes,  
Daniels, and Squires  
Burghardts, Lipsons  
And Kotzes we admire

For your donations  
Big or small they may be  
Your commitment to Eternal Lights  
Remains the key

Benefactors, bronze,  
Silver or gold  
Thank you friends,  
New and old  
It's because of you  
Our Eternal Light  
For twenty years  
Has been burning bright  
Eternal Lights will continue to shine  
Everyone will agree  
Because of your commitment  
Within our community

Thank you and looking forward to Eternal  
Lights 2019

Best,  
Deborah Klein

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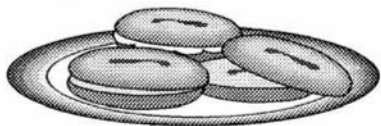
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### *Cherish the Ladies*

Cherish the Ladies is the most successful and sought after Irish-American group in Celtic music.

**Saturday, March 2, 2019, 4 & 8 p.m.**

Tickets: \$35/32/25

Under 17: \$18

### *Mack Brandon's Gospel Explosion*

Share the joy of gospel as Mack Brandon brings his fabulous choir back to The Berrie Center!

**Saturday, March 9, 2019, 8 p.m.**

Tickets: \$30/27/24



### *Rhonda Vincent - The Queen of Bluegrass*

Join **Grammy Award** winner Rhonda Vincent for an incredible evening of bluegrass music!

**Friday, March 15, 2019, 8 p.m.**

Tickets: \$40/36/32

Under 17: \$22

### *Sherma Andrews - The Legendary Lady Singers*

Sherma Andrews' *The Legendary Lady Singers* is a phenomenal talent worth seeing.

**Saturday, March 16, 2019, 8 p.m.**

Tickets: \$35/32/25

Under 17: \$18



Tickets available at the Box Office: 201-684-7844  
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505 Ramapo Valley Road, Mahwah, NJ 07430



# Worship Schedule

Friday, March 1	6:30 pm	Thank Goodness It's Shabbat! <i>Birthdays in March will be celebrated</i> <i>PJ's, Milk &amp; Cookie Oneg ~ BHSS Book Fair Browsing</i> Oneg Shabbat Hosts: the Marder and Rostolder families
Saturday, March 2	10:00 am	B'nai Mitzvah of Taylor Marder and Noah Rostolder
Friday, March 8	7:30 pm	Shabbat Evening service
Saturday, March 9	No Shabbat	Morning service
Sunday, March 10	7:00 pm	Healing Service in the Ulam
Friday, March 15	5:15 pm	Tot Shabbat
	7:30 pm	Shabbat Evening service Oneg Shabbat Hosts: the Fox and Wachtel families
Saturday, March 16	10:00 am	B'nai Mitzvah of Emily Fox and Noah Wachtel
Wednesday, March 20	7:00 pm	Purim Shpiel ~ Reading of the Megillah
Friday, March 22	7:30 pm	Shabbat Evening service Oneg Shabbat Hosts: the Furst family
Saturday, March 23	10:00 am	Bar Mitzvah of Raiden Furst
Friday, March 29	7:30 pm	Shabbat Evening service
Saturday, March 30	No Shabbat	Morning service
Friday, April 5	6:30 pm	Thank Goodness It's Shabbat! ~ Girl Scout Shabbat <i>Birthdays in April will be celebrated</i> Oneg Shabbat Hosts: the LaCorte family
Saturday April 6	10:00 am	Bat Mitzvah of Rachel LaCorte
Friday, April 12	5:15 pm	Tot Shabbat
	7:30 pm	Shabbat Evening service
Saturday, April 13	No Shabbat	Morning service
Friday, April 19	No Shabbat	Evening service - First Night of Passover
Saturday, April 20	10:00 am	Passover Festival service
Friday, April 26	9:00 am	Passover Yizkor service
	7:30 pm	Shabbat Evening service Oneg Shabbat Hosts: the Dann family
Saturday, April 27	10:00 am	Bar Mitzvah of Jesse Dann

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Cantor David Perper  
Rebecca McVeigh, Director of Education

**Sessions of School:**

Sundays: March 3, 10, 17, 24, 31 & April 7, 28  
Mondays: March 4, 11, 18, 25 & April 1, 8, 29  
Tuesdays: March 5, 12, 19, 26 & April 2, 9, 30

**Office Closed:**

Friday April 26

## To do in March and April



- Torah Study Shabbat mornings, 8:15 am
- Thank Goodness It's Shabbat! Friday, March 1, PJ Shabbat at 6:30 pm
- Support the BHSS Book Fair, March 1, 3, 4 & 5
- Tot Shabbat Friday, March 15 & April 12, 5:15 pm
- Purim Mini Shpiel & Carnival, Sunday, March 17, 11:30 am
- Purim Shpiel and reading of the Megillah, Wednesday, March 20, 7:00 pm
- Library Committee Movie Denial, March 24, 1:00 pm
- Thank Goodness It's Shabbat! April 5, Girl Scout Shabbat at 6:30 pm
- Sisterhood Miriam Seder, Thursday, April 11, by RSVP
- Coffeehouse Cantors, Saturday, April 13, 7:00 pm
- Brotherhood Men's Seder, Thursday, April 18 by RSVP
- Community Second Night Passover Seder, Saturday, April 20 by RSVP
- Book & A Bagel, Sunday April 28, 1:00 pm

*Donate to the CFA  
each time you come  
to BHSS!*

*Help us "fill the CFA  
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